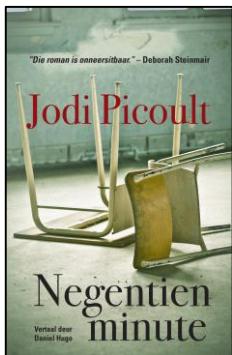


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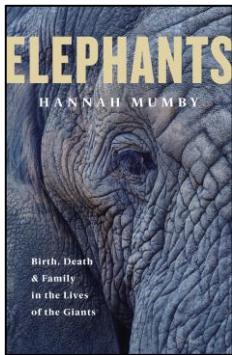
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Negentien Minute deur Jodi Picoult

9781776190003 | Jonathan Ball Uitgewers | TPB | R220

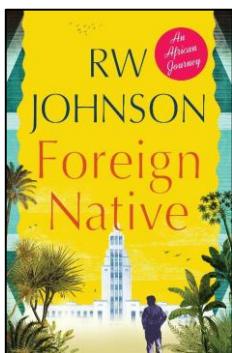
Nadat hy jare lank wreed verbaal en fisiek deur klasmaats geboelie is, knak die 17-jarige Peter Houghton eenoggend. Binne slegs neëntien minute sterf tien inwoners van die dorp Sterling in Amerika. Die geskoke gemeenskap is vasberade dat geregtigheid moet geskiet. Soos die hofsaak ontvou en Peter getuienis lewer, kom dit egter aan die lig dat die inwoners van Sterling 'n rol daarin gespeel het om 'n innemende, liefdevolle seun in 'n moordenaar te laat verander.



ELEPHANTS by Dr Hannah Mumby

9781776190591 | Jonathan Ball Publishers | TPB | R320

Elephants are as unique as people. They can be clever and curious or headstrong and impulsive, shy or sociable. Learn to know them as individuals as well as a species in this evocative account of years spent studying elephant behaviour in the wild. Watching a family out for a swim on a hot day, Dr Hannah Mumby notes grandmothers, mothers, sisters and children exchanging noisy greetings, a consistent stream of close-range vocalisations, intermittent touching, co-operative herding of babies and frequent stopping for snacks. A close and interconnected family. But in this family, the adults weigh several tons each and the babies wave trunks playfully at one another. This is a herd of elephants.



Foreign Native by RW Johnson

9781868427710 | Jonathan Ball Publishers | PB | R300

RW Johnson looks back with affection and humour on his life in Africa. From schooldays in Durban – fresh off the aeroplane from Merseyside – to later years as an academic, director of the Helen Suzman Foundation and formidable political commentator, he has produced an entertaining and occasionally eye-popping memoir brimming with history, anecdote and insight. Johnson charts his evolution from enthusiastic, left-leaning Africanist to political realist, relating the episodes that influenced his intellectual worldview, including time spent among the exiled liberation movements in London during the 1960s, a sojourn in newly independent Guinea and more recent forays into Zimbabwe. There are wonderful stories, some hilarious, others filled with pathos, about the multitude of characters.



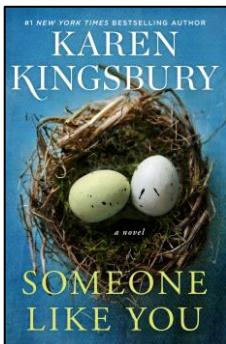
Siya Kolisi – 2nd Edition by Jeremy Daniel
9781776190348 | Jonathan Ball Publishers | BPB | R190

This is the updated edition of the highly successful unauthorised biography of Springbok Captain Siya Kolisi. It includes all the games at the Rugby World Cup in Japan in 2019, and the tumultuous victory tour around South Africa when the team brought home the cup. Victory at the Rugby World Cup is the crowning glory of an incredible journey that began on the impoverished streets of Zwide, a township outside Port Elizabeth. As the first black South African to captain a Springbok rugby team, Kolisi's remarkable story is unique and deserves to be heard. The author tracks Siya's journey from his childhood days on the streets of Zwide, through some crucial games in high school, into the Western Province rugby set-up and his fight to become Springbok captain.

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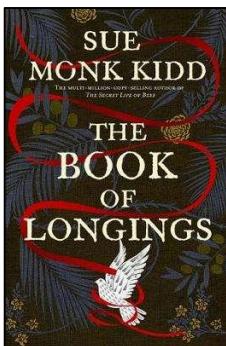
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Fiction



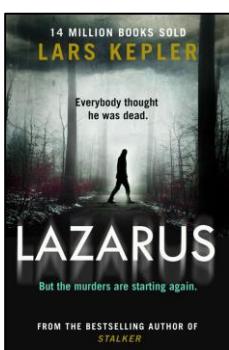
Someone Like You by Karen Kingsbury
9781982104313 | Simon & Schuster | TPB | R310

Maddie Baxter West is shaken to the core when she finds out everything she believed about her life was a lie. Her parents had always planned to tell her the truth about her past: that she was adopted as an embryo. But somehow the right moment never happened. Then a total stranger confronts Maddie with the truth and tells her something else that rocks her world. Maddie had a sister she never knew about. Betrayed, angry, and confused, Maddie leaves her new job and fiancé, rejects her family's requests for forgiveness and moves to Portland. Now it will take the love of Dawson Gage to help Maddie know who she is...and to help her find her way home.



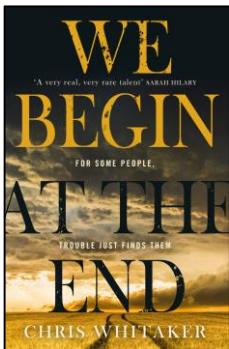
The Book of Longings by Sue Monk Kidd
9781472232502 | Headline | TPB | R340

'I am Ana. I was the wife of Jesus.' So begins the exquisitely written new novel from the No. 1 New York Times bestselling author of *The Secret Life of Bees* and *The Invention of Wings*. Ana is a rebellious young woman, a gifted writer with a curious, brilliant mind, who writes secret narratives about the neglected and silenced women around her. Raised in a wealthy family in Galilee, she is sheltered from the brutality of Rome's occupation of Israel. Ana is expected to marry an elderly widower to further her father's ambitions, a prospect that horrifies her. A chance encounter with the eighteen-year-old Jesus changes everything: his ideas and his passion are intoxicating. Taking Ana on a journey she could never have imagined.



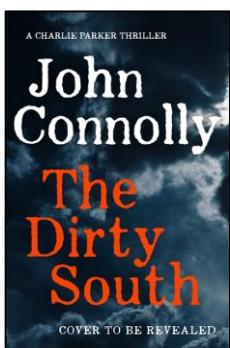
Lazarus by Lars Kepler
9780008334031 | HarperCollins | TPB | R315

Jurek Walter was shot and killed years ago. The police moved on and managed to forget the darkness that had tainted their lives. But now someone is leaving a trail of broken bodies across Sweden, and the clues all point to Walter. Detective Joona Linna is convinced his worst nightmare is becoming a reality: the man who tore apart his family has returned to finish the job. When Joona's partner is taken — and locked inside an underground coffin — he finds himself with an impossible choice: leave her to die or walk into the trap set by the only man he ever feared.



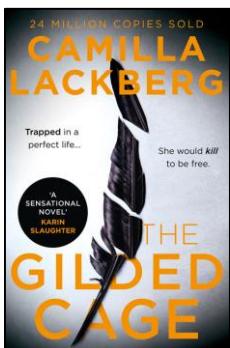
We Begin at the End by Chris Whitaker
9781785769627 | Bonnier | TPB | R325

Thirty years ago, a teenage Vincent King was sent to prison. But now, he's served his sentence and is returning to his hometown. The hometown where his childhood best friend, Walk, is now the chief of police. The town where his childhood sweetheart, Star Radley, still lives. The same Star Radley whose sister he killed. Duchess, Star's daughter, is a self-proclaimed outlaw. She needs to be. Who else is going to take care of her and her five-year-old brother? Star is still dazzling, still beautiful, but she hasn't shined as bright since Vincent was sent away. Too often it's Duchess and Walk who are the ones taking care of her. But when Duchess exacts her own vigilante revenge, she will set into motion a series of events that threatens not only her own family, but everyone she grows close to.



The Dirty South: A Charlie Parker Thriller by John Connolly
9781529398304 | Hodder | TPB | R340

It is 1997, and someone is slaughtering young black women in Burdon County, Arkansas. But no one wants to admit it, not in the Dirty South. In an Arkansas jail cell sits a former NYPD detective, stricken by grief. He is mourning the death of his wife and child, and searching in vain for their killer. He cares only for his own lost family. But that is about to change. Witness the becoming of Charlie Parker.



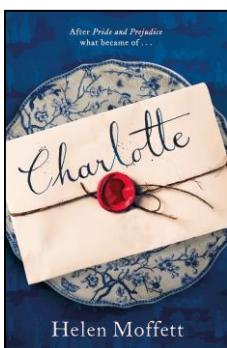
The Gilded Cage by Camilla Lackberg
9780008283735 | HarperCollins | TPB | R315

People would kill to have Faye Adelheim's life. She lives in an ultra-swanky apartment in the most exclusive area of Stockholm, she has a gorgeous husband who gives her everything she's ever wanted, and she has an adorable daughter who lights up her world. Faye's life is perfect. So how is it, then, that she now finds herself in a police station? The truth is that Faye's life is far from what it seems. The truth is that Faye isn't even her real name. And now she's been caught out. There's no way she's going to go down without a fight. The only question is: who will escape with their life?



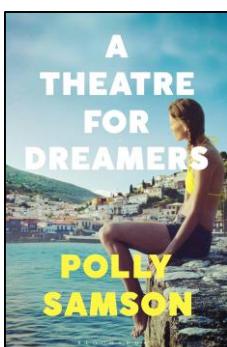
The Broken Ones by Ren Richards
9781788166065 | Profile Books | TPB | R295

A bestselling true crime writer, Nell Way tells other people's stories. But there is one story Nell won't tell. Ten years ago, and with a different name, she was a teenage mother with a four-year-old she found desperately hard to love. Then the little girl disappeared, and Nell has never shaken off the shadow of suspicion. As she begins to interview the subject of her next book — a woman convicted of murdering her twin sister. It becomes clear that someone has uncovered her true identity. And they know that Nell didn't tell the truth about the day her daughter disappeared.



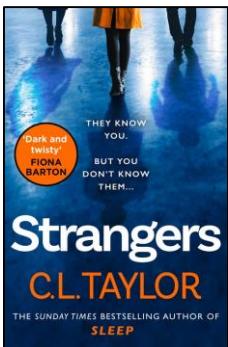
Charlotte by Helen Moffett
9781838770754 | Bonnier | TPB | R295

Everybody believes that Charlotte Lucas has no prospects. She is unmarried, plain, poor and reaching a dangerous age. When she stuns the neighbourhood by accepting the proposal of buffoonish clergyman Mr Collins, her best friend Lizzy Bennet is appalled by her decision. Yet this is the only way Charlotte knows how to provide for her future. Her married life will propel her into a new world: not only of duty and longed-for children, but secrets, grief, unexpected love and friendship, and a kind of freedom.



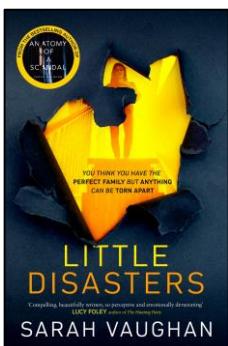
A Theatre for Dreamers by Polly Samson
9781526600561 | Bloomsbury | TPB | R315

It's 1960. The world is dancing on the edge of revolution, and nowhere more so than on the Greek island of Hydra, where a circle of poets, painters and musicians live tangled lives, ruled by the writers Charmian Clift and George Johnston, troubled king and queen of bohemia. Forming within this circle is a triangle: its points the magnetic, destructive writer Axel Jensen, his dazzling wife Marianne Ihlen, and a young Canadian poet named Leonard Cohen. Into their midst arrives teenage Erica, with little more than a bundle of blank notebooks and her grief for her mother. Settling on the periphery of this circle, she watches, entranced and disquieted, as a paradise unravels.



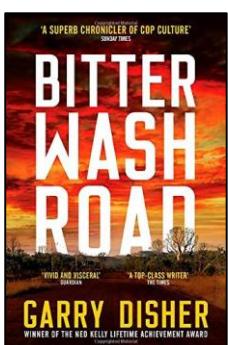
Strangers by C.L Taylor
9780008221072 | HarperCollins | TPB | R315

First there's Ursula. Unable to face up to the tragedy that consumes her, her world has shrunk to an almost unrecognisable state. But a string of missing people — and her housemate's permanently locked basement door — set off a chain of events that she soon has no control over. Then Alice, who's in the first flush of her relationship with Simon, a man she met by chance, and who seems perfectly normal — except that he flinches at the slightest touch. And Gareth, who lives a humdrum life as he struggles to cope with his mum's increasing dementia. None of these three strangers have ever met, but their worlds will soon collide in the most dramatic way possible, as the lie that has been told is finally answered for.



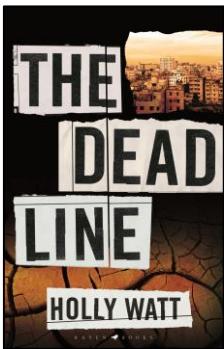
Little Disasters by Sarah Vaughan
9781471165047 | Simon & Schuster | TPB | R315

Liz and Jess have been friends for ten years, ever since they both started a family. But how well do they really know each other? When Jess arrives at hospital with a story that doesn't add up, Liz is the doctor on call. Jess has devoted her life to family and home. But she is holding so many secrets. As the truth begins to emerge, Liz is forced to question everything she thought she knew about Jess, and about herself. When something feels so personal, how do you stay professional?



Bitter Wash Road by Garry Disher
9781788165075 | Profile Books | BPB | R240

Hirsch is a whistle-blower. Formerly a promising metropolitan detective, now hated and despised, he's been exiled to a one-cop station in South Australia's wheatbelt. Threats. Pistol cartridge in the mailbox. So, when he heads up Bitter Wash Road to investigate gunfire and finds himself cut off without backup, there are two possibilities. Either he's found the fugitive killers thought to be in the area. Or his 'backup' is about to put a bullet in him. He's wrong on both counts. But Tiverton — when the next call-out takes him to the body of a sixteen-year-old girl, his investigation has disturbing echoes of the past he's trying to leave behind.



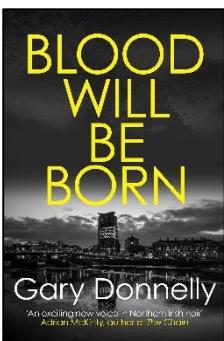
The Dead Line by Holly Watt
9781526602930 | Bloomsbury | TPB | R315

Investigative journalist Casey Benedict is used to working on stories that will take her from the bottom to the top of society — stories with a huge human cost. And her latest case is no different. A frantic message is found hidden in clothes manufactured for the British high street. Casey and her team at the Post know they are on the brink of a major exposé but identifying the factories in which the clothes have been made is one challenge, following the trail of those taken is another. Their attempts to find the girls will take Casey from her London newsroom across the world and into the very heart of families who will be destroyed if what she uncovers is ever revealed.



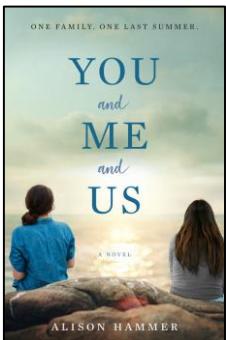
Love After Love by Ingrid Persaud
9780571356201 | Faber & Faber | TPB | R310

After Betty Rambin's husband dies, she invites a colleague, Mr. Chetan, to move in with her and her son, Solo. Over time, the three become a family, loving each other deeply and depending upon one another. Then, one fateful night, Solo overhears Betty confiding in Mr. Chetan and learns a secret that plunges him into torment. Solo flees Trinidad for New York to carve out a lonely existence as an undocumented immigrant, and Mr. Chetan remains the singular thread holding mother and son together. But soon, Mr. Chetan's own burdensome secret is revealed, with heart-breaking consequences.



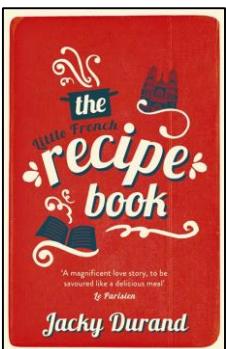
Chosen Ones by Veronica Roth
9781529330243 | Hodder | TPB | R340

Fifteen years ago, five ordinary teenagers were singled out by a prophecy to take down an impossibly powerful entity wreaking havoc across North America. He was known as the Dark One, and his weapon of choice — catastrophic events known as Drains — levelled cities and claimed thousands of lives. *The Chosen Ones*, as the teens were known, gave everything they had to defeat him. After the Dark One fell, the world went back to normal for everyone but them. After all, what do you do when you're the most famous people on Earth? Of all the five, Sloane has had the hardest time adjusting, but really, she's hiding secrets from everyone...



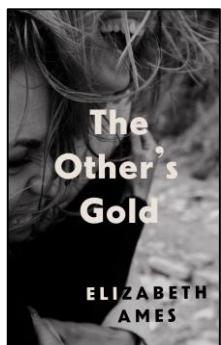
You and Me and Us by Alison Hammer
9780062934857 | HarperCollins | TPB | R325

Alexis Gold knows how to put the “work” in working mom. It’s the “mom” part that she’s been struggling with lately. Since opening her own advertising agency three years ago, Alexis has all but given up on finding a good work/life balance. Instead, she’s handed over the household reins to her supportive, loving partner, Tommy. While he’s quick to say they divide and conquer, Alexis knows that Tommy does most of the heavy lifting — especially when it comes to their teenage daughter, CeCe. Their world changes in an instant when Tommy receives a terminal cancer diagnosis, and Alexis realizes everything she’s worked relentlessly for doesn’t matter without him.



The Little French Recipe Book by Jacky Durand
9781529382389 | Hodder | TPB | R295

Julien knows that his father — the legendary cook Monsieur Henri — doesn't have long left. For years, his father has run the *Relais Fleuri*, a French bistro, born of his father's exacting, but unpretentious love for food. Now, as he prepares to say goodbye, Julien becomes obsessed with finding his father's notebook where he wrote down his recipes: the only record of his culinary secrets. In this quest, Julien delves into the memories of his relationship with his father, the strained but fierce love they shared for each other, and their mutual passion for food. Julien also remembers Helene, the mother who inexplicably abandoned them when he was just a boy. But his father's recipes weren't the only secrets he kept.



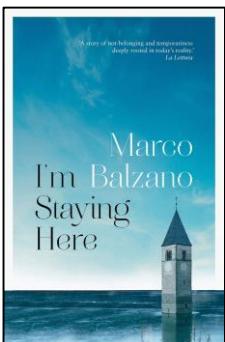
The Other's Gold by Elizabeth Ames
9781911590323 | Faber Factory Plus | TPB | R310

Assigned to the same suite during their freshman year at Quincy-Hawthorne College, Lainey, Ji Sun, Alice, and Margaret quickly become inseparable. But their bonds must weather threats that come from the dark forests of their childhoods, and beyond — from institutions, from one another, and ultimately, from within themselves. As they move through their wild college days to their more feral days as new parents, each of the four friends will make a terrible mistake. With one part of the novel devoted to each mistake — The Accident, The Accusation, The Kiss, and The Bite. *The Other's Gold* reveals the achingly familiar ways our life-defining turning points prompt our relationships to unravel and re-knit, as the women discover what they and their loved ones are capable of, and capable of forgiving.

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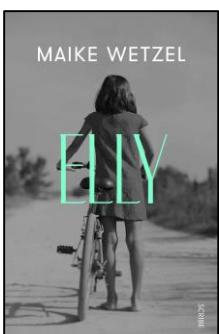


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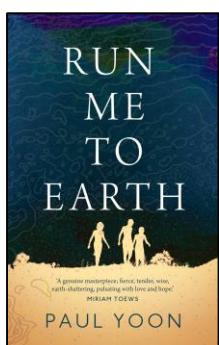
I'm Staying Here by Marco Balzano
9781838934446 | Head of Zeus | TPB | R290

Curòn, 1920: In a small village in South Tyrol, Trina longs for a different life. She dedicates herself to becoming a teacher, but the year that she qualifies, Mussolini's regime abolishes the use of German as a teaching language. In this new climate of fear and uncertainty Trina works for a clandestine network of schools, always with the risk of capture. Curòn, 1939: Now married and a mother, Trina's life is again thrown into uncertainty when Germany announces the 'Great choice' and communities are given the opportunity to move to Germany. Those, like Trina and her family, who choose not to leave are seen as traitors and spies; they can no longer leave the house without suffering abuse. Then one day Trina comes home and finds that her daughter is missing.



Elly by Maike Wetzel
9781912854127 | Scribe | HB | R310

Eleven-year-old Elly is missing. After an extensive police search, she is presumed dead, and her family must learn to live with a gaping hole in their lives. Then, four years later, she reappears. But soon her parents and sister are plagued by doubts. Is this stranger really the same little girl who went missing? And if not, who is she? *Elly* is a gripping tale of grief, longing, and doubt, which takes every parent's greatest fear and lets it play out to an emotionally powerful, memorable climax. It is a literary novel with all the best qualities of a thriller.



Run Me to Earth by Paul Yoon
9781471190568 | Simon & Schuster | TPB | R315

Alisak, Prany, and Noi are three orphans united by devastating loss and must do what is necessary to survive the perilous landscape of 1960s Laos. When they take shelter in a bombed-out field hospital, they meet Vang, a doctor dedicated to helping the wounded at all costs. Soon the teens are serving as motorcycle couriers, delicately navigating their bikes across the fields filled with unexploded bombs, beneath the indiscriminate barrage from the sky. In a world where the landscape and the roads have turned into an ocean of bombs, we follow their gruelling days of rescuing civilians and searching for medical supplies, until Vang secures their evacuation on the last helicopters leaving the country. It's a move with irrevocable consequences.



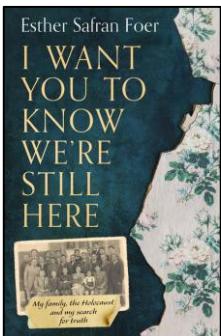
SPARK by Naoki Matayoshi (Netflix tie-in)
9781782275909 | Faber Factory Plus | PBO | R240

Tokunaga is a young comedian struggling to make a name for himself when he is taken under the wing of Kamiya, who is either a crazy genius or perhaps just crazy. Kamiya's indestructible confidence inspires Tokunaga, but it also makes him doubt the limits of his own talent, and dedication to Manzai comedy. This is a story about art and friendship, about countless bizarre drunken conversations and how far it's acceptable to go for a laugh. A novel about comedy that's as moving and thoughtful as it is funny.

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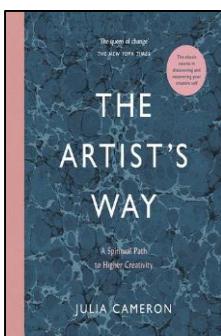
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Non - Fiction



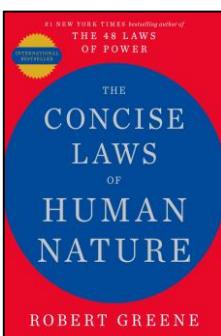
I Want You To Know We're Still Here by Esther Safran
9780008297657 | HarperCollins | TPB | R315

Esther Safran Foer grew up in a home where the past was too terrible to speak of. The child of parents who were each the sole survivors of their respective families, for Esther, the Holocaust loomed in the backdrop of daily life, felt but never discussed. The result was a childhood marked by painful silences and continued tragedy. Even as she built a successful career, married, and raised three children, Esther always felt herself searching. So, when Esther's mother casually mentions an astonishing revelation that her father had a previous wife and daughter, both killed in the Holocaust. Esther resolves to find out who they were, and how her father survived. Armed with only a black-and-white photo and a hand-drawn map, she travels to the Ukraine.



The Artist's Way by Julia Cameron
9781788164283 | Profile Books | HB | R550

Since its first publication, *The Artist's Way* has inspired the genius of Elizabeth Gilbert, Tim Ferriss, Reese Witherspoon and millions of readers to embark on a creative journey and find a deeper connection to process and purpose. Julia Cameron guides readers in uncovering problems and pressure points that may be restricting their creative flow and offers techniques to open opportunities for self-growth and self-discovery. A revolutionary programme for personal renewal, this book will help get you back on track, rediscover your passions, and take the steps you need to change your life.



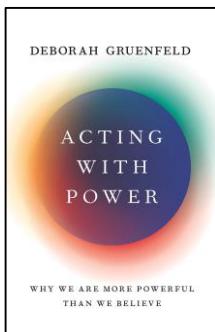
The Concise Laws of Human Nature by Robert Greene
9781788161565 | Profile Books | PB | R20

Robert Greene is a master guide for millions of readers, distilling ancient wisdom and philosophy into essential texts for seekers of power, understanding and mastery. Now he turns to the most important subject of all — understanding people's drives and motivations, even when they are unconscious of them themselves. We are social animals. Our very lives depend on our relationships with people. Knowing why people do what they do is the most important tool we can possess, without which our other talents can only take us so far. Greene teaches us how to detach ourselves from our own emotions and master self-control, how to develop the empathy that leads to insight, how to look behind people's masks, and how to resist conformity to develop your singular sense of purpose.

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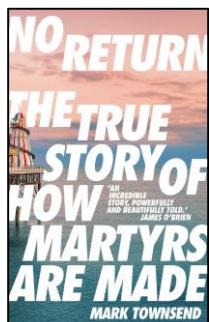
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Non - Fiction



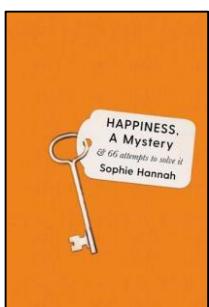
Acting with Power by Deborah Gruenfeld
9781788164962 | Profile Books | HB | R345

Most of us tend to think that there are two kinds of people in world: those who have power, and those who don't. But, says Professor Deborah Gruenfeld, we all have more power than we think. Success is not about how much power we have, but rather how we use it. Readers will learn how to read the power dynamics of a room and understand where we fit in, why some people fear power, why power doesn't necessarily corrupt, how to use power as leaders to inspire great performances in others. Some of us constantly crave a bigger role, while some of us feel like imposters in our current ones. This book shows us how to give a more powerful performance in any role, and on any stage.



No Return: The True Story of How Martyrs are Made by Mark Townsend
9781783351817 | Faber & Faber | TPB | R310

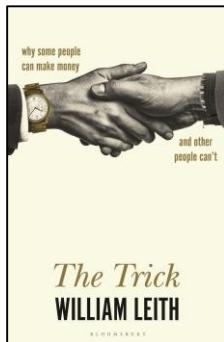
Five teenage friends leave Brighton to wage jihad in Syria. All except one are killed. This is their untold story. *No Return* is a unique insight into a hidden Britain, based on true events that so shocked intelligence experts they are now the Home Office's lead case study into youth radicalisation. Drawing on a cache of leaked classified documents and unprecedented access to all the main players, award-winning investigative journalist Mark Townsend reveals the shocking truth behind what drew these young Britons to martyrdom in a foreign land. The result is a fast-paced and powerfully gripping true crime account of radicalisation — and how it can be prevented.



Happiness, a Mystery by Sophie Hannah
9781788162944 | Profile Books | HB | R345

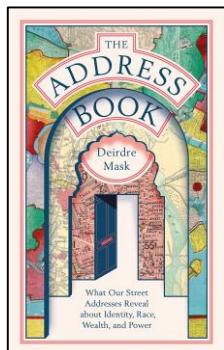
Happiness is one of life's greatest mysteries. But what is happiness? Why does it mean so many different things to different people? And how can we be happier? Drawing on decades of experience in crime writing, self-help and intensely curious observation of other people, Sophie Hannah sets out to solve the mystery. She lines up her cast of suspects and expert witnesses from ancient philosophers to modern self-help gurus, scientists to ordinary people from all walks of life. Leaving no stone unturned, she scrutinises the clues, evidence, and even the red herrings that unexpectedly lead to happiness. And she uncovers answers from the secrets of a fulfilling relationship to the joys of boredom, or of the bliss of a cancelled meeting.

Non - Fiction



The Trick by William Leith
9781526619877 | Bloomsbury | HB | R335

Some people can make money. Other people can't. It's a thought that makes William Leith wake up in a cold sweat. He doesn't know why it makes him feel anxious. After all, money isn't real. We created it. Humans did. It's our masterpiece. But the desire for it is killing us. It is this dilemma that sets William Leith off on an adventure into the bizarre, morally dubious, yet highly desirable world of the mega-rich. He spends a day with the real-life *Wolf of Wall Street* who, not content with his hundreds of millions, devised a fraud so he could make hundreds of millions more. Throughout it all he asks himself: what makes these people wealthy? And how come I'm not?



The Address Book by Deirdre Mask
9781781259009 | Profile Books | HB | R440

Starting with a simple question, 'what do street addresses do?', Deirdre Mask travels the world and back in time to work out how we describe where we live and what that says about us. From the chronological numbers of Tokyo to the naming of Bobby Sands Street in Iran, she explores how our address or lack of one expresses our politics, culture and technology. It affects our health and wealth, and it can even affect the working of our brains. From Ancient Rome to Kolkata today, from cholera epidemics to tax hungry monarchs, Mask discovers the different ways street names are created, celebrated, and in some cases, banned.



The Future Is Faster Than You Think by Peter H. Diamandis & Steven Kotler
9781982143213 | Simon & Schuster | TPB | R330

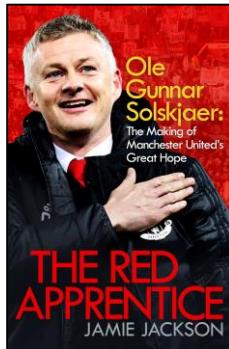
Technology is accelerating far more quickly than anyone could have imagined. During the next decade, we will experience more upheaval and create more wealth than we have in the past hundred years. In this gripping and insightful roadmap to our near future, Diamandis and Kotler investigate how wave after wave of exponentially accelerating technologies will impact both our daily lives and society as a whole. What happens as AI, robotics, virtual reality, digital biology, and sensors crash into 3D printing, blockchain, and global gigabit networks? How will these convergences transform today's legacy industries? What will happen to the way we raise our kids, govern our nations, and care for our planet?

Non - Fiction



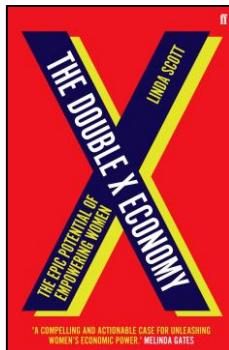
a fire like you by Upile Chisala
9781449499587 | Simon & Schuster | TPB | R295

A fierce and lyrical collection of poetry celebrating the moments of triumph and beauty in our lives, as well as the moments of despair — recasting them as opportunities for growth. In this never-before-published collection, poet Upile Chisala grapples with themes of love, loss, and desire. Throughout this third book, she explores her identity as a black Malawian woman, offering intimate reflections on her life and experiences, imparting a stirring, universal message of empowerment and self-love.



The Red Apprentice by Jamie Jackson
9781471187858 | Simon & Schuster | TPB | R370

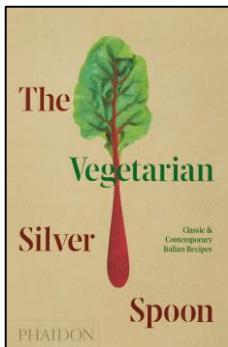
After the confusion under David Moyes, the stagnation of Louis van Gaal and the growing trauma under Jose Mourinho, Manchester United were a club increasingly struggling to challenge for major honours, something the fans had been accustomed to during the reign of Sir Alex Ferguson. So, when Ole Gunnar Solskjær, a match-winning hero of the Reds' great Treble-winning side returned to Old Trafford on 19 December 2018 as caretaker manager, he was welcomed with open arms. Here was a man who understood what it was that the fans demanded, and he had a plan to give it to them. They went on a record-breaking run of victories that secured him the position on a permanent basis, before old frailties re-emerged, showing the scale of the job he had always dreamed of taking on.



The Double X Economy by Linda Scott
9780571353606 | Faber & Faber | TPB | R2360

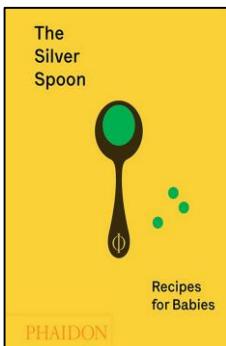
Women's economic development expert Linda Scott coined the paradigm shifting concept of the 'double X economy' to describe both the shocking gender inequalities that are built into our global economy, and the collective power of women that could be harnessed to combat those inequalities. Drawing on a wealth of sources including radical original research and vivid case studies, Scott reveals how economic subordination and exclusion are systemic for women in the developing and the developed worlds; and shows that by pulling women in as equal participants in the economy, we could address many of humankind's most pressing problems.

Cookery



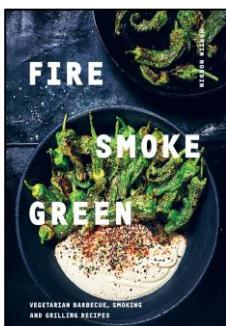
The Vegetarian Silver Spoon by The Silver Spoon Kitchen
9781838660581 | Phaidon | HB | R990

The latest title to join Phaidon's *Silver Spoon* library features more than 200 recipes for Italian vegetarian dishes, with a particular emphasis on healthy meat-free options for appetizers, main dishes, salads, sides, and desserts. Recipes range from classic dishes that are traditionally vegetarian to contemporary dishes that introduce ingredients borrowed from outside Italy's culinary culture. The book is easy to navigate, thanks to its recipe icons, while gorgeous specially commissioned photographs bring its delicious dishes to life.



The Silver Spoon: Recipes for Babies by Amanda Grant
9781838660574 | Phaidon | HB | R565

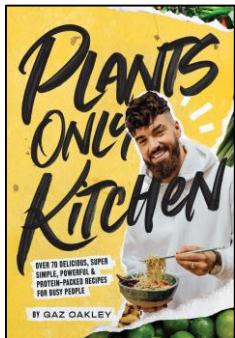
From their very first morsels, Italian infants are encouraged to explore the tastes and textures of real food — the goal being to help them develop a love of fresh ingredients and healthy eating. *The Silver Spoon: Recipes for Babies* is the perfect introduction to this national tradition, covering the period of a child's development from six months to two years, with recipes designed to introduce a child to a wide range of foods along with advice for stress-free weaning. Its 50 authentic Italian recipes, from nutritious purees to a child's first carbonara, couscous and pizza, have been double tested in a home kitchen and are accompanied by expert tips, making this the perfect manual for all parents.



Fire, Smoke, Green by Martin Nordin
9781784883263 | Hardie Grant Books | HB | R300

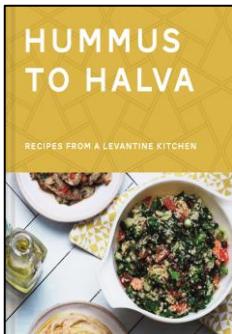
A host of mouth-watering, modern vegetarian recipes, using the most elemental and ancient method of cooking: fire. Not just a barbecue cookbook, *Fire, Smoke, Green* is broken up into seven chapters that cover everything you need to know about making great food over the flame: from grilling directly onto fire, to cooking with indirect fire, smoked recipes and even wood-fired pizza. Atmospheric photography and charming illustrations throughout bring you something other than your average vegetarian cookbook. His approach to meat-free cooking is anything but boring. Try the roasted and smoked potatoes with beer-caramelised onions; the fennel roots with shiitake, green onion, buckwheat and herb oil; or Harissa-marinated sweet potato with grilled cabbage leaves and black dukkah.

Non - Fiction



Plants-Only Kitchen by Gaz Oakley
9781787134980 | Hardie Grant Books | HB | R395

An explosion of flavour, with more than 70 vegan recipes that work around your lifestyle. With symbols flagging whether recipes are high-protein, take less than 15 minutes, or are suitable for meal prep and batch cooking, *Plants-Only Kitchen* explains how best to make a vegan diet work for you. No fuss, no fancy ingredients — just fantastic food using plants, only. Gaz Oakley has amassed well over a million followers on social media with his exciting vegan dishes, which emphasise that a plant-based diet doesn't mean missing out on taste. Gaz's recipes are easier than ever before following his step-by-step instructions, tips and advice, anyone can cook great vegan food.



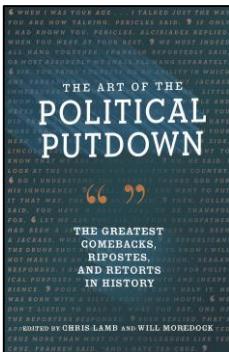
Hummus to Halva by Ronen Givon & Christian Mouysset
9781911641988 | Pavilion Books | HB | R260

The chickpea has good-naturedly absorbed almost every food fad that's gripped the nation over the last decade. But despite its popularity, very few people make their own hummus which is a shame. Make it with top-notch fresh ingredients and it will blow you away. Versatile, healthy and cheap, discover the best toppings, from the double whammy hummus with slow-cooked chickpeas to the inventive and original hummus with lamb rogan josh. As well as this, there are recipes for soups, salads, sauces and other Mediterranean favourites. With over 60 recipes, Hummus is a star; not just a delicious dip.



Wallpaper* City Guide Cape Town by Wallpaper
9780714879048 | Hardie Grant | PB | R270

Your passport to global style, *Wallpaper** City Guides present an insider's checklist of all you need to know about the world's most intoxicating cities. Under slick Pantone covers, these pocket-sized travel bibles unearth the hippest nightlife, the buzziest hotels, the coolest retail, the most influential art galleries and cultural spaces, the best in local design and the contemporary architecture that defines a city. Due to its jaw-dropping setting just below Table Mountain, miles of unspoilt coastline and winelands for suburbs, you could easily fall for Cape Town on looks alone.



The Art of the Political Putdown by Chris Lamb & Will Moredock
9781452183855 | Chronicle Books | HB | R335

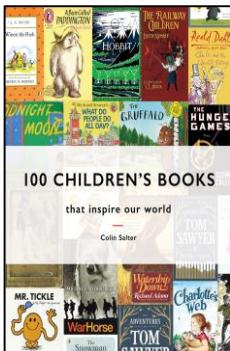
A book of over 300 witty verbal jabs and ripostes from politicians around the world, all of whom share a common sharp tongue. Liberal or conservative, humour can be a powerful weapon in any politician's arsenal, and political journalists Chris Lamb and Will Moredock have seen their fair share of quips, witty remarks, and sarcastic pleasantries. In mining the past few thousand years of political history, they've unearthed a treasure trove of humorous exchanges, from ancient Rome to modern day, to compile this collection of hilarious comebacks and putdowns. Features 11 brief essays analyzing the use of humour and wit in various political contexts. Even-handed, intelligent, and light-hearted political humour that gives readers from the Left and the Right something to laugh about.



The Underachiever's Manifesto by Ray Bennett
9781452184630 | Chronicle Books | TPB | R195

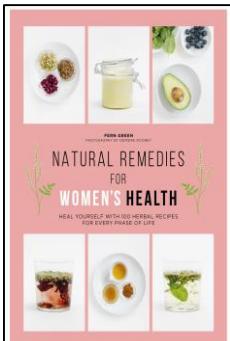
This isn't your average handbook, this is a funny self-help book for our ongoing modern age of overachievement. The book makes the case for just the right amount of effort, a lot less than we've been led to believe and reveals how mediocrity is the key to happiness at work, in relationships, dieting, exercise, investment, and more. Contains easy-to-follow advice with gentle humour and genuine wisdom. This guide addresses issues such as social media stress, FOMO, and the life-draining tragedy of tidying up. Author Ray Bennett is a medical specialist in Seattle and a recovering overachiever. This welcome new edition revised just enough but not going overboard and brings its needed-now-more-than-ever perspective to our new era of fitness tracking, app overload, and tidying up.

Illustrated



100 Children's Books That Inspired Our World by Colin Salter
9781911641087 | Pavillion Books | HB | R300

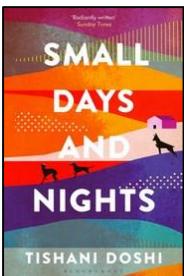
An amazing collection of the most beloved, original, inspiring, hysterical, heart-warming, compelling, rude and downright scary books that have enchanted children the world over. In *100 Children's Books That Inspired Our World*, author Colin Salter brings together an exceptional collection of truly groundbreaking children's books from Mark Twain's *Tom Sawyer* to the graphic novels of Dr Seuss. All the classic children's authors are represented with one stand-out book, plus mentions for their best-known works. Ordered chronologically, the book features favourite children's books ranging from Victorian classics to modern day bestsellers.



Natural Remedies for Women's Health by Fern Green
9781784883423 | Hardie Grant Books | PB | R300

Natural Remedies for Women's Health brings you plant-based solutions to everyday ailments, harnessing the power of the organic world to keep you well. Discover teas, tonics, smoothies, tinctures and salves to rebalance and restore your body and mind naturally. Try a Bloat Relief Tea, an Uplifting Mood Oil or a Glowing Skin Smoothie — all made in your own home with healing herbs and natural ingredients. Featuring 100 easy recipes, this book is designed to empower you with a deeper understanding of your own body, providing you with the tools you need to support it to heal itself.

Paperback Fiction



Small Days & Nights by Tishani Doshi
9781526603739 | R225

Luminous, funny, surprising and heart-breaking.



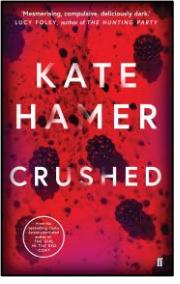
Bone China by Laura Purcell
9781526602503 | R200

The deliciously spooky Autumn read of 2019.



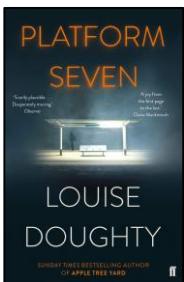
Widows' Revenge by Lynda La Plante
9781785768323 | R185

From the bestselling author of *Widows* — now a major motion picture.



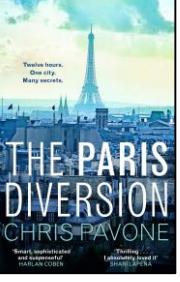
Crushed by Kate Hamer
9780571336678 | R220

Sunday Times bestselling author Kate Hamer's new novel blends the rawness and power of *The Virgin Suicides* with the propulsive force of a Megan Abbott novel.



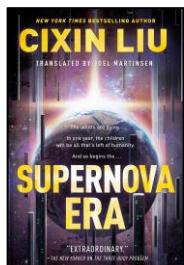
Platform Seven by Louise Doughty
9780571321964 | R220

The new novel from Sunday Times bestselling author Louise Doughty.



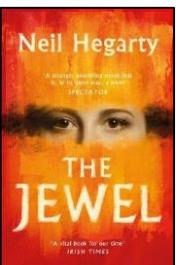
The Paris Diversion by Chris Pavone
9780571337231 | R220

The explosive sequel to the *The Expats* takes place over the course of one nail-biting day.



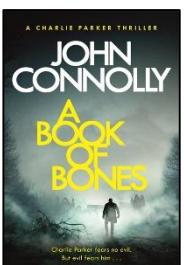
Supernova Era by Cixin Liu
9781788542401 | R220

A new science fiction masterpiece by Cixin Liu



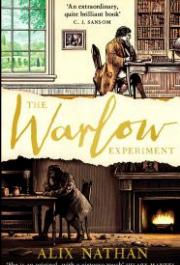
The Jewel by Neil Hegarty
9781789541823 | R220

A major new novel from an Irish writer coming into his own.



This Little Dark Place by A. S. Hatch
9781788162043 | R240

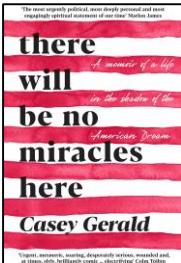
A gripping debut psychological thriller: a dark love triangle and an unspeakable act of betrayal.



The Warlow Experiment by Alix Nathan
9781788161701 | R240

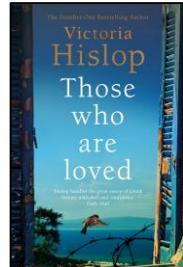
A powerful and unsettling novel, both fascinating and infinitely strange.

Paperback Fiction



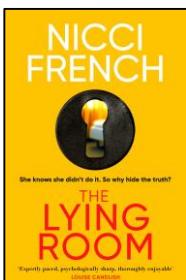
There Will Be No Miracles Here
by Casey Gerald
9781788161978 | R265

The testament of a life in the shadow of the American Dream.



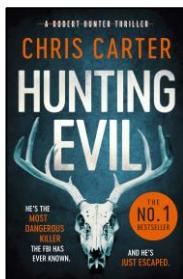
Those Who Are Loved by Victoria Hislop
9781472223227 | R205

The new Sunday Times Number One bestseller from Victoria Hislop.



The Lying Room by Nicci French
9781471179266 | R205

The brand-new standalone novel from the master of psychological suspense.



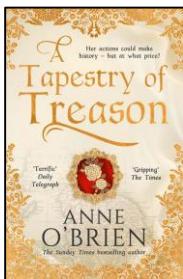
Hunting Evil by Chris Carter
9781471179556 | R225

As addictive as a tv boxset!



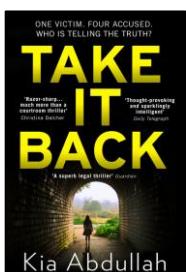
Elevator Pitch by Linwood Barclay
9780008332037 | R220

Number 1 bestseller Linwood Barclay returns with a heart-stopping thriller.



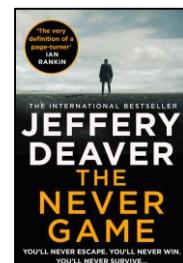
A Tapestry of Treason by Anne O'Brien
9780008236939 | R220

This is the next brilliant historical novel from Sunday Times bestselling author.



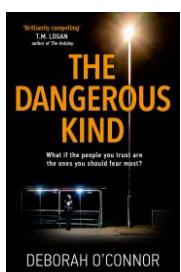
Take It Back by Kia Abdullah
9780008314712 | R220

A brave and thrilling courtroom drama.



The Never Game by Jeffery Deaver
9780008303761 | R195

The gripping new thriller from the No.1 bestselling author.



The Dangerous Kind by Deborah O'Connor
9781785762093 | R185

The thriller that will make you second-guess everyone you meet.

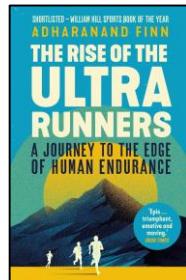


Paperback Non-Fiction



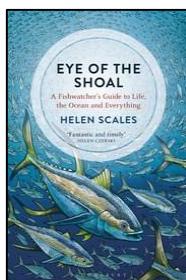
Choked by Beth Gardiner
9781846276477 | R250

The landmark book on air pollution: a major threat to the health and longevity.



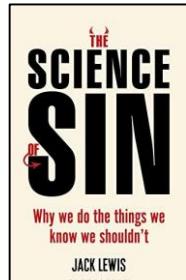
The Rise of the Ultra Runners by Adharanand Finn
9781783351336 | R240

An electrifying and inspiring account of one of the toughest sports in the world.



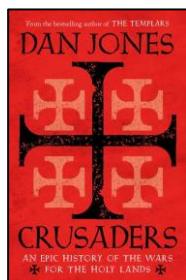
Eye of the Shoal by Helen Scales
9781472936820 | R290

Warm-blooded writing on coldblooded creatures — the beautiful, mesmerising and complex world of fish.



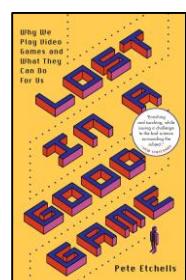
The Science of Sin by Jack Lewis
9781472936158 | R275

Looks at the science behind why we are constantly tempted to do the things we know aren't good for us.



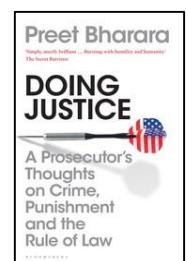
Crusaders by Dan Jones
9781781858899 | R240

The story of the Crusades with page-turning brio allied to scholarly insight.



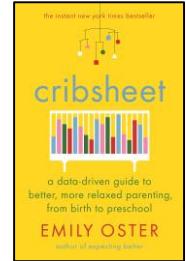
Lost in a Good Game by Pete Etchells
9781785786143 | R240

An exploration of the psychological effects, the pleasures, benefits and disbenefits of computer games.



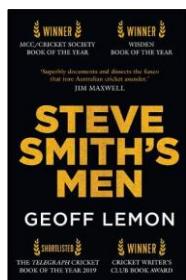
Doing Justice by Preet Bharara
9781408899045 | R250

Banned by Putin, fired by Trump. And now he's free to talk.



Cribsheet by Emily Oster
9781788164498 | R265

An empowering new way to make decisions as a parent - take out the judgement, use the data



Steve Smith's Men by Geoff Lemon
9781743796214 | R200

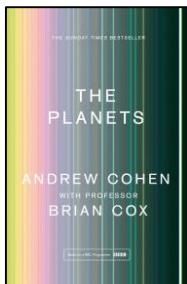
A frank, fearless and often humorous account of the 2018 ball tampering scandal in the Australian cricket team.



The Creativity Code by Marcus du Sautoy
9780008288198 | R245

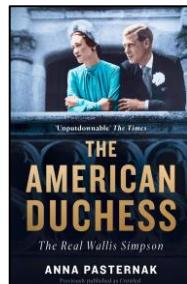
How AI is learning to write, paint and think.

Paperback Non-Fiction



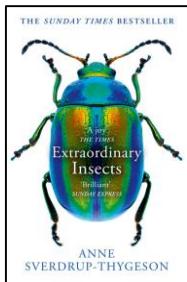
The Planets by Prof. Brian Cox & Andrew Cohen
9780008280574 | R250

A companion book to the critically acclaimed BBC series.



The American Duchess by Anna Pasternak
9780008297305 | R250

The intimate biography of one of the most misunderstood women in British royal history.



Extraordinary Insects by Anne Sverdrup-Thygeson
9780008316372 | R245

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