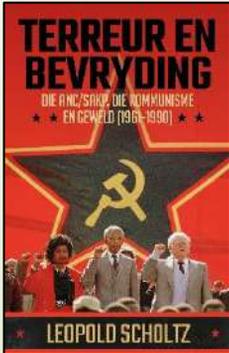


Jonathan Ball Publishers

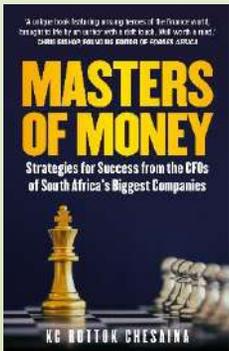
March 2022 Highlights

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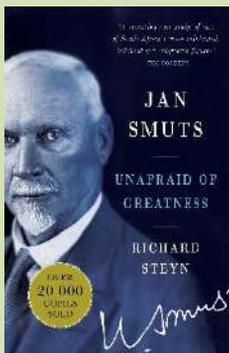
Terreur En Bevryding deur Leopold Scholtz
9781776191673 | Jonathan Ball Publishers | TPB | R285

Wie vandag se ANC, sy beleid en regeerstyl wil verstaan, moet feitlik 'n eeu terug begin delf. 'n Deel van die antwoord lê in sy verhouding met die Suid-Afrikaanse Kommunistiese Party (SAKP) en die invloed van die kommunisme, asook die ANC/SAKP se optrede in ballingskap, skryf die politieke kommentator en historikus Leopold Scholtz. In *Terreur en bevryding* toon hy aan hoe die SAKP reeds in 1928 opdrag van die Kremlin ontvang het om die ANC te infiltrer. Scholtz plaas die kollig op die dodelike kombinasie van erge interne intoleransie en onbekwaamheid binne die ANC/SAKP in ballingskap, die korrupsie deur 'n deel van die leierskorps en die ernstige menseregtevergrype in die ANC se buitelandse kampe. Hy voer aan dat dit wat tans in Suid-Afrika op al drie regeringsvlakke gebeur 'n voortsetting is van 'n kultuur wat al tydens die alliansie se jare in ballingskap gevestig is.



Masters Of Money by KC Rottok Chesaina
9781776191574 | Jonathan Ball Publishers | TPB | R280

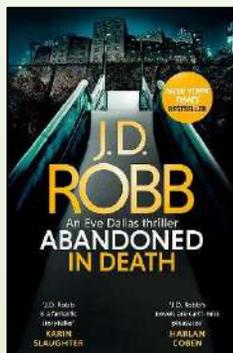
Masters of Money takes us behind the scenes and provides an opportunity for finance professionals, entrepreneurs, managers, and anyone interested in the world of finance to learn from the best in the business. While these CFOs might not divulge any trade secrets, they give readers the inside track to corporate success. They share valuable lessons learnt over many years in finance, including the key elements of an effective strategy, the power of good communication, how to lead teams to high performance, why values are important in the workplace, and how to remain calm in dealing with crises like the Covid-19 pandemic or the company IT system being hacked. Their stories show the human face behind the number cruncher and help to explain the x factor required to rise to the top.



Jan Smuts: Unafraid of Greatness by Richard Steyn
9781776191901 | Jonathan Ball Publishers | BPB | R240

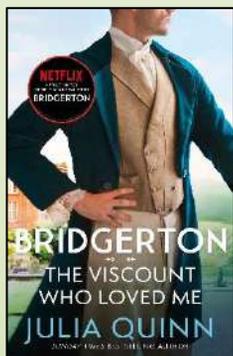
Unafraid of Greatness is a re-examination of the life and thoughts of Smuts. It is intended to remind a contemporary readership of the remarkable achievements of this impressive soldier-statesman. Richard Steyn argues that Smuts's role in the creation of modern South Africa should never be forgotten, not least because of his lifetime of devoted service to this country. The book draws a parallel between Smuts and President Thabo Mbeki, both architects of a new South Africa, much lionised abroad yet often distrusted at home. This highly readable account of Smuts's eventful life blends fact, anecdote and opinion in an examination of his complex character, his relationships with women, spiritual and intellectual life, and role as adviser to world leaders.

Fiction



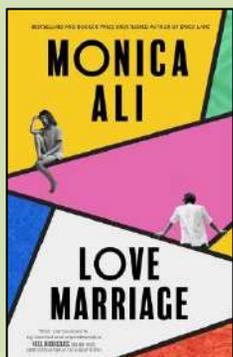
Abandoned In Death by J. D. Robb
9780349430249 | Little Brown | TPB | R310

Three young women have gone missing. They're all pretty, mid-twenties - someone clearly has a type. But no one links their disappearances until the first - Lauren Elder - is found lying peacefully on a bench in a children's playground. She is neatly dressed with a wide black velvet ribbon covering where her neck has been precisely slit. Her hands are folded over a childish sign on which is written in black crayon, BAD MOMMY. Lt Eve Dallas and her team are brought in to investigate Lauren's murder and uncover the links to the other two women. Can they find out enough about the missing women and unmask their captor before they kill again?



Bridgerton: The Viscount Who Loved Me (Bridgertons Book 2) by Julia Quinn
9780349432137 | Little Brown | PB | R215

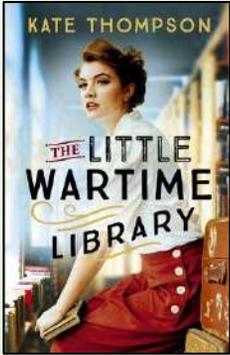
Having spent his twenties in a rakish pursuit of pleasure, he knows it's high time he settled down and ensure the continuation of the Bridgerton line. Edwina Sheffield is considered the most beautiful debutante of the current season. She is also sweet, innocent and eminently biddable, Anthony is sure she'll make a perfectly acceptable wife and vows to make her his. The only obstacle in his way is Edwina's older sister, Kate. Kate is determined to do all she can to allow her sister the chance to marry for love rather than convenience. And the roguish viscount is beginning to think he may have met his match in Kate's keen wit and sharp tongue. Until, that is, he makes the mistake of kissing her.



Love Marriage by Monica Ali
9780349015491 | Little Brown | TPB | R355

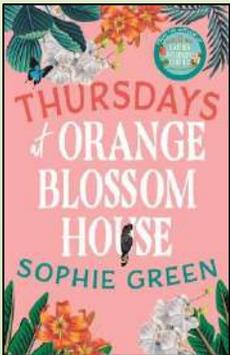
Yasmin Ghorami has a lot to be grateful for: a loving family, a fledgling career in medicine, and a charming, handsome fiancée, fellow doctor Joe Sangster. But as the wedding day draws closer and Yasmin's parents get to know Joe's firebrand feminist mother, both families must confront the unravelling of long-held secrets, lies and betrayals. As Yasmin dismantles her own assumptions about the people she holds most dear, she's also forced to ask herself what she really wants in a relationship and what a 'love marriage' actually means.

Fiction



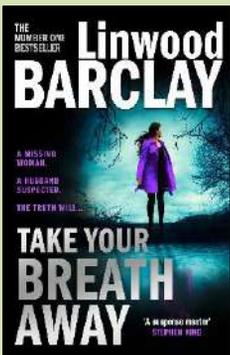
The Little Wartime Library by Kate Thompson
9781529395402 | Hodder & Stoughton | TPB | R355

Clara Button is no ordinary librarian. While the world remains at war, in East London Clara has created the country's only underground library, built over the tracks in the disused Bethnal Green tube station. Down here a secret community thrives with thousands of bunk beds, a nursery, a café and a theatre offering shelter, solace and escape from the bombs that fall above. Along with her glamorous best friend and library assistant Ruby Munroe, Clara ensures the library is the beating heart of life underground. But as the war drags on, the women's determination to remain strong in the face of adversity is tested to the limits when it seems it may come at the price of keeping those closest to them alive.



Thursdays at Orange Blossom House by Sophie Green
9780751585179 | Little Brown | TPB | R335

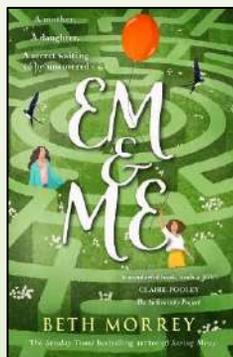
At 74, former cane farmer Grace Maud is feeling her age, and her isolation, and thinks the best of life may be behind her. Elsewhere in town, high school teacher Patricia has given up on her dreams of travel and adventure and has moved back home to look after her ageing parents, while cafe owner Dorothy is struggling to accept that she may never have the baby she and her husband so desperately want. Each woman has an unspoken need, reconnection. And that's how they find themselves at Orange Blossom House, surrounded by perfumed rainforest, being encouraged by their yoga teacher, the lively Sandrine. Together, they will find courage, strength and discover that life has much more to offer than they ever expected.



Take Your Breath Away by Linwood Barclay
9780008332105 | HarperCollins | TPB | R340

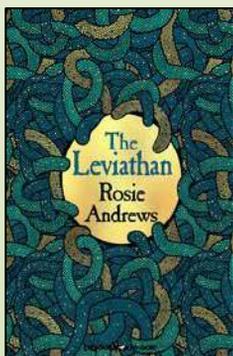
One weekend, while Andrew Mason was on a fishing trip, his wife, Brie, vanished without a trace. Most everyone assumed Andy had got away with murder, but the police could never build a strong case against him. For a while, Andy hit rock bottom, he drank too much to numb the pain, was abandoned by all his friends save one, nearly lost his business and became a pariah in the place he once called home. Now, six years later, Andy has finally put his life back together and settled down with a new partner, Jayne, and life is good. But Andy's peaceful world is about to shatter when a woman, who bears a striking resemblance to Brie shows up at his old address.

Fiction



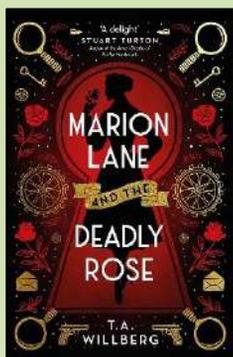
Em & Me by Beth Morrey
9780008334086 | HarperCollins | TPB | R330

For too long since the sudden death of her mother as a teenager, since the birth of her daughter, Em, when she was just seventeen, Delphine has been unable to let go of the past, obsessed with protecting Em and clinging to a secret that could ruin everything. She's been living life in safe shades of grey. The day that Delphine finally stands up for herself is the day that changes everything. Delphine begins to remember what it's like to want more. Rediscovering her singing voice, opening herself to friendship, and reviving not only her mother's roots, but her mother's memories. As her life begins to fill with colour, can she be brave for herself and for Em? And what would happen if she finally told the truth?



The Leviathan by Rosie Andrews
9781526637345 | Bloomsbury | TPB | R325

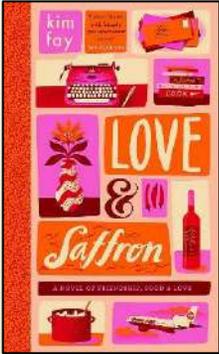
Norfolk, 1643. With civil war tearing England apart, reluctant soldier Thomas Treadwater is summoned home by his sister, who accuses a new servant of improper conduct with their widowed father. By the time Thomas returns home, his father is insensible, felled by a stroke, and their new servant is in prison, facing charges of witchcraft. Thomas prides himself on being a rational, modern man, but as he unravels the mystery of what has happened, he uncovers not a tale of superstition but something dark and ancient, linked to a shipwreck years before.



Marion Lane and the Deadly Rose by T.A. Willberg
9781409196693 | Orion | TPB | R355

It's 1959 and a new killer haunts the streets of London, having baffled Scotland Yard. The newspapers call him The Florist because of the rose he brands on his victims. The police have turned yet again to the Inquirers at Miss Brickett for assistance, but she's already dealing with a mystery of her own, having received an unsigned letter warning her that one of the three new recruits should not be trusted. She dismisses the letter at first, focusing on The Florist case, but her informer seems to be one step ahead, predicting what will happen before it does. But when a fellow second-year Inquirer is murdered, Marion takes matters into her own hands and must come face-to-face with her informer who predicted the murder to find out everything they know.

Fiction



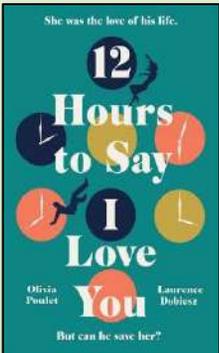
Love & Saffron by Kim Fay

9781529395099 | John Murray | TPB | R285

When twenty-seven-year-old Joan Bergstrom sends a fan letter – as well as a gift of saffron – to fifty-nine-year-old Imogen Fortier, a life-changing friendship begins. Joan lives in Los Angeles and is just starting out as a writer for the newspaper food pages.

Imogen lives on Camano Island outside Seattle, writing a monthly column for a Pacific Northwest magazine, and while she can hunt elk and dig for clams, she's never tasted fresh garlic, exotic fare in the Northwest US of the 1960s.

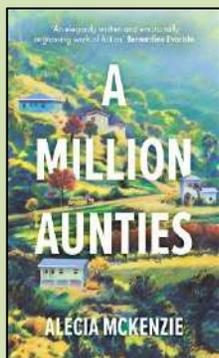
As the two women commune through their letters, they build a closeness that sustains them through the unexpected changes in their own lives.



12 Hours To Say I Love You by Olivia Poulet & Laurence Dobiesz

9781472271167 | Headline | TPB | R355

Pippa Gallagher is rushed into hospital following a traffic accident. As Pippa lies unconscious, fragments of the past flash through her mind. The day she met Steve Gallagher, the man who would become the love of her life. The heartbreak she felt tonight as she got into her car, her eyes blurry from tears. Meanwhile Steve sits at her bedside, his eyes fixed on her pale, still face. He has no idea where his wife was going when she crashed. No clue as to why she became distracted behind the wheel. All he knows is that she is his world. And that he wasn't there when she needed him most. For the next twelve hours, Steve tells Pippa all the reasons he loves her. But is it too late? Can Pippa find her way back to him?

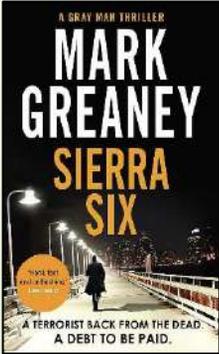


A Million Aunties by Alecia McKenzie

9780349702568 | Little Brown | TPB | R335

Seeking solitude after a personal tragedy upends his world, American-born artist Chris, travels to his mother's homeland, Jamaica, in a bid to find peace. He expects to spend his time painting in solitude, coming to terms with his loss and the fractured relationship with his father. Instead, he discovers a new extended and complicated "family" with their own startling stories, including a love triangle. The people he meets help him to heal and he supports them in unexpected ways, through his art. Told from different points of view, this compelling novel about unlikely love, friendship, and community, with several surprises along the way, takes place against the backdrop of rural Jamaica, New York City and Paris.

Fiction

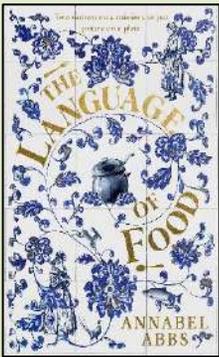


Sierra Six by Mark Greaney
9780751578485 | Little Brown | TPB | R355

Before he was The Gray Man, Court Gentry was Sierra Six, the junior member of a CIA action team. In their first mission they took out a terrorist leader, but at a terrible price, the life of a woman Court cared for.

Years have passed and now The Gray Man is on a simple mission when he sees a ghost, the long-dead terrorist, but he's remarkably energetic for a dead man.

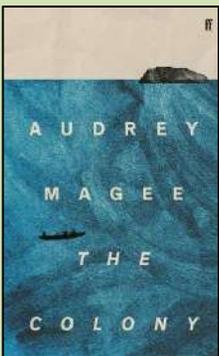
A decade may have gone by, but the Gray Man hasn't changed. He isn't one to leave a job unfinished or a blood debt unpaid.



The Language of Food by Annabel Abbs
9781398502239 | Simon & Schuster | TPB | R330

England 1835. Eliza Acton is a poet who dreams of seeing her words in print. But when she takes her new manuscript to a publisher, she's told that 'poetry is not the business of a lady'. Instead, they want her to write a cookery book. That's what readers really want from women. England is awash with exciting new ingredients, from spices to exotic fruits. But no one knows how to use them.

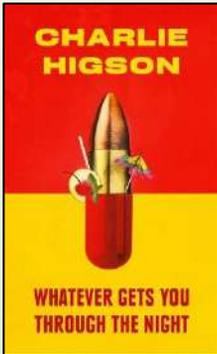
Eliza leaves the offices appalled. But when her father is forced to flee the country for bankruptcy, she has no choice but to consider the proposal. Never having cooked before, she is determined to learn and to discover, if she can, the poetry in recipe writing.



The Colony by Audrey Magee
9780571367603 | Faber & Faber | TPB | R320

Mr Lloyd has decided to travel to the island by boat without engine, the authentic experience. Unbeknownst to him, Mr Masson will also soon be arriving for the summer. Both will strive to encapsulate the truth of this place, one in his paintings, the other by capturing its speech, the language he hopes to preserve. But the people who live on this rock, three miles long and half-a-mile wide, have their own views on what is being recorded, what is being taken and what is given in return. Soft summer days pass, and the islanders are forced to question what they value and what they desire. As the autumn beckons, and the visitors head home, there will be a reckoning.

Fiction



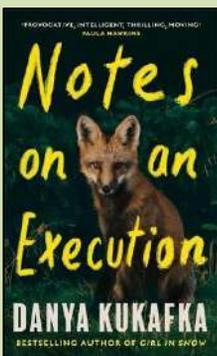
Whatever Gets You Through the Night by Charlie Higson
9781408714270 | Little Brown | TPB | R335

Most people travel to Corfu to escape the real world for a couple of weeks and embrace the fantasy of olive trees, sandy beaches, and little fishing boats bobbing on sparkling blue water under a warm sun. McIntyre's a fixer, specialising in getting people out of places they don't want to be with the minimum of fuss, publicity and violence. The job in Corfu should be easy, to get Lauren, a 15-year-old schoolgirl, from the luxury compound of the tech billionaire, Julian Hepworth. Hepworth's young, handsome and charismatic he's, also a suspected paedophile, who, under the guise of training a girls' tennis team, has set up an abusive cult. But as McIntyre sets up his operation, things quickly start to slip out of his control.



Lady Joker by Kaoru Takamura
9781529394184 | John Murray | TPB | R355

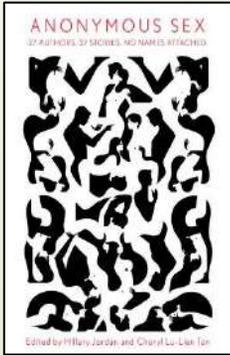
Tokyo, 1995. Five men meet at the racetrack every Sunday to bet on horses. They have little in common except a deep disaffection with their lives, but together they represent the social struggles and griefs of post-War Japan. A poorly socialized genius stuck working as a welder; a demoted detective with a chip on his shoulder, a Zainichi Korean banker sick of being ostracized for his ethnicity, a struggling single dad of a teenage girl with Down's syndrome. The fifth man bringing them all together is an elderly drugstore owner grieving his grandson, who has died in suspicious circumstances. Intent on revenge against a society that values corporate behemoths more than human life, the five conspirators decide to carry out a heist.



Notes on an Execution by Danya Kukafka
9781474625968 | Orion | TPB | R355

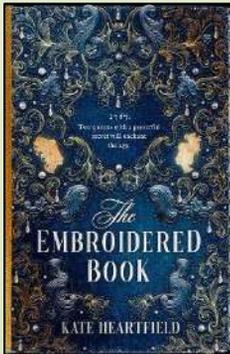
Ansel Packer is scheduled to die in twelve hours. He knows what he's done, and now awaits the same fate he forced on those girls, years ago. Ansel doesn't want to die; he wants to be celebrated, understood. But this is not his story. As the clock ticks down, three women uncover the history of a tragedy and the long shadow it casts. Lavender, Ansel's mother, is a seventeen-year-old girl pushed to desperation. Hazel, twin sister to his wife, is forced to watch helplessly as the relationship threatens to devour them all. And Saffy, the detective hot on his trail, is devoted to bringing bad men to justice but struggling to see her own life clearly. This is the story of the women left behind.

Fiction



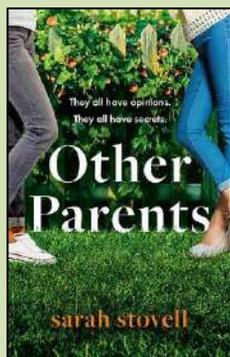
Anonymous Sex by Hillary Jordan & Cheryl Lu-Lien Tan
9780008465643 | HarperCollins | TPB | R330

Twenty-seven well-known writers, their imaginations unleashed by anonymity... A married woman has a BDSM-tinged encounter at a work conference. Two young boys on a sleepover feel the first stirrings of desire. In an artificially generated afterlife, anything can be sexual if you want it to be. A young widow on a sleeper train shelters a criminal in her carriage. A bisexual woman cheats on her wife with a baker. Anyone can hire a holographic gigolo in 2098, but one client gets a lot closer than she'd intended. In this diverse and ground-breaking collection there is something for everyone, from teenage experimentation to sex in the afterlife, from married couples pushing their boundaries to illicit encounters between strangers.



The Embroidered Book by Kate Heartfield
9780008380601 | HarperCollins | TPB | R330

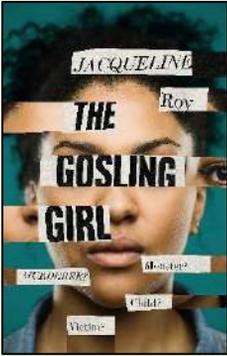
1768. Charlotte, daughter of the Habsburg Empress, arrives in Naples to marry a man she has never met. Her sister Antoine is sent to France, and in the mirrored corridors of Versailles they rename her Marie Antoinette. The sisters are alone, but they are not powerless. When they were only children, they discovered a book of spells, spells that work, with dark and unpredictable consequences. In a time of vicious court politics, of discovery and dizzying change, they use the book to take control of their lives. But every spell requires a sacrifice. And as love between the sisters turns to rivalry, they will send Europe spiralling into revolution.



Other Parents by Sarah Stovell
9780008441623 | HarperCollins | TPB | R330

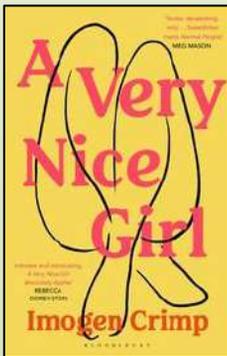
In a small town like West Burntridge, it should be impossible to keep a secret. Rachel Saunders knows gossip is the price you pay for a rural lifestyle and outstanding schools. The latest town scandal is her divorce and the fact that her new girlfriend has moved into the family home. Laura Spence lives in a poky bedsit on the wrong side of town. She and her son Max don't really belong, and his violent tantrums are threatening to expose the very thing she's trying to hide. When the local school introduces a new inclusive curriculum, Rachel and Laura find themselves on opposite sides of a fearsome debate. But the problem with having your nose in everyone else's business is that you often miss what is happening in your own home.

Fiction



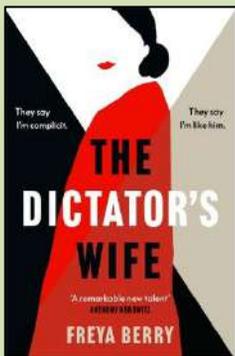
The Gosling Girl by Jacqueline Roy
9781398504226 | Simon & Schuster | TPB | R330

Michelle Cameron's name is associated with the most abhorrent of crimes. A child who lured a younger child away from her parents and to her death. She is known as the black girl who murdered a little white girl, evil incarnate according to the media. She has done her time and has been released as a young woman with a new identity to start her life again. When another shocking death occurs, Michelle is the first in the frame. Brought into the police station to answer questions around a suspicious death, it is only a matter of time until the press finds out who she is now and where she lives and set about destroying her all over again. Natalie Tyler, a black detective constable feels a complicated need to protect her, whatever she might have done.



A Very Nice Girl by Imogen Crimp
9781526628947 | Bloomsbury | TPB | R335

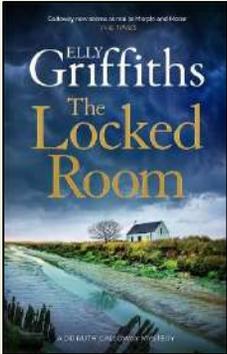
Anna is struggling to afford life in London as she trains to be a singer. During the day, she vies to succeed against her course mates with their discreet but inexhaustible streams of cultural capital and money, and in the evening, she sings jazz at a bar in the City to make ends meet. It's there that she meets Max, a financier fourteen years older than her. Over the course of one winter, Anna's intoxication oscillates between her hard-won moments on stage, where she can zip herself into the skin of her characters, and nights spent with Max in his glass-walled flat overlooking the city. But Anna's fledgling career demands her undivided attention, and increasingly, whether he necessarily wills it or not, so does Max.



The Dictator's Wife by Freya Berry
9781472276315 | Headline | TPB | R355

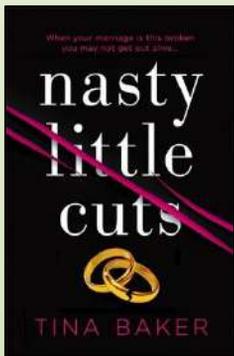
WOMAN. I learned early in life how to survive. A skill that became vital in my position.
WIFE. I was given no power, yet I was expected to hold my own with the most powerful man in the country.
MOTHER OF THE NATION. My people were my children. I stood between him and them.
I am not the person they say I am.
I am not my husband.
I am innocent.
Do you believe me?

Fiction



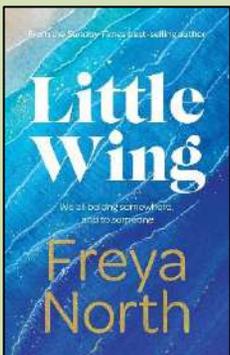
The Locked Room by Elly Griffiths
9781529409666 | Quercus | TPB | R355

Ruth is in London clearing out her mother's belongings when she makes a surprising discovery, a photograph of her Norfolk cottage taken before Ruth lived there. Her mother always hated the cottage, so why does she have a picture of the place? The only clue is written on the back of the photo, Dawn, 1963. Ruth returns to Norfolk determined to solve the mystery, but then Covid rears its ugly head. Nelson, meanwhile, is investigating a series of deaths of women that may or may not be suicide. When he links the deaths to an archaeological discovery, he breaks curfew to visit the cottage where he finds Ruth chatting to her neighbour whom he remembers as a carer who was once tried for murdering her employer. Only then her name wasn't Zoe. It was dawn.



Nasty Little Cuts by Tina Baker
9781788165266 | Profile | TPB | R355

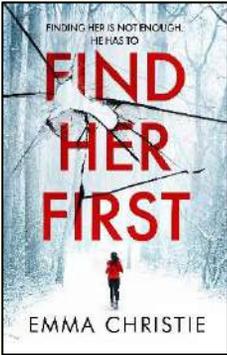
A nightmare jolts Debs awake. She leaves the kids tucked up in their beds and goes downstairs. There's a man in her kitchen, holding a knife. But it's not an intruder. This is her husband Marc, the father of her children. A man she no longer recognises. Once their differences were what drew them together, what turned them on. Him, the ex-army officer from a good family. Her, the fitness instructor who grew up over a pub. But now these differences grate to the point of drawing blood. Marc screams in his sleep. And Debs hardly knows the person she's become, or why she lets him hurt her. Neither of them is completely innocent. Neither is totally guilty. Marc is haunted by a war he can't forget, but he has no idea what Debs is capable of when her children's lives are at stake.



Little Wing by Freya North
9781787397613 | Welbeck | TPB | R290

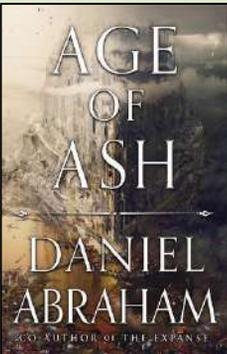
Little Wing is the powerful story of two families over three generations. In the 1960s, a pregnant 16-year-old is banished to one of the remotest parts of the UK. Years later, Nell and Dougie are both at critical moments in their lives when their paths cross. Between Camden, Colchester and the Outer Hebrides, the three-story lines collide when secrets are uncovered and answers sought. *Little Wing* is a novel about resilience, forgiveness and the true meaning of family, about finding one's place in the world and discovering how we all belong somewhere and to someone.

Fiction



Find Her First by Emma Christie
9781787396982 | Welbeck | PB | R200

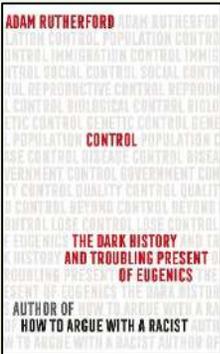
Paramedic Andy Campbell has a secret he can't tell anyone, not least the police. But when his wife's image is found at the home of a notorious murderer, detectives start knocking on his door, and they're not the only ones asking questions. As Andy battles to keep them off his trail, those close to Stef make a series of bloody discoveries that demand explanations even her husband can't give. The race for the truth leads them far from their Edinburgh home, but who will find her first, and will they save her life or take it?



Age of Ash by Daniel Abraham
9780356515410 | Little Brown | TPB | R310

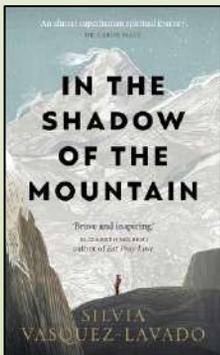
Kithamar is a centre of trade and wealth, an ancient city with a long, bloody history where countless thousands live and their stories unfold. This is Alys's. When her brother is murdered, a petty thief from the slums of Longhill sets out to discover who killed him and why. But the more she discovers about him, the more she learns about herself, and the truths she finds are more dangerous than knives. Swept up in an intrigue as deep as the roots of Kithamar, where the secrets of the lowest born can sometimes topple thrones, the story Alys chooses will have the power to change everything.

Non- Fiction



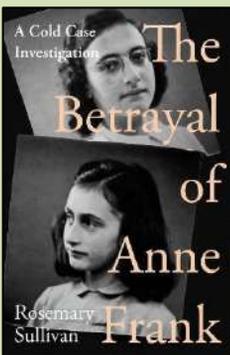
Control: The Dark History and Troubling Present of Eugenics by Adam Rutherford
9781474622387 | Orion | TPB | R310

Throughout history, people have sought to improve themselves and society by eliminating disease or enhancing desirable qualities in their children. Others have imposed control over populations with rules about who can marry, who can procreate and who can live. For just over a century, we have referred to this age-old crafting by biological design with a word which became poisonous: eugenics. The ideas underlying eugenics are not merely historical. In 2020, new techniques in genetics and gene editing put discussions about improving the 'quality' of the population, by selecting embryos for intelligence, at the centre of the British government. *Control* is an urgently needed discussion exploring the science, history and future of eugenics, and the practice of population control by selective procreation.



In The Shadow of the Mountain by Silvia Vasquez-Lavado
9781913183783 | Octopus | TPB | R355

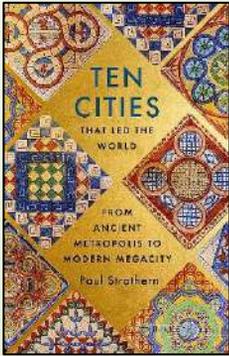
Despite a high-flying career, Silvia Vasquez-Lavado knew she was hanging by a thread. Deep in the throes of alcoholism, and hiding her sexuality from her family, she was repressing the abuse she'd suffered as a child. When her mother called her home to Peru, she knew something finally had to change. It did. Silvia began to climb. Something about the sheer size of the mountains, the vast emptiness and the nearness of death, woke her up. And then, she took her biggest pain to the biggest mountain: Everest.
SOON TO BE A MAJOR MOVIE: Selena Gomez will star as Silvia Vásquez-Lavado in the new 2022 film.



The Betrayal of Anne Frank by Rosemary Sullivan
9780008353841 | HarperCollins | TPB | R380

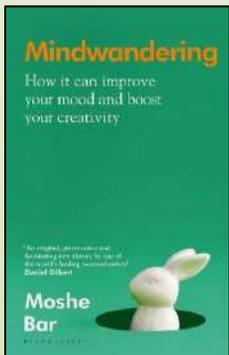
Anne Frank kept a journal while living in an attic with her family and four other people in Amsterdam during World War II, until the Nazis arrested them and sent them to a concentration camp. No one has ever conclusively explained how these eight people managed to live, hiding undetected for over two years and who or what finally brought the Nazis to their door. Vincent Pankoke and a team of indefatigable investigators pored over tens of thousands of pages of documents, some never before seen and interviewed scores of descendants of people familiar with the Franks. Utilising methods developed by the FBI, the Cold Case Team painstakingly pieced together the months leading to the infamous arrest and came to a shocking conclusion.

Non- Fiction



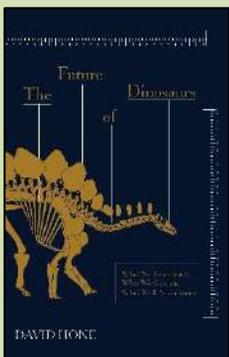
Ten Cities that Led the World by Paul Strathern
9781529356434 | Hodder & Stoughton | TPB | R355

Through ten unique cities, from the founding of ancient capitals to buzzing modern megacities, Paul Strathern explores how urban centres lead civilisation forward, enjoying a moment of glory before passing on the baton. We journey back to discover Babylonian mathematics, Athenian theatre and intellectual debate, and Roman construction that has lasted millennia. We see Constantinople evolve into Istanbul, revolutionary sparks fly in Enlightenment Paris, and the railways, canals and ships that built Imperial London. In Moscow men build spaceships while other men starve, New York's skyscrapers rise up to a soundtrack of jazz, Mumbai becomes home to immense wealth and poverty, and Beijing's economic transformation leads the way.



Mindwandering by Moshe Bar
9781408888063 | Bloomsbury | TPB | R350

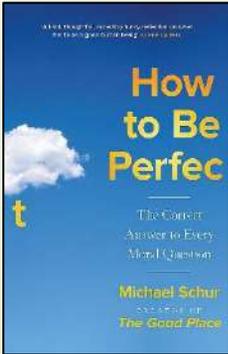
Our brains are noisy. Certain regions are always grinding away at involuntary activities like daydreaming, worrying about the future and self-chatter, taking up to forty-seven percent of our waking time. This is mind wandering and while it can tug your attention away from the present and contribute to anxiety, cognitive neuroscientist Moshe Bar reveals that there is a method behind this apparent madness. This is the first popular book to explore the multi-faceted phenomenon of our wandering minds and the cutting-edge new research behind it. Bar combines his decades of research to explain the benefits and the possible cost of mind wandering within the broader context of psychology, neuroscience, psychiatry and philosophy, providing us with practical knowledge that can help you.



The Future of Dinosaurs by David Hone
9781473692268 | Hodder & Stoughton | TPB | R355

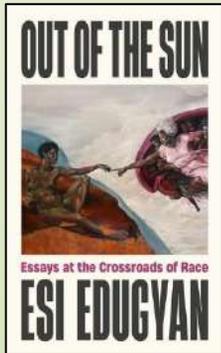
Palaeontologist Dr David Hone tells us everything we know about dinosaurs and everything we don't yet know. We have made more discoveries about dinosaurs in the last 20 years than we have in the previous 200, and there is a wealth of cutting edge research that has never been written about before, from their skin (some had feathers) to their extinction (the myth of the meteorite), much of which is David's own personal research and discovery. David Hone has personally discovered 12 new species himself and there is much still to discover. He shows us the extraordinary advances in palaeontological research that are starting to fill in these gaps, and sets out the future of dinosaurs for the next generation

Non- Fiction



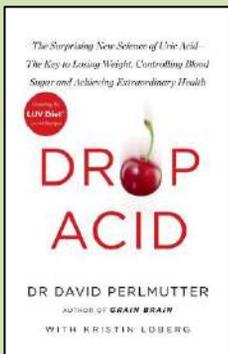
How to be Perfect by Mike Schur
9781529421330 | Quercus | TPB | R355

How can we live a more ethical life? This question has plagued people for thousands of years, but it's never been tougher to answer than it is now, thanks to challenges great and small that flood our day-to-day lives and threaten to overwhelm us with impossible decisions and complicated results with unintended consequences. Plus, being anything close to an 'ethical person' requires daily thought and introspection and hard work; we have to think about how we can be good not, you know, once a month, but literally all the time. To make it a little less overwhelming, this fascinating, accessible and funny book, Michael Schur, boils down the whole confusing morass with real life dilemmas so that we know how to deal with ethical dilemmas.



Out of The Sun by Esi Edugyan
9781788169905 | Profile | HB | R460

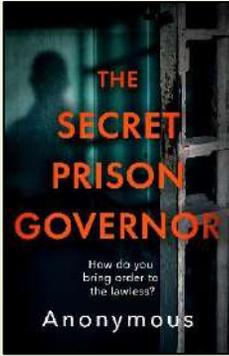
History is a construction. What happens when we begin to consider stories at the margins when we grant them centrality? How does that complicate our certainties about who we are, as individuals, as nations, as human beings? Through the lens of visual art, literature, film and the author's lived experience, *Out of the Sun* examines the depiction of Black histories in art, offering new perspectives to challenge the accepted narrative. In these ground-breaking, reflective and erudite essays adapted from her prestigious Massey Lecture series, Esi Edugyan illuminates myriad varieties of Black experience in European and global culture and history. Edugyan combines her examples with analyses of contemporary events and her own personal story in this dazzling first work of non-fiction.



Drop Acid by David Perlmutter
9781529388435 | Hodder & Stoughton | TPB | R355

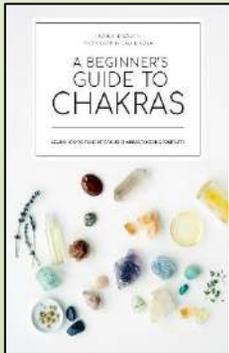
Drop Acid exposes the deadly truth about uric acid and teaches invaluable strategies to manage its levels, including: Simple dietary edits focused on reducing fructose and foods high in 'purines' that can raise uric acid. Natural hacks that lower levels such as consuming tart cherries, vitamin C, quercetin and coffee. Identifying common pharmaceuticals that threaten to increase uric acid. Lifestyle interventions, like restorative sleep and exercise. How to easily test your uric acid levels at home. A test routinely performed in your doctor's office during regular check-ups but typically ignored. Featuring the ground-breaking 'LUV' (Lower Uric Values) diet, 35 delicious recipes, self-assessment quizzes and a 21 day program for dropping levels.

Non- Fiction



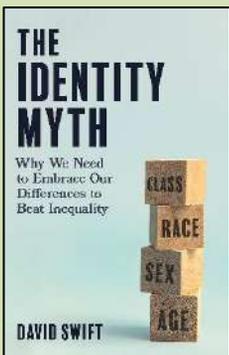
The Secret Prison Governor by The Secret Prison Governor
9781787395633 | Welbeck | PB | R200

The Secret Prison Governor has spent decades surrounded by every type of prisoner known to man, from petty thieves and street-level drug dealers to crime bosses and dangerous serial killers. Since starting as a rookie, he has experienced the reality of the UK's harsh prison system and the hard challenge of ruling those within it. In his own words, the Secret Prison Governor spares no detail of prison life, whether that's breaking up shiv fights, crushing vast underworld networks, negotiating with hostage-takers or dealing with full-scale cellblock gang wars. This is the truth of what life is like behind bars.



A Beginner's Guide to Chakras by Lisa Butterworth
9781922417626 | Abrams | HB | R445

Working with the chakras and understanding their energy will add a new depth to your health and well-being. With roots in ancient India, the chakra system has evolved into a modern-day tool for balance and healing. This introductory book offers an easy-to-understand overview and guidance for tuning into, caring for, and engaging with your energetic centres, including chakra-specific yoga poses, crystals, food and herbs and visualisations, for an eye-opening journey towards greater love and expansion.

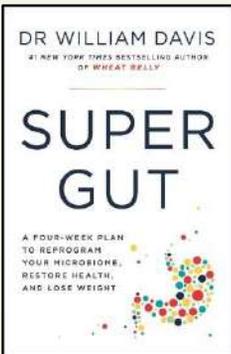


The Identity Myth by David Swift
9780349135359 | Little Brown | TPB | R355

2021 saw the rise of anti-racism, as white people sought to be better allies to people of colour. However, well-meaning white activists have unknowingly been perpetuating the very ideas they claim to be fighting against.

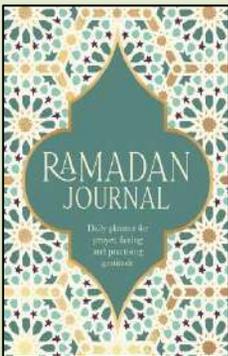
Neo-Orientalism is an exaggeration of racial difference, and something that many activists are unconsciously promoting. In this rousing and invaluable read, David Swift urges his fellow white activists to reflect on their behaviour, revealing how our well-meaning language and political arguments are feeding Neo-Orientalism and further widening the chasm of racial inequality.

Non- Fiction



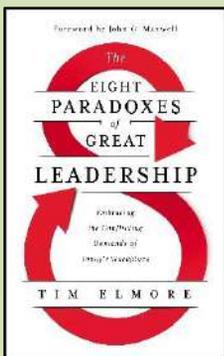
Super Gut by Dr William Davis
9781399701815 | Hodder & Stoughton | TPB | R355

1 in 3 people have SIBO (small intestinal bacterial overgrowth), which causes a long list of health issues and illnesses. It is a silent and profound epidemic created by the absence of microbial species that our ancestors had even 50-100 years ago, which have been erased by the industrialisation of food and medicine. *Super Gut* shares a four-week plan to reprogram your microbiome based on research and techniques that not only gets to the root of many diseases but improves levels of oxytocin (the bonding/happy hormone), brain health and promotes anti-aging and weight loss. Dr Davis provides not just the science and case studies but also more than 40 recipes and solutions.



Ramadan Journal by Ramadan Journal Team
9780751585476 | Little Brown | TPB | R240

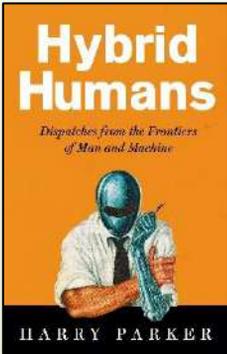
Organise and focus your Ramadan with this 30-day planner, for tracking daily prayers, goals, fasting, reading of the Quran, and to-dos. With daily duas and free journaling space, you can reflect on your progress and end each day with gratitude. With this journal, you can, Organise your life around the things that truly matter. Set, plan and track progress towards your goals. Reflect on what you learn and what you can do to continue your worship after Ramadan. Prepare and plan for Eid-ul-Fitr with your loved ones. It's also undated, so it can be used any year. Motivating and practical, this journal is the perfect companion for a fulfilling and productive Ramadan.



The Eight Paradoxes of Great Leadership ITPE by Tim Elmore
9781400233144 | HarperCollins Leadership | TPB | R350

Author Dr. Tim Elmore helps leaders of all kinds navigate increasingly complex, rapidly changing environments, as well as manage teams who bring a range of new demands and expectations to the workplace that haven't been seen even one generation prior. After working alongside John C. Maxwell for twenty years, Tim offers counter-intuitive paradoxes that, when practiced, enable today's leader to differentiate themselves and better connect with their team and customers. The book furnishes ideas that equip leaders to inspire team members in a way a paycheck never could. Having trained hundreds of thousands of young professionals to develop into leaders. Dr. Elmore shares the secrets of next generation leaders.

Non- Fiction

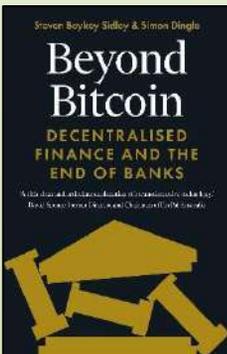


Hybrid Humans by Harry Parker
9781788163101 | Profile | HB | R410

Harry Parker's life changed overnight when he lost his legs to an IED in Afghanistan. That took him into an often-surprising landscape of a very human kind of hacking, and he wondered, are all humans becoming hybrids?

Whether it's putting on contact lenses every day or DIY biohackers tinkering in garages, Parker introduces us to the exhilarating breadth of human invention - and intervention.

Grappling with his own new identity and disability, he discovers the latest robotics, tech and implants that might lead us to powerful, liberating possibilities for what a body can be.

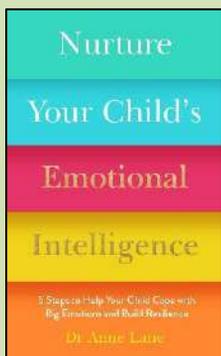


Beyond Bitcoin by Simon Dingle & Steven Boykey Sidley
9781785788307 | Icon | BPB | R275

Tech and finance experts Steven Boykey Sidley and Simon Dingle argue that DeFi, which enables all manner of financial transactions to take place directly, person to person, without the involvement of financial institutions, will redesign the cogs and wheels in the engines of trust, and make the remarkable rise of Bitcoin look quaint by comparison.

It will disrupt and displace fine and respectable companies, if not entire industries.

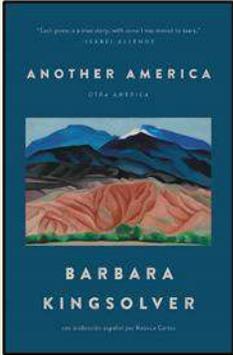
Sidley and Dingle explain how DeFi works, introduce the organisations and individuals that comprise the new industry, and identify the likely winners and losers in the coming revolution.



Nurture Your Child's Emotional Intelligence by Dr Anne Lane
9781789562620 | Welbeck | PB | R290

We teach our children how to tie their shoelaces, how to read, how to ride a bike. We explain the weather and rainbows and why people have jobs. But when it comes to explaining the forceful, baffling, intense and marvellous emotions that we might experience, well, things become vague. Nurturing your child's 'emotional intelligence', so they can understand and process their own emotions, is one of the most important things you can teach your child. But parents are often at a loss as to how best to do this. And your child's big, complex emotions can also be somewhat scary. In this book, Dr Anne Lane provides a compass to help parents teach their children the crucial life skills that create emotional intelligence.

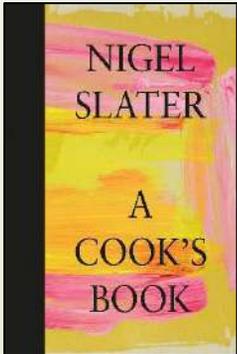
Non- Fiction



Another America/Otra America by Barbara Kingsolver
9781541600386 | Hachette | TPB | R310

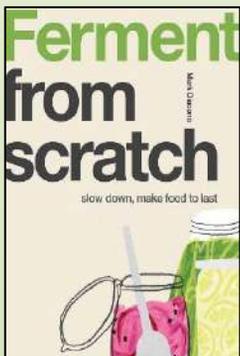
Interweaving past political events, from the US-backed dictatorships in South America to the government surveillance carried out in the Reagan years, Kingsolver's early poetry expands into a broader examination of the racism, discrimination, and immigration system she witnessed at close range. The poems coalesce in a record of her emerging adulthood, in which she confronts the hypocrisy of the national myth of America, a confrontation that would come to shape her not only as an artist, but as a citizen. With a new introduction from Kingsolver that reflects on the current border crisis, *Another America* is a striking portrait of a country deeply divided between those with privilege and those without, and the lives of urgent purpose that may be carved out in between.

Cookery



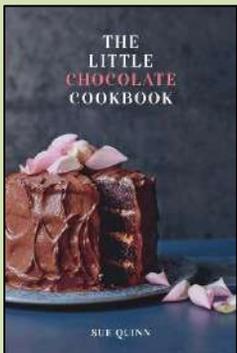
A Cook's Book by Nigel Slater
9780008213763 | HarperCollins | HB | R800

From the first jam tart Nigel made with his mum standing on a chair trying to reach the Aga, through to what he is cooking now, this is the ultimate Nigel Slater collection brimming with over 200 recipes. He writes about how his cooking has changed from discovering the best way to roast a chicken to the trick to smoky, smooth aubergine mash. He gives the tales behind the recipes and recalls the first time he ate a baguette in Paris, his love of jewel-bright Japanese pickled radishes and his initial slice of buttercream-topped chocolate cake. These are the favourite recipes Nigel Slater cooks at home every day; the heart and soul of his cooking. Chapters include: a slice of tart, a chicken in the pot, everyday greens, the solace of soup and the ritual of tea. This is the essential Nigel Slater.



Ferment from Scratch by Mark Diacono
9781787138346 | Hardie Grant | HB | R270

From homemade kimchi to kombucha, shrub cocktails, and making your own pickles, award-winning food writer Mark Diacono tells the story of fermentation, and offers recipes that maximise the transformative power of this amazing process. *Ferment from Scratch* offers a gentle guiding hand on a natural process that would happen without you, encouraging largely invisible activity of bacteria to work to your advantage. These skills take little of your time, they are particular yet simple, and the results are extraordinary. Packed with useful, accessible information and focussing on back-to-basics skills, the From Scratch series is designed to inspire you to slow down and create.

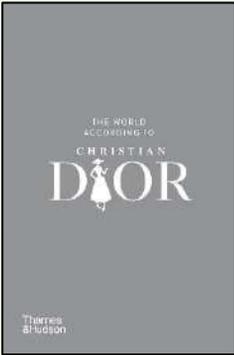


The Little Chocolate Cookbook by Sue Quinn
9781787138568 | Hardie Grant | HB | R210

For every baker with a sweet tooth, chocolate recipes are the ultimate treat. This cookbook will delight with its stunning photography and 30 recipes for cakes and breads, desserts, cookies, and bits and pieces. Whether just for you, or for a friend who's a mad chocolate fan, this is the perfect gift. It's full of inspiration for all types of occasion and includes the perfect recipe whether you're new to baking, or an old hand! Many of the recipes make lovely gifts in themselves, so why not make someone special a batch of chocolate bark or some chocolate-dipped shortbread? Enjoy the sweeter side of life with this irresistible little cookbook.

Illustrated

Review copies are subject to availability



The World According to Christian Dior by Patrick Mauriès & Jean-Christophe Napias
9780500024140 | Thames & Hudson | HB | R385

Credited with creating some of the most luxurious and spectacular haute couture pieces of all time, Christian Dior became a fashion icon overnight in 1947 with the launch of his 'New Look' - sumptuous hourglass silhouettes that provided a welcome tonic to the austerity of wartime. Its wild success, and the global fame that ensued, was built on the designer's subtle understanding of fashion, couture, style, elegance and women, a perspective and insight best revealed in Dior's own words, which are gathered here for the first time. Rightly described as the 'Designer of Dreams' in the recent blockbuster exhibition on the house of Dior that attracted millions of visitors the world over, Christian Dior was an unrivalled arbiter in the world of high fashion.



Dior: New Looks by Jérôme Gautier
9780500025048 | Thames & Hudson | HB | R1180

Christian Dior achieved immortality with his first collection in 1947. His 'New Look' amazed the world as it emerged after wartime austerity and reset the boundaries of modern elegance. *Dior's* search for the perfect line and the ideal silhouette has been celebrated by couturiers of the first rank: Yves Saint Laurent, Marc Bohan, Gianfranco Ferré, John Galliano, Raf Simons and Maria Grazia Chiuri have all made their distinctive contribution. This book honours Dior's influence by celebrating the elements of style for every generation since 1947, through inspired pairings of classic and contemporary photographs. Six thematic chapters express outstanding Dior characteristics, including the silhouette, the evening gown and the eternal muse.

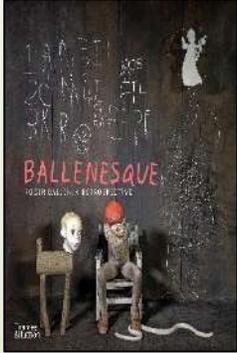


The Queen: 70 Glorious Years by Royal Collection Trust
9781909741829 | Thames & Hudson | HB | R735

Delightfully informal family photographs of The Queen as a young girl, as a young wife and mother, on holiday and enjoying the company of her children and dogs are joined by more formal images illustrating the official life of the monarch, on grand state occasions, such as the Coronation, the State Opening of Parliament and Trooping the Colour, not to mention her memorable encounter with James Bond and her dramatic arrival at the ceremony marking the opening of the 2010 London Olympics. Each photograph is accompanied by resonant quotations from speeches given by the Queen over the years. Love of family, fondness for animals, a keen sense of humour, staunch belief in the Commonwealth as a force for good in the world, and gratitude to all the people around the world.

Illustrated

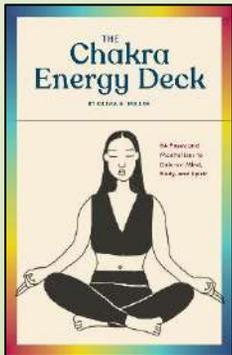
Review copies are subject to availability



Ballenesque by Roger Ballen

9780500296554 | Thames & Hudson | HB | R1330

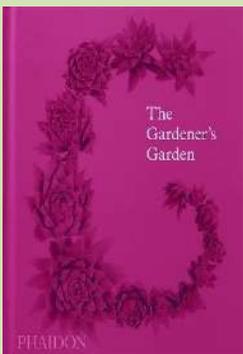
Separated into four parts, *Ballenesque* takes readers on a visual, chronological journey through Roger Ballen's entire oeuvre, including both iconic images and previously unpublished photographs. Part I explores his formative artistic influences and his later rediscovery of boyhood through photography, culminating in his first published monograph, *Boyhood*, in 1979. Part II then charts the period between 1980 and 2000, during which time his deeper search for the elemental self-found its way into the 'Dorps', or small towns, of South Africa and concluding with the release of his seminal monograph *Outland*. Part III covers the years 2000–2013, when Ballen achieved global recognition with *Shadow Chamber* and *Boarding House* and his work began to veer away from portraiture altogether.



The Chakra Energy Deck by Olivia Miller

9781797211282 | Chronicle | HB | R350

Health and well-being have long been attributed to the balance of the seven primary chakras, Root, Sacral, Solar Plexus, Heart, Throat, Third Eye, and Crown, the vital energy centres within the body through which all life energy flows. This illustrated deck offers 64 easy-to-follow exercises to help unblock and align your chakras through meditations, breath work, mudras, affirmations, and yoga poses. With a booklet that provides an overview of each chakra as well as corresponding elements, colours, crystals, essential oils, and more, this deck is an invaluable tool for anyone interested in learning more about subtle energies and harmonizing mind, body, and spirit.

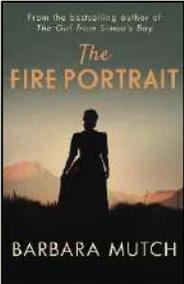


The Gardener's Garden by Phaidon Editors

9781838664121 | Phaidon | HB | R1005

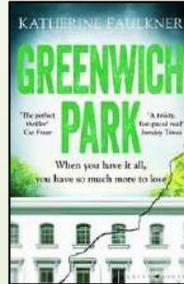
This internationally bestselling inspirational resource for garden-lovers and designers is now reissued with a gorgeous new cover, bringing the book's winning blend of authority and visual appeal to a new audience. *The Gardener's Garden* spans seven centuries to spotlight more than 250 of the globe's finest permanent gardens by leading garden designers, horticulturalists, and landscape architects, as chosen by an international team of experts. Gardens of all types and style from across the globe, from the grandeur of Versailles to a private sanctuary in Marrakech, have been brought to life through more than 1,000 sumptuous photographs and detailed descriptive texts by leading garden writers. This is both a valuable resource for those seeking inspiration on garden design and planting and the ideal gift for garden-lovers everywhere.

Paperback Fiction



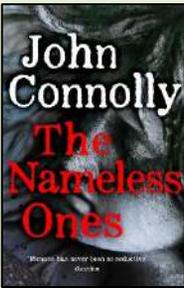
The Fire Portrait by Barbara Mutch
9780749026790 | R225

The page-turning novel of love and loss.



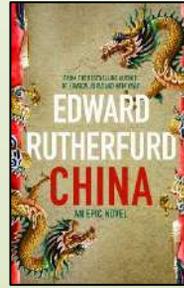
Greenwich Park by Katherine Faulkner
9781526626509 | R205

Most compulsive debut thriller, about motherhood, friendships and the secrets we keep.



The Nameless Ones by John Connolly
9781529398366 | R215

Private Investigator Charlie Parker returns in this heart-pounding thriller.



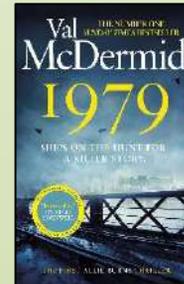
China by Edward Rutherford
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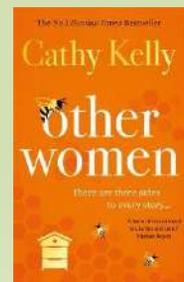
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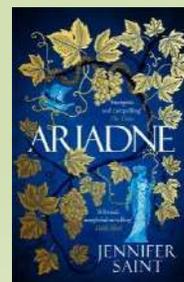
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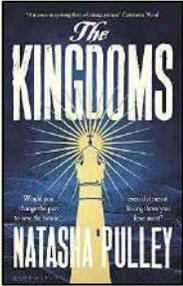
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A mesmerising retelling of the ancient Greek myth of Theseus and the Minotaur.

Paperback Fiction



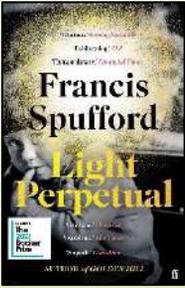
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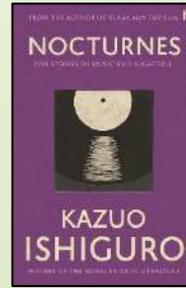
The Unconsoled by Kazuo Ishiguro
9780571283897 | R260

The Unconsoled is an utterly original Masterpiece.



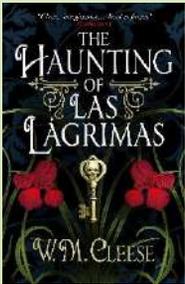
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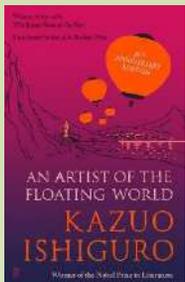
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An atmospheric Gothic ghost story.



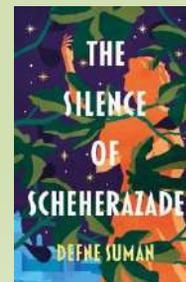
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An Artist of the Floating World by Kazuo Ishiguro
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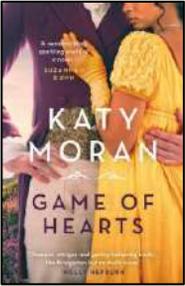
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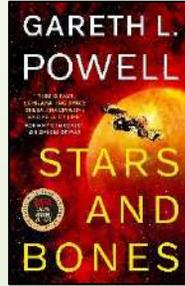
This unforgettable novel reveals a city, and a culture, now lost to time.

Paperback Fiction



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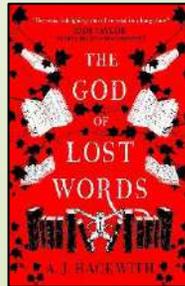
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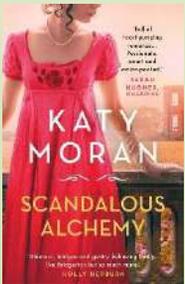
Wicked By Design by Katy Moran
9781801104371 | R225

The Regency Romance Trilogy, 2.



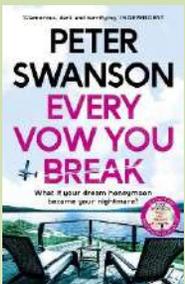
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Scandalous Alchemy by Katy Moran
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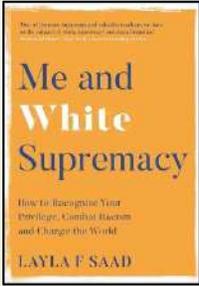
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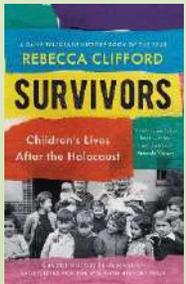
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9781788162845 | R300

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9780300264708 | R325

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