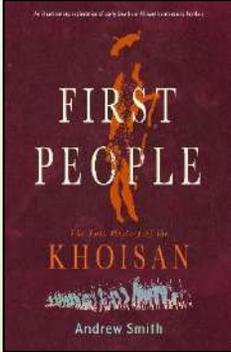


Jonathan Ball Publishers

January & February 2022 Highlights

Jonathan Ball Publishers



First People: The Lost History Of The Khoisan by Andrew Smith
9781776191598 | Jonathan Ball Publishers | TPB | R250

First people communities are the groups of hunter-gatherers and herders, representing the oldest human lineages in Africa, who migrated from as far as East Africa to settle across southern Africa, in what is now Namibia, Botswana and South Africa. These groups, known today as the Khoisan, are represented by the Bushmen (or San) and the Khoe (plural Khoekhoen). Archaeologist, Andrew Smith examines what we know about southern Africa's earliest inhabitants, drawing on evidence from excavations, rock art, the observations of colonial-era travellers, linguistics, the study of the human genome and the latest academic research. Richly illustrated, First People is an invaluable and accessible work that reaches from the Middle and Late Stone Age to recent times and explores how the Khoisan were pushed to the margins of history and society.



Terreur en Bevryding: Die ANC/SAKP, die kommunisme en geweld (1961 - 1990) deur Leopold Scholtz
9781776191673 | Jonathan Ball Publishers | TPB | R285

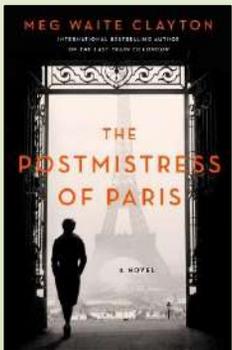
Wie die ANC vandag wil verstaan, moet sy verhouding met die Suid-Afrikaanse Kommunistiese Party (SAKP) en sy optrede in ballingskap ondersoek. Dié party se beleid en manier van regeer is naamlik diep beïnvloed deur die kommunisme, skryf die politieke kommentator Leopold Scholtz. *In Terreur en Bevryding* toon hy aan hoe die SAKP reeds in 1927 opdrag van die Kremlin ontvang het om die ANC te infiltrer en mettertyd die leiding daarvan oor te neem as deel van 'n revolusie wat in twee fases sou plaasvind. Die eerste fase sou 'n nasionaal demokratiese revolusie wees, 'n konsep wat steeds deel is van die ANC se beleid. In die tweede fase sou die alliansie 'n Marxisties-Leninistiese "diktatuur van die proletariaat" in Suid-Afrika vestig. Volgens Scholtz sou dit 'n immorele stelsel met beperkte vryheid meebring.

Fiction



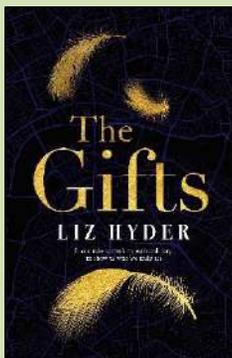
Violeta by Isabel Allende
9781526648358 | Bloomsbury | TPB | R330

Violeta comes into the world on a stormy day in 1920, the first girl in a family with five boisterous sons. From the start, her life is marked by extraordinary events, for the ripples of the Great War are still being felt, even as the Spanish flu arrives on the shores of her South American homeland almost at the moment of her birth. Through her father's prescience, the family will come through that crisis unscathed, only to face a new one as the Great Depression transforms the genteel city life she has known. Her family loses everything and is forced to retreat to a wild and beautiful but remote part of the country. There, she will come of age, and her first suitor will come calling. She tells her story in the form of a letter to someone she loves above all others.



The Postmistress of Paris by Meg Waite Clayton
9780063136878 | HarperCollins | TPB | R300

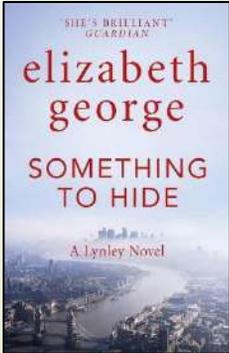
Wealthy, beautiful Naneé was born with a spirit of adventure that transcends her Midwestern roots. For her, learning to fly is freedom. When German tanks roll across the border and into Paris, this woman with an adorable dog and a generous heart joins the resistance. Known as the Postmistress because she delivers information to those in hiding, Naneé uses her charms and skill to house the hunted and deliver them to safety. Inspired by the real-life Chicago heiress Mary Jayne Gold, who worked with American journalist - Varian Fry, to smuggle artists and intellectuals out of France. Meg Waite Clayton has fashioned a sweeping tale of romance and danger, set in a world aflame with personal and political passion.



The Gifts by Liz Hyder
9781786580740 | Bonnier | TPB | R320

In an age defined by men, it will take something extraordinary to show four women who they truly are. October 1840. A young woman staggers alone through a forest in Shropshire as a huge pair of impossible wings rip themselves from her shoulders. Meanwhile, when rumours of a 'fallen angel' cause a frenzy across London, a surgeon desperate for fame and fortune finds himself in the grip of a dangerous obsession, one that will place the women he seeks in the most terrible danger. *The Gifts* is the astonishing debut adult novel. A gripping and ambitious book told through five different perspectives and set against the luminous backdrop of nineteenth century London, it explores science, nature, religion, enlightenment, the role of women in society and the dark danger of ambition.

Fiction

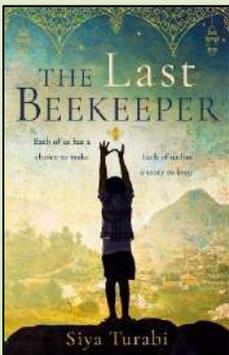


Something to Hide by Elizabeth George
9781529346558 | Hodder & Stoughton | TPB | R355

A Nigerian born detective sergeant working for the Metropolitan Police is found unconscious in her own flat and ends up in hospital where she dies of her injury.

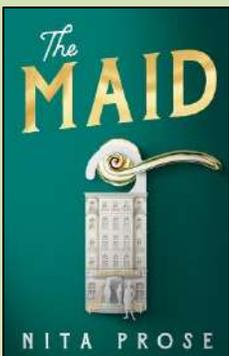
The post-mortem reveals that the subdural hematoma is the result of a blow to her head.

DI Thomas Lynley, DS Barbara Havers and DS Winston Nkata are called in to investigate a case that touches upon not only the work and the life of the murdered detective but also upon a controversial cultural tradition that damages and often destroys the future of everyone it involves.



The Last Beekeeper by Siya Turabi
9780008509552 | HarperCollins | TPB | R330

Pakistan, 1974: The secret-wreathed trees of Harikaya have always called to Hassan. He knows if he doesn't find the last beekeeper and salvage a precious jar of his mythical black honey before the floods come, his mother will lose her sight. But then he wins a scholarship to study with the state governor in Karachi amidst a brewing storm of political turmoil and simmering espionage. His entire world is turned upside down when he meets Maryam, the governor's niece visiting from London. All the while the fate of his mother and his promise to the bees calls him back to the forest, and so he must decide: Maryam or the beekeeper, England or Pakistan, his head or his heart.



The Maid by Nita Prose
9780008435738 | HarperCollins | TPB | R330

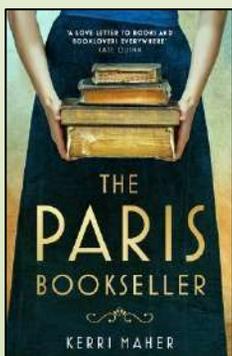
Molly the maid is all alone in the world. A nobody. She's used to being invisible in her job at the Regency Grand Hotel, plumping pillows and wiping away the grime, dust and secrets of the guests passing through. She's just a maid. Why should anyone take notice? But Molly is thrown into the spotlight when she discovers an infamous guest, Mr Black, very dead in his bed. This isn't a mess that can be easily cleaned up. And as Molly becomes embroiled in the hunt for the truth, following the clues whispering in the hallways of the Regency Grand, she discovers a power she never knew was there. She's just a maid – but what can she see that others overlook?

Fiction



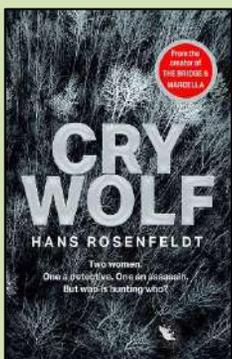
Standing Alone by Stephen Leather
9781529367478 | Hodder & Stoughton | TPB | R355

A Navy SEAL has gone rogue, selling his skills to the highest bidder as a professional assassin. Ryan French no longer cares who he kills so long as the price is right. His former bosses want him taken down, but they're not prepared to get their hands dirty, so they need a Brit to do the job. SAS trooper Matt "Lastman" Standing is a lethal killing machine with experience in Afghanistan, Iraq and Syria. Plus, he's worked with French in the past. It's not a mission he wants but Standing made a bad choice in his past and it has come back to haunt him. Now he's hunting French in the lawless Wild West forests of Humboldt County, where the US produces most of its legal and illegal cannabis.



The Paris Bookseller by Kerri Maher
9781472290779 | Headline | TPB | R355

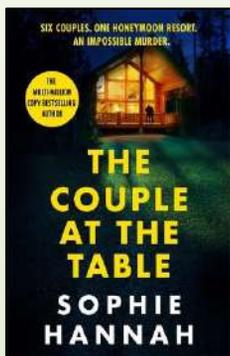
Young, bookish Sylvia Beach knows there is no greater city in the world than Paris. But when she opens an English-language bookshop on the bohemian Left Bank, Sylvia can't yet know she is making history. Many leading writers of the day, from Ernest Hemingway to Gertrude Stein, consider Shakespeare and Company a second home. Here some of the most profound literary friendships blossom and none more so than between James Joyce and Sylvia herself. When Joyce's controversial novel *Ulysses* is banned, Sylvia determines to publish it through Shakespeare and Company. But the success and notoriety of publishing the most infamous book of the century comes at deep personal cost as Sylvia risks ruin, reputation and her heart in the name of the life-changing power of books.



Cry Wolf by Hans Rosenfeldt
9780008464349 | HarperCollins | TPB | R330

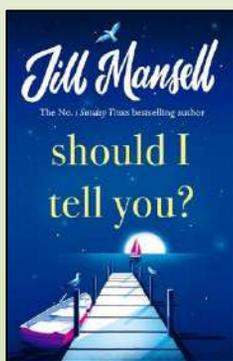
Hannah Wester, a detective in the remote northern Swedish town of Haparanda, finds herself on the precipice of chaos. When human remains are found in the stomach of a dead wolf, Hannah knows that this summer won't be like any other. The remains are soon linked to a bloody drug deal that went down just across the border in Finland. But how did the victim end up in the woods outside Haparanda? And where have the drugs and money gone? Hannah and her colleagues are soon caught up in an increasingly complex investigation. When the secretive and deadly Katja shows up, unexpected and brutal events start to pile up. In just a few days, life in the border town is turned upside down.

Fiction



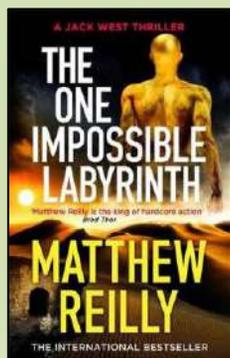
The Couple at the Table by Sophie Hannah
9781529352825 | Hodder & Stoughton | TPB | R355

You're on your honeymoon at an exclusive couples-only resort. You receive a note warning you to 'Beware of the couple at the table nearest to yours'. At dinner that night, five other couples are present, and none of their tables is any nearer or further away than any of the others. It's as if someone has set the scene in order to make the warning note meaningless. But why would anyone do that? You have no idea. You also don't know that you're about to be murdered, or that once you're dead, all the evidence will suggest that no one there that night could possibly have committed the crime.



Should I Tell You? by Jill Mansell
9781472248572 | Headline | TPB | R355

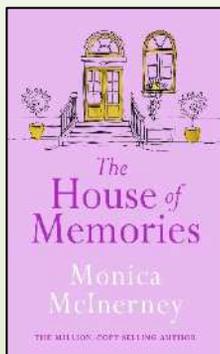
Amber, Lachlan and Raffaele met as teenagers in the seaside home of kind-hearted foster parents. Arriving in glorious Cornwall was the best thing that ever happened to them and now, as adults, their bond is stronger than ever. But Amber has a secret. She's in love with Lachlan. She can't confess her feelings because that would never work. Restless Lachlan dates a lot and isn't the settling-down type. Surely, it's better to keep him as a friend than to risk losing him for good? Raffaele has his own dilemma. He had the dream girlfriend in Vee, until it all went horribly wrong and he still can't understand why. Is Vee hiding something from him? Now their widowed foster dad Teddy thinks he's found love again. Younger, charming and strikingly beautiful, is Olga as perfect as she seems?



The One Impossible Labyrinth by Matthew Reilly
9781409194446 | Orion | TPB | R355

The End Is Here. Jack West Jr has made it to the Supreme Labyrinth. Now he faces one last race against multiple rivals, against time, against the collapse of the universe itself, a headlong race that will end at a throne inside the fabled labyrinth. But the road will be hard. For this is a maze like no other: a maze of mazes. Uncompromising and complex. Demanding and deadly. A Cataclysmic Conclusion. It all comes down to this. It ends here - now - in the most lethal and dangerous place Jack has encountered in all of his many adventures. And in the face of this indescribable peril, with everything on the line, there is only one thing he can do. Attempt the impossible.

Fiction

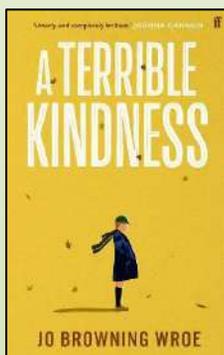


The House of Memories by Monica McInerney
9781787397149 | Welbeck | PB | R200

Following a tragic accident, Ella O'Hanlon flees to the other side of the world in an attempt to escape her grief, leaving behind the two people she blames for her loss: Aidan, the love of her life, and Jess, her spoilt half-sister.

In London, Ella is taken in by her beloved uncle Lucas, whose extraordinary house, holds many wonderful memories for her.

Along with other members of the very colourful Fox family, Lucas helps Ella to see that she is not the only one still hurting, and that forgiveness can be the greatest healer in a family and in a marriage.



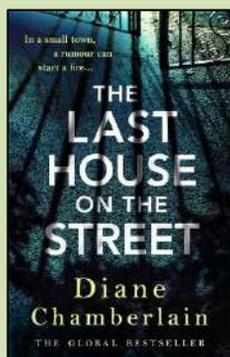
A Terrible Kindness by Jo Browning Wroe
9780571368303 | Faber & Faber | TPB | R320

It is October 1966 and William Lavery is having the night of his life at his first black-tie do. But, as the evening unfolds, news hits of a landslide at a coal mine. It has buried a school: Aberfan.

William decides he must act, so he stands and volunteers to attend. It will be his first job as an embalmer, and it will be one he never forgets.

His work that night will force him to think about the little boy he was, and the losses he has worked so hard to forget.

But compassion can have surprising consequences, because, as William discovers, giving so much to others can sometimes help us heal ourselves.

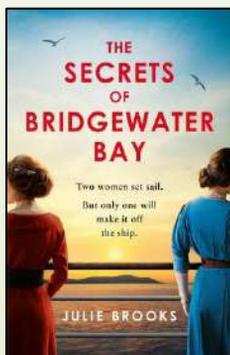


The Last House on the Street by Diane Chamberlain
9781472271211 | Headline | TPB | R355

1965. A young white female student becomes involved in the fight for civil rights in North Carolina, falling in love with one of her fellow activists, a Black man, in a time and place where an interracial relationship must be hidden from family, friends and especially the re-emerging Ku Klux Klan. As tensions rise in the town, she realises not everyone is who they appear to be.

2010. A recently widowed architect moves into the home she and her late husband designed, heartbroken that he will never cross the threshold. But when disturbing things begin to happen, it's clear that someone is sending her a warning. Who is trying to frighten her away, and why? Decades later, past and present are set to collide in the last house on the street.

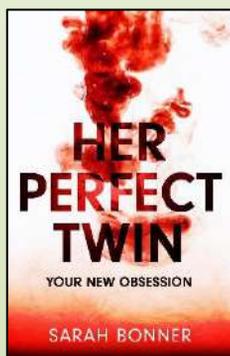
Fiction



The Secrets of Bridgewater Bay by Julie Brooks
9781472279149 | Headline | TPB | R355

England, 1919: Rose and Ivy board a ship bound for Australia. One is travelling there to marry a man she has never met. One is destined never to arrive.

Australia, 2016: Amongst her late-grandmother's possessions, Molly uncovers a photograph of two girls dressed in First World War nurses' uniforms, labelled 'Rose and Ivy 1917', and a letter from her grandmother, asking her to find out what happened to her own mother, Rose, who disappeared in the 1960s. Compelled to carry out her grandmother's last wish, Molly embarks on a journey to England to unravel the mystery of the two girls whose photograph promised they'd be 'together forever'.



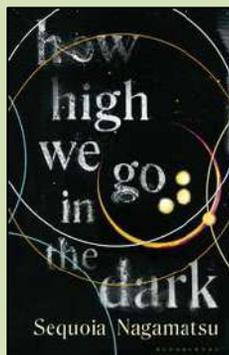
Her Perfect Twin by Sarah Bonner
9781529382716 | Hodder & Stoughton | TPB | R355

When Megan discovers photographs of her estranged identical twin sister on her husband's phone, she wants answers.

Leah already has everything Megan has ever wanted. Fame, fortune, freedom to do what she wants. And when Megan confronts Leah, an argument turns to murder.

The only way Megan can get away with killing her twin is to become her.

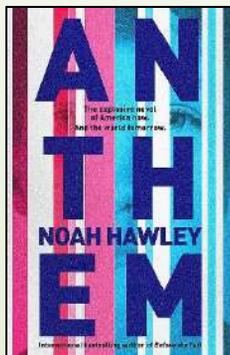
But then lockdown hits. How can she continue living two lives? And what happens if someone else knows her secret too?



How High We Go in the Dark by Sequoia Nagamatsu
9781526637192 | Bloomsbury | TPB | R340

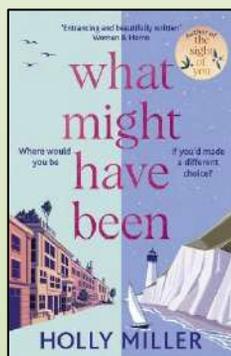
Dr. Cliff Miyashiro arrives in the Arctic Circle to continue his recently deceased daughter's research, only to discover a virus, newly unearthed from melting permafrost. The plague unleashed reshapes life on earth for generations. Among those adjusting to this new normal are an aspiring comedian, employed by a theme park designed for terminally ill children, who falls in love with a mother trying desperately to keep her son alive; a scientist who, having failed to save his own son from the plague, gets a second chance at fatherhood, a man who, after recovering from his own coma, plans a block party for his neighbours that have survived their families and a widowed painter and her teenaged granddaughter who must set off on cosmic quest to locate a new home planet.

Fiction



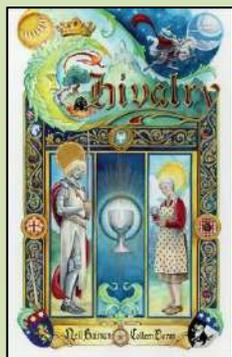
Anthem by Noah Hawley
9781444779806 | Hodder & Stoughton | TPB | R335

America spins into chaos as the last remnants of political consensus break apart. Against a background of environmental disaster and opioid addiction, debate descends into violence and militias roam the streets while teenagers across the world seem driven to self-destruction, communicating by memes only they can understand. Yet the markets still tick up and the super-rich, like Ty Oliver, fly above the flames in private jets. After the death of his daughter, Ty dispatches his son Simon to an Anxiety Abatement Centre. There he encounters another boy called the Prophet. And the Prophet wants him to join a quest. Before long, Simon is on the road with a crew of new comrades on a rescue mission as urgent as it is enigmatic.



What Might Have Been by Holly Miller
9781529324419 | Hodder & Stoughton | TPB | R355

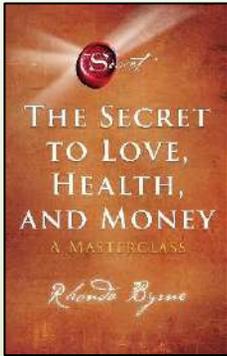
Lucy's life is at a crossroads. She's just walked out of her unrewarding job and has no idea about her next step: use her savings to pursue her dream of becoming a writer, or move to London to try and revive her career? It almost seems like fate that on that same night she meets Caleb, a stranger in a bar, and runs into Max, the one-time love of her life. Should Lucy stay in the seaside town she grew up in, and in doing so, get to know Caleb better? Or should she go to London and reconnect with Max again after he broke her heart a decade ago? It's just one decision, but sometimes one decision can change the course of your whole life.



Chivalry by Neil Gaiman
9781472290649 | Headline | HB | R355

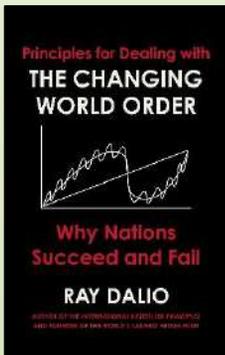
An elderly widow buys what turns out to be the Holy Grail from a second-hand shop, setting her off on an epic journey with an ancient knight who lures her with ancient relics in the hope of winning the cup. From the Eisner and Bram Stoker-award winning team of Snow, Glass, Apples comes a beautiful, brand-new graphic novel adaptation.

Non- Fiction



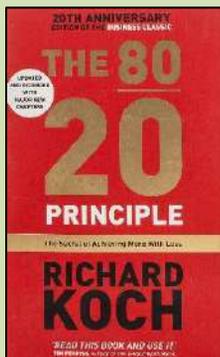
The Secret to Love, Health, and Money: A Masterclass by Rhonda Byrne
9781398512399 | Simon & Schuster | TPB | R330

Rhonda Byrne presents many inspiring examples of real-life cases from people who have used *The Secret* to achieve personal happiness, wellbeing and success. Subjects covered in Part 1, include the power of positive thoughts and feelings, gratitude in relationships, imagining the perfect partner, and the creative process for attracting new and better relationships. Part 2 features a series of focused and intensive lessons about topics including health and wellbeing, self-healing, overcoming chronic and incurable diseases, weight loss, the subconscious mind and the immune system and the placebo of positive thinking. Part 3 explains how the law of attraction applies specifically to wealth and your relationship with money. Using these powerful processes, you will experience first-hand the transformation that can happen across all areas of your life.



Principles for Dealing with the Changing World Order by Ray Dalio
9781471196690 | Simon & Schuster | HB | R510

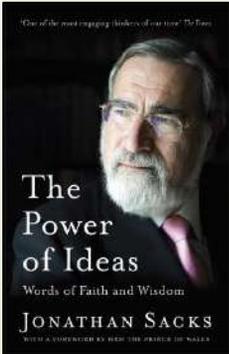
A few years ago, Ray Dalio noticed a confluence of political and economic conditions he hadn't encountered before. They included huge debts and zero or near-zero interest rates that led to massive printing of money in the world's three major reserve currencies; big political and social conflicts within countries, especially the US, due to the largest wealth, political and values disparities in more than 100 years; and the rising of a world power (China) to challenge the existing world power (US) and the existing world order. The last time that this confluence occurred was between 1930 and 1945. This realisation sent Dalio on a search for the repeating patterns and cause/effect relationships underlying all major changes in wealth and power over the last 500 years.



The 80/20 Principle (New Edition) by Richard Koch
9781529370454 | John Murray | TPB | R355

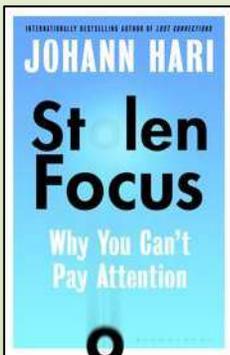
In the past, the principle gave those who used it a serious advantage. In the future, it will be the essential tool for anyone who wants to succeed. And it is powerful. Based on the counter-intuitive but widespread fact that 80% of results flow from 20% of causes, *The 80/20 Principle* shows how you can achieve much more with much less effort, time and resources, simply by concentrating on the all-important 20%. This major new edition includes four brand new chapters showing how to: Use the rise of networks to your advantage. Benefit from more acute 90/10 and 99/1 forms of the principle. Tap into your subconscious to exert a super-potent and amazingly favourable influence on your life. Enjoy greater success with 5 mega rules to live by.

Non- Fiction



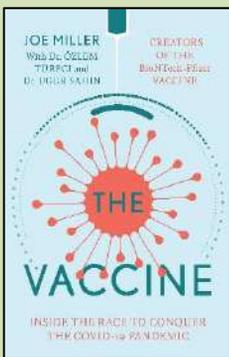
The Power of Ideas by Jonathan Sacks
9781399800037 | Hodder & Stoughton | TPB | R355

From his appointment as Chief Rabbi in 1991, through to his death in November 2020, Rabbi Lord Jonathan Sacks made an incalculable contribution not just to the religious life of the Jewish community but to the national conversation and increasingly to the global community on issues of ethics and morality. Commemorating the first anniversary of his death, this volume brings together a compelling selection of Jonathan Sacks' BBC Radio Thought for the Day broadcasts, Credo columns from The Times, and a range of articles published in the world's most respected newspapers, along with his House of Lords speeches and keynote lectures. First heard and read in many different contexts, these pieces demonstrate with striking coherence the developing power of Sacks' ideas, on faith and philosophy alike.



Stolen Focus by Johann Hari
9781526620163 | Bloomsbury | TPB | R350

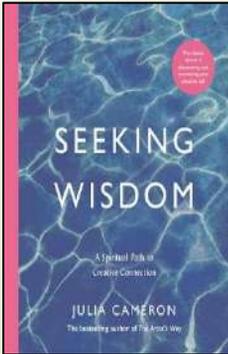
For *Stolen Focus*, internationally bestselling author Johann Hari went on a three-year journey to uncover the reasons why our teenagers now focus on one task for only 65 seconds, and why office workers on average manage only three minutes. He interviewed the leading experts in the world on attention and learned that everything we think about this subject is wrong. We think our inability to focus is a personal failing, a flaw in each one of us. It is not. This has been done to all of us by powerful external forces. Our focus has been stolen. Johann discovered there are twelve deep cases of this crisis, all of which have robbed some of our attention.



The Vaccine by Joe Miller
9781802791242 | Welbeck | TPB | R335

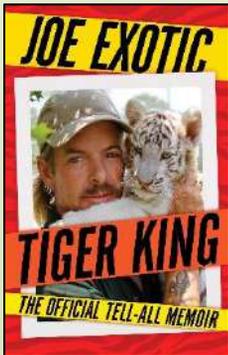
Before Covid-19 was even given its name, a select group of scientists in Germany, assembled by married couple and decades-long research partners Uğur Şahin and Özlem Türeci, began building 20 potential vaccines. As the deadly disease spread from country to country, what followed was a desperate race against time to conduct rigorous tests and clinical trials, whilst navigating political interference and seeking the support of the pharmaceutical industry. Shedding a light on the science behind the breakthrough, *The Vaccine* tells the story of the trailblazers who led the fightback against Covid-19, whose discoveries could now help the world tackle cancer, along with many other pervasive diseases. It draws back the curtain on one of the most important medical achievements of our age.

Non- Fiction



Seeking Wisdom by Julia Cameron
9781788168250 | Profile | TPB | R460

From the bestselling author of *The Artist's Way* comes a deeply personal account of pain, healing and growth. Using her own history of alcoholism as a springboard, Julia shows the reader how to harness prayer in whatever form that takes for the individual to overcome seemingly insurmountable obstacles and forge ahead towards becoming the person they were meant to be. *Seeking Wisdom* is a guide to 'creative unblocking' a spiritual path to deeper creativity and a more profound connection to the divine. Filled with meditations, creative exercises, and Julia's characteristic positivity, *Seeking Wisdom* is further proof that Julia Cameron is the queen of change.



Tiger King by Joe Exotic
9781982180423 | Simon & Schuster | HB | R380

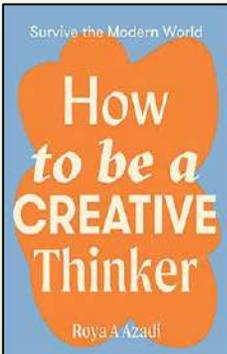
Shortly after his arrest (for charges including hiring a hitman to murder his rival, Carole Baskin), Joe Exotic began keeping a daily journal of his life behind prison walls. In support of his defence, Joe began writing everything he wished he could tell a jury of his peers. Little did Joe know that mere months later, the self-proclaimed "gun-toting, gay redneck with a mullet" would become one of the most famous men in the world. Written entirely while incarcerated, this no-holds-barred memoir is Joe Exotic's first, and maybe only, chance to tell his side of the story, the full story. Despite never having seen *Tiger King*, Joe is aware of what's been said about him, and he's eager to answer all the questions the world is dying to know.



The Queen by Matthew Dennison
9781788545921 | Head of Zeus | PB | R245

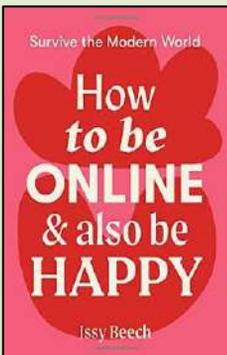
For millions of people, both in Britain and across the world, Elizabeth II is the embodiment of monarchy. Her long-life spans nearly a century of national and global history, from a time before the Great Depression to the era of Covid-19. Her reign embraces all but seven years of Britain's post-war history. She has been served by fifteen UK prime ministers from Churchill to Johnson and witnessed the administrations of thirteen US presidents from Truman to Trump. The vast majority of Britons cannot remember a world without Elizabeth II as head of state and the Commonwealth. In this brand-new biography of the longest-reigning sovereign in British history, Matthew Dennison traces her life and reign across an era of unprecedented and often seismic social change.

Non- Fiction



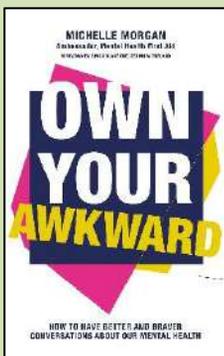
How to Be a Creative Thinker by Roya A Azadi
9781743797198 | Hardie Grant | PB | R210

How to Be a Creative Thinker is a map to your creative mind, the places your creative potential resides, and the allies and enemies along the way. It's a practical guide to the science and the psychology of creativity and the conditions required for cultivating it. We think creativity is for those lucky enough to be born with it, something you either have or you don't. But this is untrue. Creativity is more than God-given talent, and it's more than artistic flair. It's the ability to come up with a new idea in any area or setting. And most importantly, it can be earned by anyone.



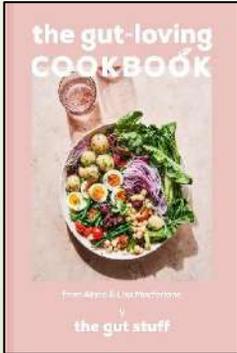
How to Be Online and Also Be Happy by Issy Beech
9781743796610 | Hardie Grant | PB | R210

While spending time online can be one of the most fulfilling aspects of our lives, it's also a source of great discontent, addiction and anxiety. But there's no reason to believe that the internet itself is making us sad, it's the way we are using and engaging with it. *How to Be Online and Also Be Happy* will teach you how to cultivate a conscientious and good-feeling relationship with the internet and social media. Offering tips and advice to help you approach this landscape, former internet addict Issy Beech will teach you how to set boundaries with your devices and show you how you can engage more purposefully, ultimately teaching you how to use the World Wide Web to make you happier.



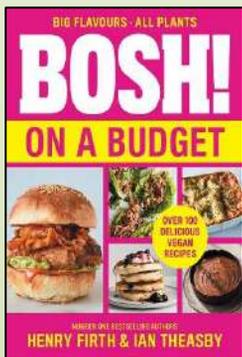
Own Your Awkward by Michelle Morgan
9781801290050 | Welbeck | PB | R290

Michelle Morgan, Mental Health First Aid Ambassador, trainer and speaker explores why we feel awkward and shows us how to talk more openly about our mental health and how we really can embrace our awkward. Through her own story of burnout, clinical depression and anxiety, combined with the lived experience of others, Michelle explains how you can transform those tricky moments into your power using four key cornerstones, confidence, capability, communication and compassion, to help reframe your story. You'll learn how to start those all-important conversations, with clear steps and practical advice. It's time to get comfortable with feeling uncomfortable, love your awkward and have better and braver conversations about mental health.



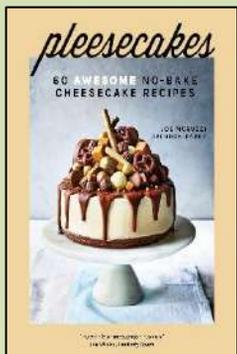
The Gut-Loving Cookbook by Alana & Lisa Macfarlane
9781911682141 | Pavilion | HB | R355

This book offers easy How-To's so you can add fermented food seamlessly into your daily diet – but don't think this book is all "holier than thou" super salads and sauerkraut, talking generous food that is familiar, friendly and most importantly "gut-ilicious". Cupboards full of spices and don't know which spice girls to put in the band? *The Gut-Loving Cookbook* contains a handy guide to get them singing harmoniously together. Comprehensive shopping lists ensure your fridge and freezer are going to have serious glow ups. This is a practicable cookbook with recipes that work with easily accessible ingredients to include the top three most important elements for a healthy digestive system; variety, fibre and ferments.



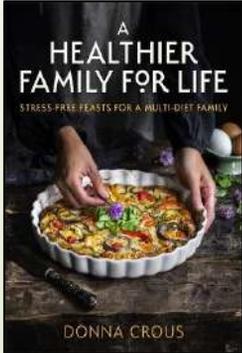
BOSH! on a Budget by Henry Firth & Ian Theasby
9780008420703 | HarperCollins | TPB | R430

Number one Sunday Times bestselling authors Henry and Ian know how to make outrageously tasty, super satisfying food without breaking the bank. In *BOSH! on a Budget*, they share over 100 delicious recipes and prove that great tasting food doesn't have to cost the earth. If you're looking to save a few cents or even some serious dough, *BOSH!* has got you covered. From hearty midweek dinners and comfort food feasts to indulgent brunches and unbelievably tasty treats, this book is also packed with money-saving hacks and batch-cooking tips and tricks. Whether you're living completely meat-free, or just looking to introduce more plant-based meals into your week, this is the money-saving cookbook for you.



Pleesecakes by Joe Moruzzi & Brendon Parry
9781787138506 | Hardie Grant | HB | R310

Featuring over 60 of their most popular no-bake recipes, there are boozy riffs on cocktails (Bang Bang Mojito, Geezer & T, Daq Attack) and breakfast (Alpacino Cappuccino and Sizzling Bacon & Maple Syrup Minis), through celebration cheesecakes (Black Forest Gateau, Eton Mess, Chilli-Willy Chocolate), plus vegan options (Avocado & Lime Minis, Protein Slices), to classic *Pleesecake* legends like the Strawberry Edge Ledge, Speculoos and White Chocolate and Fully Loaded. Their inventive toppings and out-of-this-world flavour combinations will have you drooling with anticipation, and they're so simple to make. So, pile the toppings high, and get on some DECENT desserts!



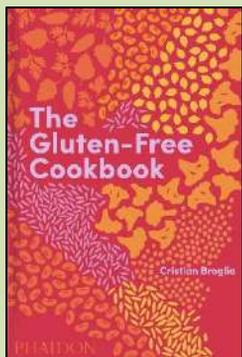
A Healthier Family for Life by Donna Crous
9781472144119 | Little Brown | TPB | R475

This book is not about the latest diet fad or trendy way of eating; it's about creating wholesome, nutritious dishes that delight the whole family without feeling restricted. Whatever diets, health conditions or food intolerances you need to cater for, this book will help your family live a happier, healthier life. In this gorgeous, practical book, health coach Donna Crous makes dinnertime less daunting and healthier, with a wide range of delicious and nutritious recipes, including some gluten-free, sugar-free and dairy-free recipes, as well as many dishes incorporating healthy fats. Donna is best known for her grain-free baking and has included recipes for Vegan Christmas Pudding and a showstopping Pear and Coffee Loaf, as well as sweet treats such as Avocado and Almond Truffles and Gut-Healing Gummies.



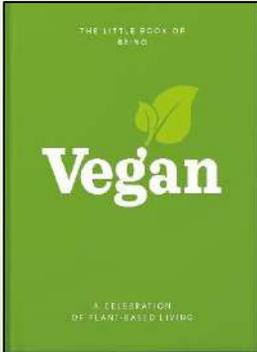
The Green Kitchen by David Frenkiel
9781784884703 | Hardie Grant | HB | R310

From quick, delicious weekday breakfasts and dinners, to more elaborate meals for weekend celebrations, this is food that will make you look and feel great. Start with the staples such as Big-batch Tomato Sauce, Rice Crêpe Batter and Lazy Lentils and you'll have the building blocks for some standout meals throughout the week. The weekend recipes are delightfully uncomplicated: from Lemon Ricotta Lasagne and light yet indulgent Va-va-voom Doughnuts. *The Green Kitchen* sets a new standard in modern and inspiring vegetarian and gluten-free recipes.



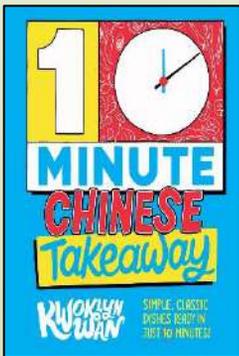
The Gluten-Free Cookbook by Cristian Broglia
9781838663131 | Phaidon | HB | R1005

This ground-breaking book proves that eating gluten-free should never limit you on taste or culinary curiosity. With 350 naturally gluten-free recipes drawing from the broadest range of international food cultures, this book brings home healthy cooking to an audience that is growing exponentially every day. This gorgeous book spotlights everyday dishes from more than 80 countries showcasing the diversity of recipes that are deliciously gluten-free by design, rather than being reliant on ingredient substitutions. From breakfast to dinner and dessert (and everything in between), these are easy-to-use recipes for any time of day, making this an essential resource and a must-have reference. Gluten-free food has millions of fans and followers, with that number continuing to grow exponentially with our increased awareness of its health and dietary benefits and advantages.



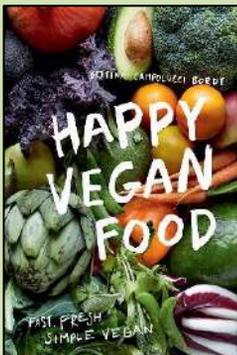
The Little Book of Being Vegan by Orange Hippo!
9781800690103 | Welbeck | HB | R135

As veganism continues to grow in popularity the world over, many people are curious about going vegan. And others who are already vegan may be looking for simple ways to explain to friends and family why they have decided to make the change. In *The Little Book of Being Vegan* you will learn what being a vegan entails, not just your diet, but how to shop and live your life, dealing with negative comments, making sure you're getting the right vitamins and minerals and much more. With a little bit of planning and a positive attitude, absolutely anyone can adopt a plant-based lifestyle, and this little book will show you how.



10-Minute Chinese Takeaway by Kwoklyn Wan
9781787137417 | Hardie Grant | HB | R335

Cooking star Kwoklyn Wan offers over 80 inventive ways of getting food on the table in 10 minutes flat, from start to finish, quicker than doing an online order or picking up the phone! Here he shares fuss-free and delicious recipes for the likes of Sweet and Sour Pork, Roast Duck in Hoi Sin Sauce, King Prawn Noodles, Rice Noodle Soup, Crispy Chilli Tofu, Marinated Tofu and many more. With Kwoklyn's amazing recipes and handy shortcuts, it really is THAT easy.

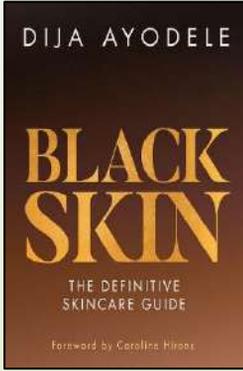


Happy Vegan Food by Bettina Campolucci Bordi
9781784884673 | Hardie Grant | HB | R310

With recipes including Hearty Buckwheat Waffles, a tasty Korean Pancake, a delicious yet quick One Pot Curry in a Hurry, and the decadent Hazelnut Bites, Bettina proves that nutritious food doesn't have to be restrictive. *Happy Vegan Food* is designed to take you through your busy day by including ideas for breakfast, lunch, dinner, meals for one, desserts and snacks, and will easily meet the needs of any modern household. Whether you're looking to eat more veggies or have decided to turn vegan but don't want to compromise on taste, Happy Vegan Food is the perfect book for you.

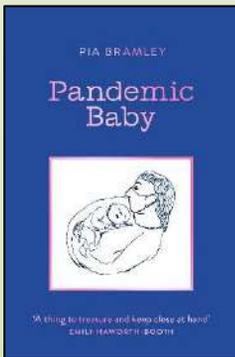
Illustrated

Review copies are subject to availability



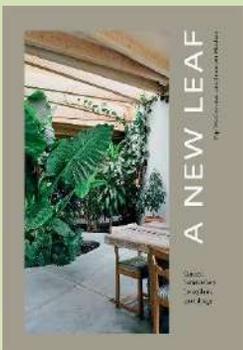
Black Skin by Diya Ayodele
9780008464158 | HarperCollins | HB | R360

Diya Ayodele takes you through the lifetime of skin, sharing transformative essentials from how to work out your skin type to the dos and don'ts for your everyday routine. She explains the best ingredients for your skin and your budget, and the issues that Black women face: hyperpigmentation, general skin discolouration and increased dryness. Diya examines the concept of identity, looking at the way history has shaped how Black women express themselves in beauty and skincare, and debunks common myths and misconceptions: do darker skin tones need SPF? And is there any truth to the saying 'Black don't crack?' Intelligent, informed and indispensable, this is the guide that every Black woman has been waiting for.



Pandemic Baby by Pia Bramley
9781785788000 | Icon | HB | R200

Since March 2020, babies have been born into a world of masks, hand washing and social distancing. They met their grandparents on video calls. Their parents held them up to windows and took them for long walks in the rain. Pia Bramley's illustrations capture the intimacy of the small, strange world of the pandemic baby. She draws on her own experience as a new parent, telling the story of a child's first year against the backdrop of the pandemic: the quiet streets of the first lockdown, the relative freedom of summer, the long nights of autumn and winter and, finally, new hope as spring arrives and life begins to open up again. Moving, funny and deeply honest, this is a book for every parent, grandparent, aunt, uncle or friend who waited to hold their pandemic baby.

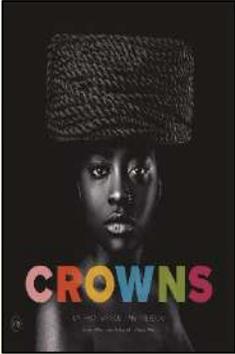


A New Leaf by Jennifer Haslam & Pip McCormac
9781784884628 | Hardie Grant | HB | R620

The book spotlights 20 houses around the world (including United Kingdom, United States, Australia, Switzerland, Italy and the Netherlands), each illustrated with a selection of images of the entire home with particular emphasis on their plant life. Each section includes an interview with the owners, walking the reader through the plant choices they made and the impact they had on their unique aesthetic. Pip McCormac's informative text and Jen Haslam's expert curation make *A New Leaf* invaluable to interior design lovers and those seeking inspiration on how to incorporate plants in their lives.

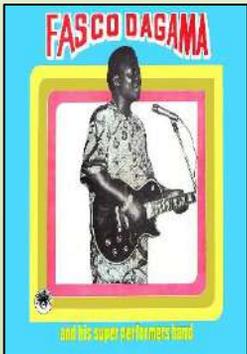
Illustrated

Review copies are subject to availability



Crowns: My Hair, My Soul, My Freedom by Anna Morin
9788857245584 | Thames & Hudson | HB | R1625

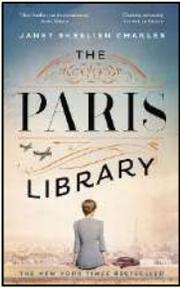
Sandro Miller is a 60-year-old Caucasian male with ancestral roots in Italy, Germany, and America. He is married to a most beautiful 47-year-old Black woman, Claude Aline Nazaire, whose ancestral roots are in Haiti, the Dominican Republic, and America. His beautiful wife was the inspiration for this photographic project, a documentation of the creative, prideful, and personally expressive reality that announces Black heritage and Black tradition. The author shared the pointed, upbeat ideal of Black self-expression and idealization. He documented body art and many unspoken ways in which Black women declare their freedom by choice and sensibility, by sculpting their managed, structured hair. Each portrait in this project recognizes and honours women's inventive power and beauty.



Nigeria: The Cover Art of Nigerian Music by Stuart Baker
9780957260078 | Thames & Hudson | HB | R1035

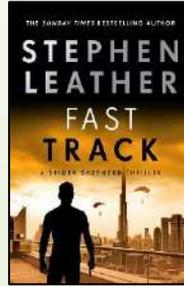
A unique large format book that features 100s and 100s of unique and stunning record sleeve designs from Nigeria that span a period from the country's independence in 1960 through much of the second-half of the 20th century, a time in which Nigerian artists and the Nigerian music industry thrived both at home and abroad. During this period high-profile Nigerian artists, became national and international stars. Many more Nigerian artists established successful careers at home and yet remain virtually unknown outside of Nigeria to this day. This book features the most important Nigerian artists both at home and abroad, bringing together a vast array of rare, classic and stunning visual sleeve designs that document more than fifty years of the amazing musical history of Nigeria complete with text on important artists and its social.

Paperback Fiction



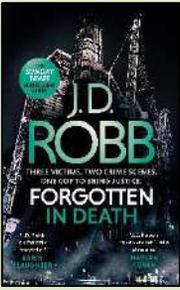
The Paris Library by Janet Skeslien Charles
9781529335460 | R215

Based on the true Second World War story of the heroic librarians at the American Library in Paris.



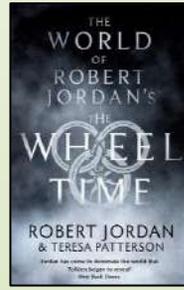
Fast Track by Stephen Leather
9781473672079 | R195

The new edge-of-your-seat novel in the thrilling Spider Shepherd series.



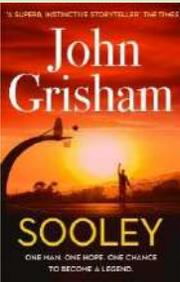
Forgotten In Death by J. D. Robb
9780349426327 | R215

The brand new thriller in the Sunday Times bestselling series.



The World of Robert Jordan's The Wheel of Time by Robert Jordan
9780356518169 | R265

One of the most influential and popular fantasy epics ever published.



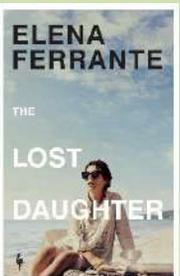
Sooley by John Grisham
9781529368048 | R215

The moving and gripping new blockbuster novel.



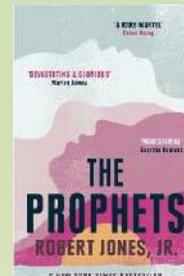
Say Goodbye by Karen Rose
9781472244215 | R215

The third instalment of the gripping Sacramento series from Sunday Times bestselling author.



The Lost Daughter by Elena Ferrante
9781787704183 | R225

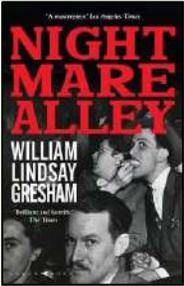
A compelling and perceptive meditation on womanhood and motherhood.



The Prophets by Robert Jones Jr.
9781529405712 | R215

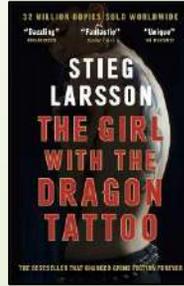
Love, in all its permutations, is the discovery at the heart of Robert Jones Jr's breath-taking debut.

Paperback Fiction



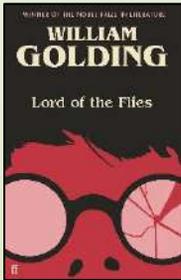
Nightmare Alley FTI by William Lindsay Gresham
9781526640864 | R235

A forgotten classic of Depression-era America.



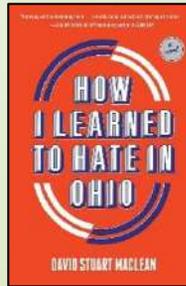
The Girl With the Dragon Tattoo (reissue)
by Stieg Larsson
9781529418835 | R215

The multi-million-copy bestseller that changed crime fiction for ever.



Lord of the Flies by William Golding
9780571371723 | R245

One of the BBC's 100 Novels that shaped our world.



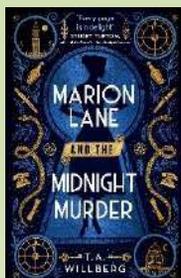
How I Learned to Hate in Ohio by David Stuart MacLean
9781419747205 | R325

Darkly funny and surprisingly moving, this is a humane, provocative and undeniably resonant debut novel.



Detransition, Baby by Torrey Peters
9781788167222 | R245

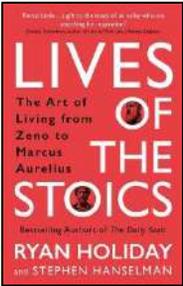
Longlisted for the Women's Prize 2021 and Top Ten The Times Bestseller.



Marion Lane and the Midnight Murder
by T.A. Willberg
9781409196655 | R215

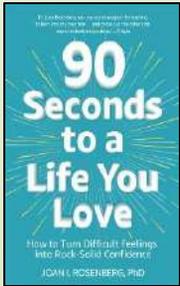
The first installation in a fantastical historical mystery series.

Paperback Non-Fiction



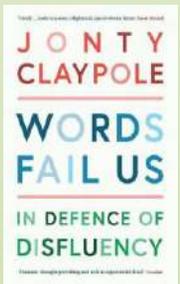
Lives of the Stoics by Ryan Holiday & Stephen Hanselman
9781788166010 | R245

An inspiring guide to the lives of Stoicism's greatest practitioners.



90 Seconds to a Life You Love by Dr Joan Rosenberg
9781473687011 | R265

How to build and sustain rock-solid confidence.



Words Fail Us by Jonty Claypole
9781788161725 | R245

A lifelong stutterer dismantles the cult of fluency and champions the creative powers of inarticulacy.



JonathanBall*Publishers*

*NB! Deadline for requests: Wednesday
15 December 2021*

Click [here](#) to get your wishlists in!

Thank You.