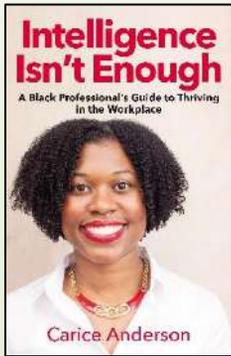


# Jonathan Ball Publishers

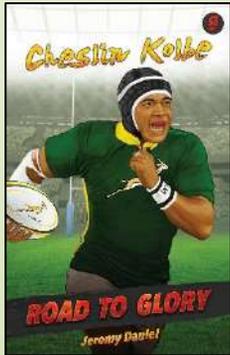
## January & February 2021 Highlights

Jonathan Ball Publishers



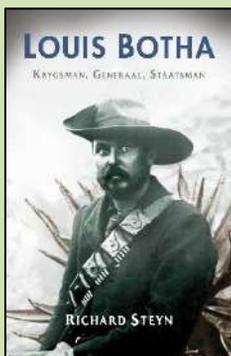
***Intelligence Isn't Enough*** by Carice Anderson  
9781776190782 | Jonathan Ball Publishers | TPB | R250

*Intelligence Isn't Enough* will empower young Black graduates entering the workforce and Black professionals already at work, teaching them not only how to survive but also thrive in the corporate environment. Carice Anderson, with over 17 years' experience at top companies as a professional development manager and coach, shares her wisdom and knowledge. Her insider status has given her access to revelatory industry trends and insights on the harsh realities of corporates in general. Often, it is Black professionals who struggle the most and become frustrated and demotivated very early on in their professional lives as they lack the necessary skills, most of which aren't taught or developed at tertiary level. This book will help Black professionals strategically perform in their careers while working for someone else.



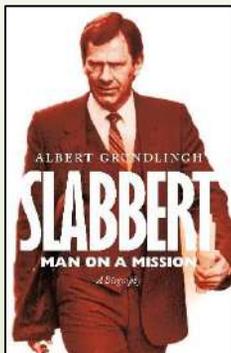
***Road to Glory 8 : Cheslin Kolbe*** by Jeremy Daniel  
9781868429493 | Jonathan Ball Publishers | PB | R100

Cheslin Kolbe is the eighth book in the bestselling 'Road to Glory' series, which covers some of South Africa's sporting legends as they set out on their journeys to becoming national and international stars. This book tells the story of a kid from Kraaifontein, Cape Town, whose talent took him to international sports stardom, first to Toulouse France, and eventually to getting the call-up that would change his life forever: to play for the Springbok 2019 World Cup XV. It's a heart-warming story of a small player with a big heart whose signature side-step helped the Springboks win the World Cup trophy for South Africa.



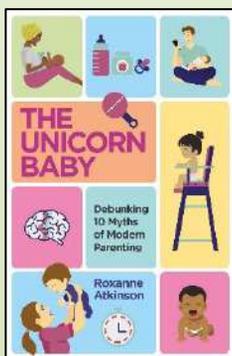
***Louis Botha (Afrikaans Edition): Krygsman, Generaal, Staatsma*** by Richard Steyn  
9781776190287 | Jonathan Ball Publishers | TPB | R270

Louis Botha, the first prime minister of the Union of South Africa, was a brilliant Boer general who won significant victories over the British in the early stages of the Anglo-Boer War. When the weight of British arms eventually overwhelmed the Boers, Botha and Jan Smuts encouraged peace between English and Afrikaner and led the four South African colonies into Union in 1910. In 1914, he had to put down an Afrikaner rebellion over the Union's participation in the Great War. The experience broke his heart, as many of the rebels were old Anglo-Boer War comrades. At Versailles in 1919, representing South Africa, he pleaded unsuccessfully for magnanimity towards a defeated Germany. Globally respected, Botha and Smuts operated as a double act before Botha's untimely death in August 1919.



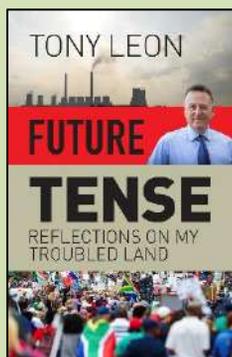
**Slabbert: Man On A Mission** by Albert Grundlingh  
9781776190379 | Jonathan Ball Publishers | TPB | R275

As an academic turned politician, the charismatic Slabbert brought unusual intellectual rigour to Parliament, transforming the upstart Progressive Federal Party into a force that could challenge the National Party government. Disillusioned by the paralysis of formal white politics, and by the growing polarisation of South African society, he resigned in 1986 to explore democratic alternatives to the impasse into which the country had been led under apartheid. Largely side-lined during the democratic transition, he continued to pursue a broad range of initiatives aimed at building democracy, empowering black South Africans and transforming the economy. When he famously led a delegation of leading Afrikaners to Dakar in 1987 to meet the exiled ANC, many saw it as a breakthrough moment, while others felt he had been taken in.



**The Unicorn Baby** by Roxanne Atkinson  
9781776190768 | Jonathan Ball Publishers | PB | R250

If you have read a few baby books or searched the Internet for parenting tips you have most likely stumbled across the mythical Unicorn Baby. This is the baby who feeds every four hours and sleeps through the night, sits at six months, pees pure gold and poops rainbows. Whether this baby exists or not does not matter. What matters is this: you did not get this baby. If you are looking to answer the question: "Is my baby normal?" then you are in the right place. *The Unicorn Baby* is an honest and hilarious account of parenting. Roxanne uses her professional experience as an Occupational Therapist to identify and debunk ten modern parenting myths that cause all kinds of anxiety for new parents and often leads them down the wrong parenting paths.

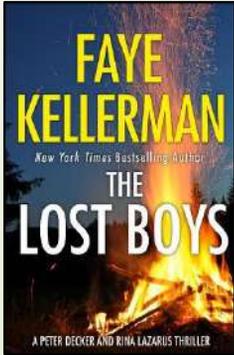


**Future Tense** by Tony Leon  
9781776190744 | Jonathan Ball Publishers | TPB | R275

Leon, presents a portrait of today's South Africa and prospects for its future, based on his political involvement over thirty years with the key power players: Cyril Ramaphosa, Jacob Zuma, Thabo Mbeki, Nelson Mandela and FW de Klerk. His close-up and personal view of these presidents and their history-making, and many encounters in the wider world, adds vivid colour to the normal black and white picture painted of a country and planet in upheaval. Written during the coronavirus lockdown, *Future Tense* also examines the surge of both the disease and the response, which has crashed the economy and its future prospects, as well as the rise of a dangerous Julius Malema-led populism, and how this echoes global discontent elsewhere.

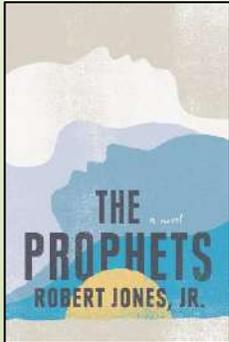
# Jonathan Ball Publishers

## Fiction



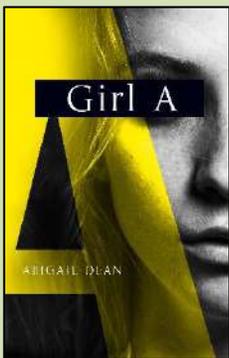
***The Lost Boys*** by Faye Kellerman  
9780008327484 | HarperCollins | TPB | R320

When Bertram Lanz, a developmentally disabled man, goes missing from a local diner, detective Peter Decker is put on the case. Very quickly, he realizes there is more to the disappearance than meets the eye when he discovers Lanz's nurse is missing too, and blood is found in her house. Then, while combing the woods, searchers discover the remains of a young man who vanished during a camping trip years ago. Juggling a hot case and a cold case, Decker races to find justice for the families. But as the answers become ever more elusive, he is forced to question if the woods will ever give up their dark secrets and if these intertwining cases will ever be solved.



***The Prophets*** by Robert Jones, Jr.  
9781529405729 | Quercus | TPB | R355

The Halifax plantation is known as Empty by the slaves who work it under the pitiless gaze of its overseers and its owner, Massa Paul. Two young, enslaved men, Samuel and Isaiah dwell among the animals they keep in the barn, helping out in the fields when their day is done. But the barn is their haven, a space of radiance and love, away from the blistering sun and the cruelty of the toubabs where they can be alone together. But, Amos, a fellow slave has begun to direct suspicion towards the two men and their refusal to bend. Their flickering glances, unspoken words, and wilful intention, revealing a truth that threatens to rock the stability of the plantation. And preaching the words of Massa Paul's gospel, he betrays them.

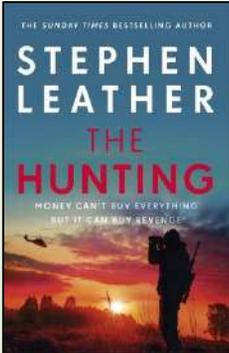


***Girl A*** by Abigail Dean  
9780008389062 | HarperCollins | TPB | R320

'Girl A,' she said. 'The girl who escaped. If anyone was going to make it, it was going to be you.' Lex Gracie doesn't want to think about her family. She doesn't want to think about growing up in her parents' House of Horrors. And she doesn't want to think about her identity as Girl A: the girl who escaped. When her mother dies in prison and leaves Lex and her siblings the family home, she can't run from her past any longer. Together with her sister, Evie, Lex intends to turn the House of Horrors into a force for good. But first she must come to terms with her six siblings and with the childhood they shared.

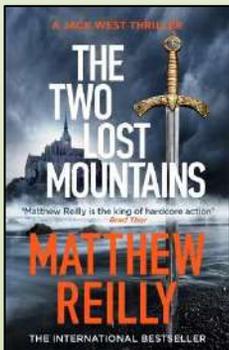
# Jonathan Ball Publishers

## Fiction



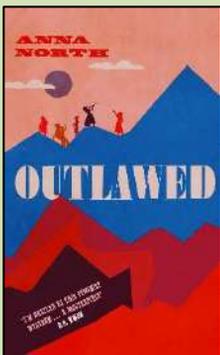
***The Hunting*** by Stephen Leather  
9781529345223 | Hodder & Stoughton | TPB | R355

British doctor Raj Patel puts his own life on the line to treat the injured in war-torn Syria. His medical skills help casualties survive against all the odds. But Raj needs to rely on a completely different set of skills when he is taken hostage in a dangerous case of mistaken identity. Billionaire big-game hunter Jon van der Sandt is driven by revenge, his family have been killed by jihadist terrorists and he wants his vengeance up close and personal. He has hired ex Special Forces hard men to snatch the ISIS killers from the desert and transport them halfway across the world to the vast wilderness of his American estate. But they grab Raj by mistake, and once the killing begins it's too late to plead mistaken identity.



***The Two Lost Mountains*** by Matthew Reilly  
9781409194408 | Orion | TPB | R355

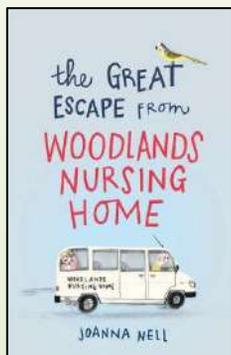
Against all the odds, Jack West Jr found the Three Secret Cities but at a heart-breaking cost. His beloved daughter Lily, it appeared, was slaughtered by Jack's mortal enemy, Sphinx in a cruel ancient ritual. With his rivals far ahead of him, Jack must now get to one of the five iron mountains, two of which have never been found and perform a mysterious feat known only as 'The Fall'. Although what is this object on the moon that is connected to it? Amid all this, Jack will discover that a new player has entered the race, a general so feared by the four legendary kingdoms they had him locked away in their deepest dungeon. Only now this general has escaped and he has a horrifying plan of his own.



***Outlawed*** by Anna North  
9781474615358 | Orion | TPB | R335

On the day of her wedding dance, Ada feels lucky. She loves her broad-shouldered, bashful husband and her job as an apprentice midwife. But her luck will not last. It is every woman's duty to have a child, to replace those that were lost in the Great Flu. And after a year of marriage and no pregnancy, in a town where barren women are hanged as witches, Ada's survival depends on leaving behind everything she knows. She joins up with the notorious Hole in the Wall Gang. Its leader, a charismatic preacher, turned robber, known to all as The Kid, wants to create a safe haven for women outcast from society. But to make this dream a reality, the Gang hatches a treacherous plan.

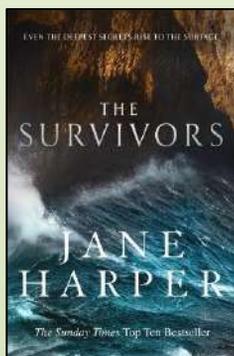
## Fiction



### ***The Great Escape from Woodlands Nursing Home*** by Joanna Nell

9781529349313 | Hodder & Stoughton | TPB | R355

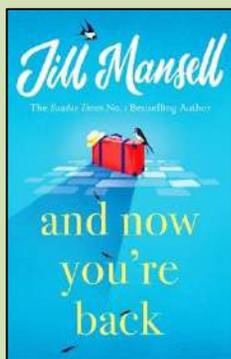
At nearly ninety, retired nature writer Hattie Bloom prefers the company of birds to people, but when a fall lands her in a nursing home she struggles to cope with the loss of independence and privacy. From the confines of her 'room with a view' of the carpark, she dreams of escape. Fellow inmate, the gregarious, would-be comedian Walter Clements also plans on returning home as soon as he is fit and able to take charge of his mobility scooter. When Hattie and Walter officially meet at a clandestine club run by Sister Bronwyn and her dog, Queenie, they seem at odds. But when Sister Bronwyn is dismissed over her unconventional approach to aged care, they must join forces and very slowly an unlikely, unexpected friendship begins to grow.



### ***The Survivors*** by Jane Harper

9781408711996 | Little Brown | TPB | R335

Kieran Elliott's life changed forever on a single day when a reckless mistake led to devastating consequences. The guilt that haunts him still resurfaces during a visit with his young family to the small coastal town he once called home. Kieran's parents are struggling in a community which is bound, for better or worse, to the sea that is both a lifeline and a threat. Between them all is his absent brother Finn. When a body is discovered on the beach, long-held secrets threaten to emerge in the murder investigation that follows. A sunken wreck, a missing girl, and questions that have never washed away...

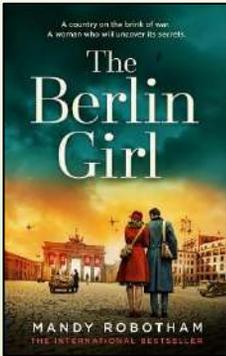


### ***And Now You're Back*** by Jill Mansell

9781472248534 | Headline | TPB | R355

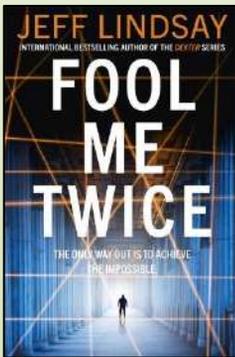
Didi Laing met her first love, Shay Mason, on a magical winter visit to Venice. For six months after that they were rapturously happy together and Shay came to work at Didi's parents' hotel in the Cotswolds. One event changed everything, shocking the town, and leading to Shay's disappearance. In the thirteen years after Shay walked out, no one expects ever to hear from him again. Then one day, out of the blue, Shay returns to Elliscombe to fulfil his father's dying wish and unintentionally upends Didi's life. Moving into the best suite in her hotel sparks all kinds of rumours and sets off a chain of events that affects the whole town. The residents of Elliscombe all have their own stories and secrets, more intertwined than anyone could have guessed.

## Fiction



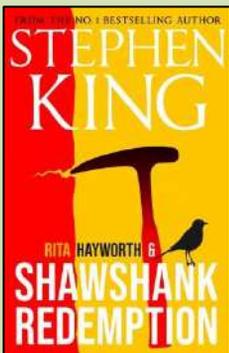
***The Berlin Girl*** by Mandy Robotham  
9780008394080 | HarperCollins | TPB | R330

Berlin, 1938: It is the height of summer, and Germany is on the brink of war. When fledgling reporter Georgie Young is posted to Berlin, alongside fellow Londoner Max Spender, she knows they are entering the eye of the storm. Arriving to a city swathed in red flags and crawling with Nazis, Georgie feels helpless, witnessing innocent people being torn from their homes. As tensions rise, she realises she and Max have to act even if it means putting their lives on the line. But when she digs deeper, Georgie begins to uncover the unspeakable truth about Hitler's Germany and the pair are pulled into a world darker than she could ever have imagined...



***Fool Me Twice*** by Jeff Lindsay  
9781409186670 | Orion | TPB | R355

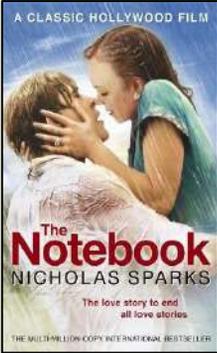
Riley Wolfe, heist artist and thief extraordinaire, has the mission of his life. The world's most demanding and dangerous collector has a job for someone with his special set of skills. The target? 'The Liberation of St. Peter'. The challenge? It's a fresco, painted on a wall, and it's in the Vatican itself. But Riley is soon offered a double-cross by an arms dealer who is watching Monique, expert art forger and the love of his life. The threat is clear. The job is all-in. And Riley know they both have only one way out...



***Rita Hayworth and Shawshank Redemption*** by Stephen King  
9781529363494 | Hodder & Stoughton | BPB | R195

A mesmerizing tale of unjust imprisonment and offbeat escape, Rita Hayworth and Shawshank Redemption is one of Stephen King's most beloved and iconic stories, and it helped make Castle Rock a place readers would return to over and over again. Suspenseful, mysterious, and heart-wrenching, this iconic King novella, populated by a cast of unforgettable characters, is about a fiercely compelling convict named Andy Dufresne who is seeking his ultimate revenge. Originally published in 1982 in the collection Different Seasons it was made into the film The Shawshank Redemption in 1994.

## Fiction



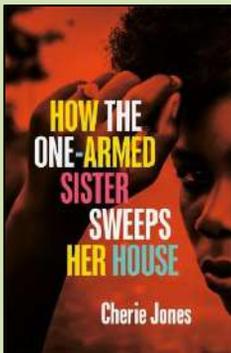
***The Notebook 25th Anniversary Edition*** by Nicholas Sparks  
9780751540475 | Little Brown | BPB | R215

Noah Calhoun has returned from war and, in an attempt to escape the ghosts of battle, he sets his mind and his body to restoring an old plantation home to its former beauty. But he is haunted by memories of the beautiful girl he met there years before. A girl who stole his heart at the funfair, whose parents did not approve, a girl he wrote to every day for a year. When Allie Hamilton shows up on his doorstep, exactly as he has held her in his memory for all these years, Noah has one last chance to win her back. Only this time, it's not just her parents in the way, Allie is engaged and she's not a woman to go back on her promises.



***Nights When Nothing Happened*** by Simon Han  
9781472156174 | Little Brown | TPB | R310

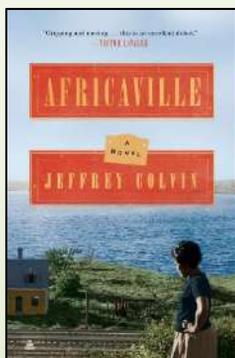
From the outside, the Chengs seem like so-called model immigrants. Once Patty landed a tech job near Dallas, she and Liang grew secure enough to have a second child, and to send for their first from his grandparents back in China. Isn't this what they sacrificed so much for? But then little Annabel begins to sleepwalk at night, putting into motion a string of misunderstandings that not only threaten to set their community against them but force to the surface the secrets that have made them fear one another. How can a man make peace with the terrors of his past? How can a child regain trust in unconditional love? How can a family stop burying its history and forge a way through it, to a more honest intimacy?



***How the One-Armed Sister Sweeps Her House*** by Cherie Jones  
9781472268785 | Headline | TPB | R355

Lala is eight months pregnant when her waters break unexpectedly during the night. Her husband is nowhere to be found, so she flees the house in search of him. Adan has been out doing a burglary that has gone horribly wrong, and now he's killed a white man. But a baby won't wait, and Lala has to get to hospital where she learns three things, one – there is no toilet paper in hospital; two – the nurses shout that it's your fault for getting pregnant, nothing to do with a man; three – they know the baby will be born dead and won't consider calling a doctor. But Lala is determined to prove them wrong.

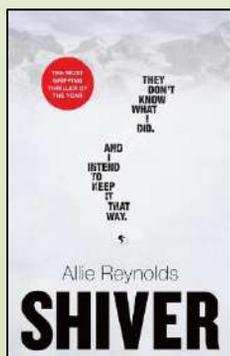
## Fiction



### **Africville** by Jeffrey Colvin

9780062913715 | HarperCollins | TPB | R295

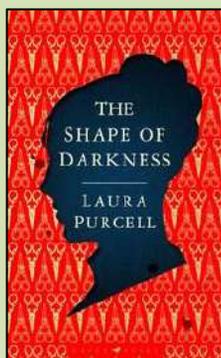
Kath Ella's ancestors established a new home in Nova Scotia. Like her ancestors, Kath Ella's life is shaped by hardship, she struggles to conceive and to provide for her family during the long, bitter Canadian winters. She must also contend with the locals' lingering suspicions about the dark-skinned "outsiders" who live in their midst. Kath Ella's fierce love for her son, Omar, cannot help her overcome the racial prejudices that linger in this remote, tight-knit place. As he grows up, the rebellious Omar refutes the past and decides to break from the family, threatening to upend all that Kath Ella and her people have tried to build. Over the decades, each successive generation drifts further from Africville,



### **Shiver** by Allie Reynolds

9781472270269 | Headline | TBP | R310

When Milla is invited to a reunion in the French Alps resort that saw the peak of her snowboarding career, she drops everything to go. While she would rather forget the events of that winter, the invitation comes from Curtis, the one person she can't seem to let go. The five friends haven't seen each other for ten years, since the disappearance of the beautiful and enigmatic Saskia. But when an icebreaker game turns menacing, they realise they don't know who has really gathered them there and how far they will go to find the truth. In a deserted lodge high up a mountain, the secrets of the past are about to come to light.

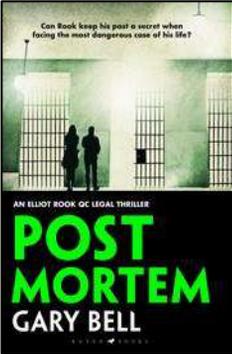


### **The Shape of Darkness** by Laura Purcell

9781526602572 | Bloomsbury | TPB | R385

Silhouette artist Agnes is struggling to keep her business afloat. Still recovering from a serious illness herself, making enough money to support her elderly mother and her orphaned nephew Cedric has never been easy, but then one of her clients is murdered shortly after sitting for Agnes, and then another, and another... Desperately seeking an answer, Agnes approaches Pearl, a child spirit medium lodging in Bath with her older half-sister and her ailing father, hoping that if Pearl can make contact with those who died, they might reveal who killed them. But Agnes and Pearl quickly discover that instead they may have opened the door to something that they can never put back... What secrets lie hidden in the darkness?

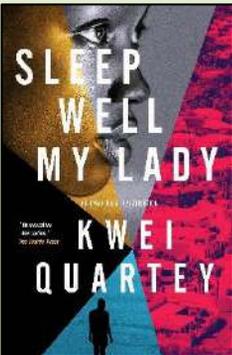
## Fiction



### **Post Mortem** by Gary Bell

9781526612397 | Bloomsbury | TPB | R415

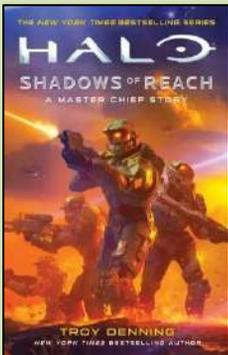
A batch of tainted drugs has killed thirteen inmates at a London prison and a vulnerable young officer, Charli Meadows, has been charged with smuggling them into the prison. Charli insists she is innocent but as Rook begins to investigate the charges that first saw the prisoners incarcerated, a threatening note arrives at Rook's flat, warning him off the case. As Rook battles to save Charli and protect himself, his young protégé, Zara, is under pressure. Only one tenancy at the legal chambers will be available to the ever-multiplying mass of pupils, and determined that it will be hers, Zara has taken on her biggest solo case yet. But will her gamble pay off?



### **Sleep Well, My Lady** by Kwei Quartey

9780749025786 | Allison & Busby | TBP | R325

Hard-hitting talk show host Augustus Seeza has become a household name in Ghana, though notorious for his lavish overspending, alcoholism, and womanizing. He's dating the imposing, beautiful Lady Araba, who leads a self-made fashion empire. Fearing Augustus is only after her money, Araba's religious family intervenes to break them up. A few days later, just before a major runway show, Araba is found murdered in her bed. Her driver is arrested after a hasty investigation, but Araba's favorite aunt, Dele, suspects Augustus Seeza was the real killer. Almost a year later, Dele approaches Emma Djan, who has finally started to settle in as the only female PI at her agency. Emma must go on an undercover mission to navigate a long list of suspects with strong motives.



### **Halo: Shadows of Reach** by Troy Denning

9781789096330 | Bloomsbury | PB | R235

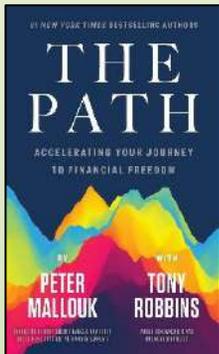
October 2559. It has been a year since the renegade artificial intelligence Cortana issued a galaxy-wide ultimatum, subjecting many worlds to martial law under the indomitable grip of her Forerunner weapons. Outside her view, the members of Blue Team are assigned from the UNSC Infinity to make a covert insertion onto the ravaged planet Reach. Their former home and training ground and the site of humanity's most cataclysmic military defeat near the end of the Covenant War Reach still hides myriad secrets. Blue Team's mission is to penetrate the rubble-filled depths of CASTLE Base and recover top-secret assets locked away in Dr. Catherine Halsey's abandoned laboratory assets which may prove to be humanity's last hope against Cortana. But Reach has been invaded by a powerful and ruthless alien faction.

## Non- Fiction



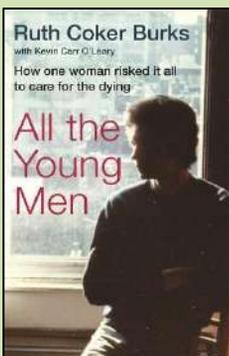
***Black Girl Finance*** by Selina Flavius  
9781529414271 | Quercus | HB | R310

We don't like thinking about money, do we? We think maths, we think spreadsheets, we think boring. But Selina Flavius, wants to show that there can be another, better way. A way to start making our hard-earned money work even harder for us. She addresses the unique difficulties Black women face due to the gender and ethnicity pay gaps. Since we literally cannot afford to wait for change, we need to start changing things up for ourselves. From challenging money mindsets to teaching key skills, such as how to set up an emergency fund and where to start with budgeting, investing and saving, this book provides a safe space for a community of unapologetic, ambitious, money-minded women to get real about their finances.



***The Path*** by Peter Mallouk  
9781642938081 | Simon & Schuster | TPB | R330

Regardless of your stage of life and your current financial picture, the quest for financial freedom can indeed be conquered. The journey will demand the right tools and strategies along with the mindset of money mastery. With decades of collective wisdom and hands-on experience, your guides for this expedition are Peter Mallouk, the only man in history to be ranked the #1 Financial Advisor in the U.S. for three consecutive years by Barron's (2013, 2014, 2015), and Tony Robbins, the world-renowned life and business strategist. Mallouk and Robbins take the seemingly daunting goal of financial freedom and simplify it into a step-by-step process that anyone can achieve. The pages of this book are filled with real-life success stories and vital lessons.

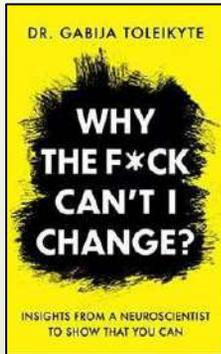


***All the Young Men*** by Ruth Coker Burks  
9781409189114 | Orion | TPB | R355

In 1986, 26-year-old Ruth Coker Burks visits a friend in hospital when she notices that the door to one of the patient's rooms is painted red. The nurses are reluctant to enter, drawing straws to decide who will tend to the sick person inside. Out of impulse, Ruth herself enters the quarantined space and begins to care for the young man who cries for his mother in the last moments of his life. And in doing so, Ruth's own life changes forever. As word spreads in the community that she is the only person willing to help the young men afflicted by the growing AIDS crisis, Ruth goes from being an ordinary young mother to an accidental activist.

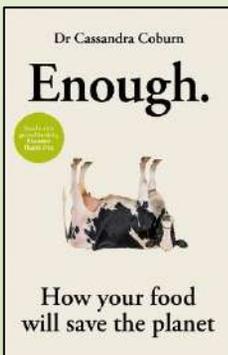


## Non- Fiction



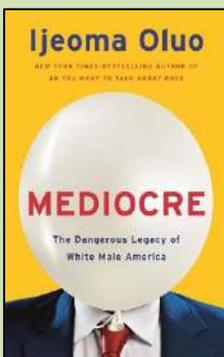
***Why the F\*ck Can't I Change?*** by Gabija Toleikyte  
9781408714164 | Little Brown | TPB | R335

In this ground-breaking book, neuroscientist and behavioural coach Dr. Gabija Toleikyte gets straight to the heart of why we form certain habits and behaviours and shows how we can stop repeating the same mistakes. Toleikyte takes us on an eye-opening journey through the extraordinary human brain, exploring how it deals with the everyday challenges that face us all. With relatable case studies and practical strategies and tools, this expertly researched book shows you how you can rethink change, including: Why you shouldn't suddenly stop bad habits. How you can take control of your emotions. Simple ways to improve your productivity at work. How you can become a better communicator and decision-maker. The secret to strengthening your relationships. How to look after your brain health and more.



***Enough.*** by Dr Cassandra Coburn  
9781856754385 | Simon & Schuster | TPB | R355

Our food production systems are the single biggest cause of environmental change, while diseases linked to our eating habits are at epidemic levels and increasing. The latest scientific research to is used to address this vital question, can we provide a growing population with a healthy diet from sustainable food systems? Fortunately for us all, the answer is yes. *Enough.* shows exactly how we can tackle both of these urgent, interconnected challenges at the same time. Using a seminal piece of research published in 2019, the Planetary HealthDiet (PHD), Dr Coburn reveals the hidden consequences of our food choices, and how we can easily make changes which are better for ourselves and the planet



***Mediocre*** by Ijeoma Oluo  
9781529353808 | John Murray | TPB | R355

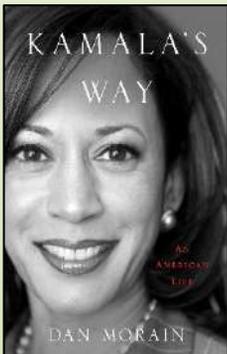
What happens to a country that tells generation after generation of white men that they deserve power? What happens when success is defined by status over women and people of colour, instead of actual accomplishments? Through the last 150 years of American history, from the post-Reconstruction South and the mythic stories of cowboys, to the present-day controversy over NFL protests and the backlash against the rise of women in politics, Ijeoma Oluo exposes the devastating consequences of white male supremacy on women, people of colour, and white men themselves. As provocative as it is essential, *Mediocre* investigates the real costs of white male power in order to imagine a new white male identity, one free from racism and sexism.

## Non- Fiction



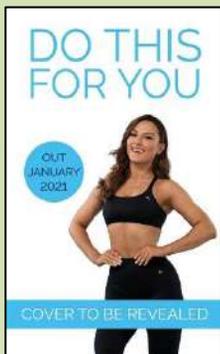
**Aftershocks** by Nadia Owusu  
9781529342871 | Hodder & Stoughton | TPB | R355

When Nadia Owusu was two years old her mother abandoned her and her baby sister and fled from Tanzania back to the US. When she was thirteen her beloved Ghanaian father died of cancer. She and her sister were left alone, with a stepmother they did not like, adrift. Nadia Owusu is a woman of many languages, homelands and identities. She grew up in Rome, Dar-es-Salaam, Addis Ababa, Kumasi, Kampala and London. And for every new place there was a new language, a new identity and a new home. At times she has felt stateless, motherless and identity-less. At others, she has had multiple identities at war within her. It's no wonder she started to feel fault lines in her sense of self. It's no wonder that those fault lines eventually ruptured.



**Kamala's Way** by Dan Morain  
9781398504875 | Simon & Schuster | TPB | R380

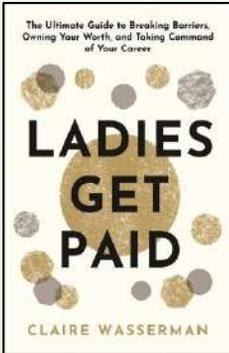
There's very little that's conventional about Kamala Harris, and yet her personal story also represents the best of America. She grew up the eldest daughter of a single mother, a no-nonsense cancer researcher who emigrated from India at the age of nineteen in search of a better education. She and her husband, an accomplished economist from Jamaica, split up when Kamala was only five. The Kamala Harris the public knows today is tough, smart, quick-witted, and demanding. She's a prosecutor and her one-liners are legendary but she's more reticent when it comes to sharing much about herself, even in her memoirs. Fortunately, long-time Los Angeles Times reporter Dan Morain has been there from the start.



**Do This for You** by Krissy Cela  
9781783254200 | Octopus | TPB | R355

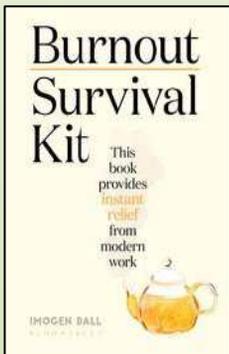
Fitness is as much about the mental journey as it is the physical. Many women second-guess themselves and put their needs last. Krissy takes this challenge head-on and shares her empowering, no-nonsense approach to leading a guilt-free, active, healthy, and happy lifestyle, giving you the skills to be both strong and confident. Through her expert coaching, you will learn to build a positive framework to 'sculpt the mind' by finding what motivates you and by challenging your mental barriers and preconceptions, as well as providing simple techniques to build healthy habits that last. Krissy will also help reframe your thoughts around eating well and exercise, all while keeping things realistic, achievable and fun.

## Non- Fiction



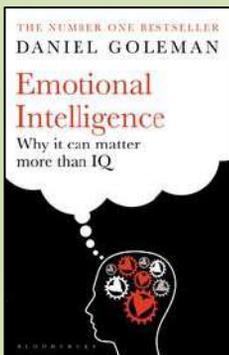
***Ladies Get Paid*** by Claire Wasserman  
9781409192718 | Orion | TPB | R310

Written by career coach and founder of career development organisation Ladies Get Paid, Claire Wasserman provides the tools and talking points women can use to successfully navigate gender power dynamics in the workplace. The goal? Rise up and get paid. Filled with Claire's personal stories and straightforward advice, this is a must-read for anyone who wants to take their career to the next level. If you're looking to get a raise, navigate a promotion, or break the glass ceiling, this book will show you how. Part how-to guide, part manifesto, *Ladies Get Paid*, encourages the self-advocacy and activism that will help you close the gender pay gap and take the power back in your career.



***Burnout Survival Kit*** by Imogen Dall  
9781526628435 | Bloomsbury | HB | R300

Your body aches. Your brain feels like a mouldy wrung-out dishcloth. You can barely get anything done and, hang on, why are you even doing this anyway? Is there something wrong with you? Nope. You're just burnt out. This book offers practical advice for when things are already bad. There's no mystical magic about unleashing your inner corporate superhero, no weird productivity diagrams, and certainly no crap about working 'smarter'. Instead, this is the calm inner voice that you need, served with good sense and creativity. As well as helping you to take time to ground yourself, there are brilliant hacks for all the causes of stress and anxiety, from how to approach networking (no one likes it) to practical advice on sleeping better. And the humour helps too.



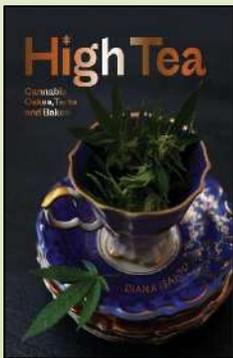
***Emotional Intelligence: 25th Anniversary Edition*** by Daniel Goleman  
9780747528302 | Bloomsbury | PB | R210

Does IQ define our destiny? In his ground-breaking bestseller, Daniel Goleman argues that our view of human intelligence is far too narrow. It is not our IQ, but our emotional intelligence that plays a major role in thought, decision-making and individual success. Self-awareness, impulse control, persistence, motivation, empathy and social deftness: all are qualities that mark people who excel, whose relationships flourish, who can navigate difficult conversations, who become stars in the workplace. With new insights into the brain architecture underlying emotion and rationality, Goleman shows precisely how emotional intelligence can be nurtured and strengthened in all of us.



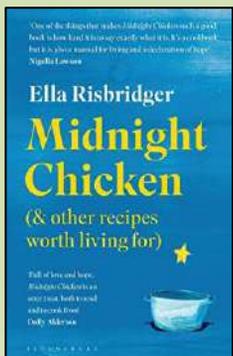
**Road Trip Cooking** by The Holy Kauw Company  
9781741177374 | Hardie Grant | PB | R310

When you choose to stop somewhere out in nature, you'll want something tasty and nutritious to cook on your camping stove, campfire or portable barbecue. Arno and Mireille of the Holy Kauw Company in the Netherlands take you along in their campervan. Their motto is simple: cooking and eating well is possible anytime, anywhere. All recipes in this cookbook are simple to prepare, and don't require a well-equipped kitchen or well-stocked supermarket nearby. From the ultimate hangover breakfast and salad in a jar, to campfire nachos and 'apple pie to go', these recipes make the most of classic and comfort-food dishes from around the world. Yet they only require some wood blocks, a few ingredients and a box of matches to prepare.



**High Tea: Cannabis cakes, tarts and bakes** by Diana Isaiou  
9781925811438 | Smith Street Books | HB | R445

This beautifully photographed cookbook celebrates a British-style high tea, where all the delightful snacks are laden with cannabis. Now that certain parts of the world allow legal and regulated consumption of cannabis, more and more of us are using weed when we bake. Gobbling down cannabis gives you a different high than smoking it, plus it's fun and easy to bake with, and the therapeutic benefits are much more effective. This book also explains the basics to making herb butters, oils and other essential cannabinoid baking bases. Best of all, the mind-melting component of each of these desserts can be cranked up, dialled down or removed completely—depending on your personal preference.

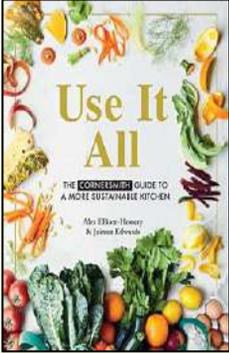


**Midnight Chicken** by Ella Risbridger  
9781526623898 | Bloomsbury | PB | R255

There are lots of ways to start a story, but this one begins with a chicken. Because one night, Ella found herself lying on her kitchen floor, wondering if she would ever get up and it was the thought of a chicken, of roasting it, and of eating it, that got her to her feet and made her want to be alive. This is a story of Ella's life in a tiny flat, and the food she cooked there. From roast garlic and tomato soup to charred leek lasagne or burnt butter brownies, she shares recipes that are about people, about love, about the things that matter every day.

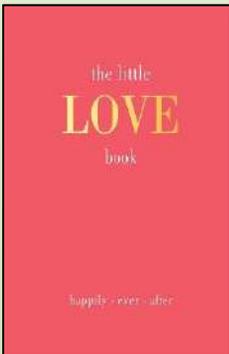
*Illustrated*

*Review copies are subject to availability*



***Use It All*** by Alex Elliott-Howery & Jaimee Edwards  
9781911632832 | Murdoch Books | PB | R435

We're all looking to reduce the amount of food waste that ends up in the bin each week, keep to a budget while still cooking nourishing and generous meals. We don't have time to cook every night, but we want to prepare mostly home-cooked food and not have to turn to takeaway or highly processed options. After years of experimenting, the authors can point to the answer in these three principles: buy less, buy whole, use it all. Most cookbooks present recipe after recipe, sending us to the shops for an enormous list of ingredients, much of which gets wasted. This kitchen skills handbook is for real people with busy lives who are looking to make better choices in their kitchens. You'll learn to cook more creatively, buy less, waste less and make more with what you've got.



***The Little Love Book*** by Joanna Gray  
9781787136113 | Hardie Grant | HB | R145

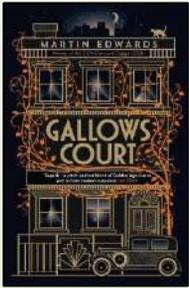
The Little Book of Love II is a heart-warming collection of uplifting quotes and practical exercises that capture the nature of love. It is a celebration of love in all its forms. A follow up to the bestselling Little Book of Love, this book reveals pieces of wisdom, not just on love, but the messy business of affection.



***Where the Wildflowers Grow*** by Adriana Picker  
9781743796924 | Hardie Grant | PB | R210

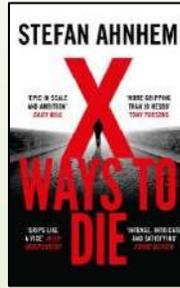
Tiptoe through the wildflowers to discover a world of intricate botanical illustrations, courtesy of botanical master, Adriana Picker. These unique Australian floral shapes are beautifully rendered on the page, allowing you to sit back and immerse yourself in nature as you enjoy the therapeutic benefits of this popular artistic pastime.

## Paperback Fiction



**Gallows Court** by Martin Edwards  
9781800241121 | R225

A superb Golden Age mystery packed with twists, from the winner of the Diamond Dagger 2020.



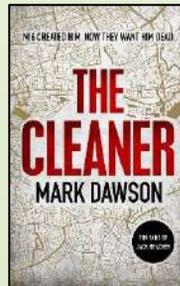
**X Ways to Die** by Stefan Ahnhem  
9781786694669 | R225

A murderous game. The killer makes the rules. Death hangs on the roll of the dice.



**Such A Fun Age** by Kiley Reid  
9781526612168 | R230

The Instant Sunday Times And New York Times Bestseller  
Longlisted For The 2020 Booker Prize.



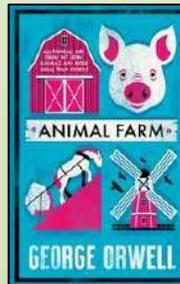
**The Cleaner** by Mark Dawson  
9781787395190 | R200

The first in a high-octane thriller series that is perfect for fans of Jack Reacher and Jason Bourne.



**1984 Nineteen-Eighty Four** by George Orwell  
9781847498571 | R130

A riveting read and a ground-breaking exploration of mass surveillance, censorship and mind control.



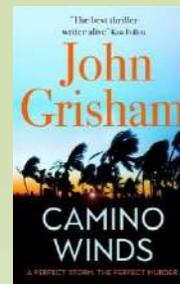
**Animal Farm** by George Orwell  
9781847498588 | R130

This allegorical novel is a carefully constructed critique of the Russian Revolution.



**The Girl with the Louding Voice** by Abi Dare  
9781529359275 | R215

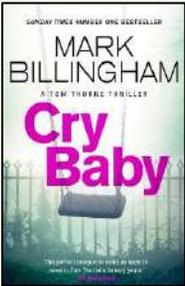
The unforgettable, inspiring, New York Times bestselling debut, shortlisted for the 2020 Desmond Elliott prize.



**Camino Winds** by John Grisham  
9781529342499 | R215

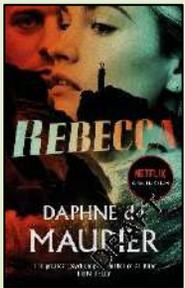
The Ultimate Summer Murder Mystery from the Greatest Thriller Writer Alive.

## Paperback Fiction



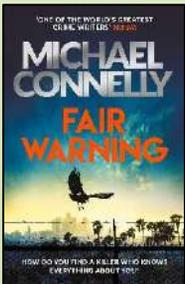
**Cry Baby** by Mark Billingham  
9780751577259 | R215

The gripping prequel, is the shocking first case for one of British crime fiction's most iconic detectives.



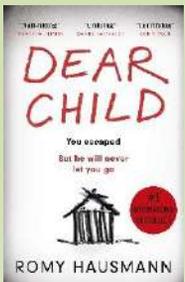
**Rebecca** by Daphne Du Maurier  
9780349014982 | R215

The new NETFLIX film of this haunting classic will air internationally.



**Fair Warning** by Michael Connelly  
9781409199090 | R215

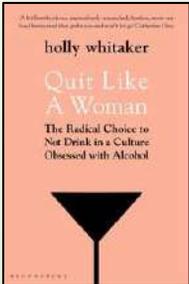
The instant number one bestseller. crime doesn't come better than Connelly.



**Dear Child** by Romy Hausmann  
9781529401431 | R215

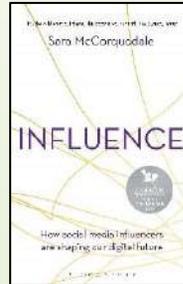
Page-turning thriller from one of Germany's hottest new talents.

## Paperback Non- Fiction



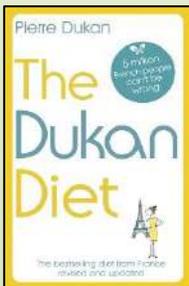
**Quit Like a Woman** by Holly Glenn Whitaker  
9781526612250 | R255

A brilliantly clever, meticulously researched, fearless, snort out Loud funny read that grabs you and won't let go.



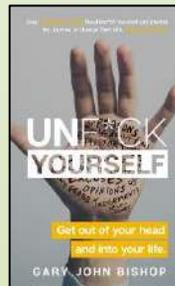
**Influence** by Sara McCorquodale  
9781472979568 | R330

A detailed review of what businesses need to know about influencer strategies, social media and how digital communication works.



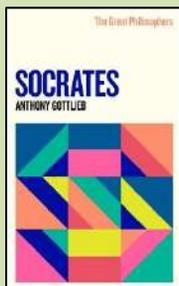
**The Dukan Diet** by Pierre Dukan  
9781473698079 | R265

A revised and updated edition of the best-selling French book.



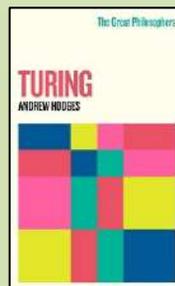
**Unf\*ck Yourself** by Gary John Bishop  
9781526615169 | R255

This is not the usual self-help book. It's time to unf\*ck yourself and unleash your greatness!



**The Great Philosophers: Socrates** by Frank Herbert  
9781474616768 | R99

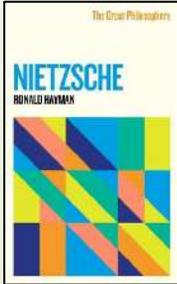
Fascinating account of the founding father of western philosophy - a man prepared to die for his beliefs.



**The Great Philosophers: Turing** by Andrew Hodges  
9781474616782 | R99

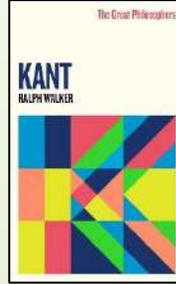
From code-breaker in World War II to Artificial Intelligence.

## Paperback Non- Fiction



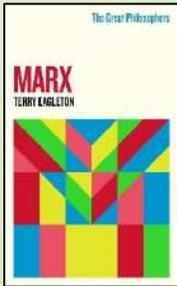
***The Great Philosophers: Nietzsche***  
by Ronald Hayman  
9781474616751 | R99

An enthralling guide for a new, postmodern age..



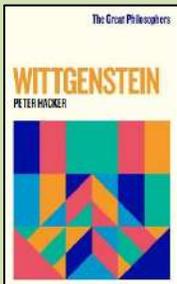
***The Great Philosophers: Kant*** by  
Ralph Walker  
9781474616799 | R99

A stimulating, highly accessible account of one of the world's greatest thinkers



***The Great Philosophers: Marx*** by  
Terry Eagleton  
9781474616744 | R99

A brilliant account of Marx and his view of utopia and socialism.



***The Great Philosophers: Wittgenstein*** by  
Peter Hacker  
9781474616775 | R99

Fascinating account of the man who overturned the world of philosophical thought.



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*NB! Deadline for requests: Wednesday  
23 December 2020*

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**Thank You.**