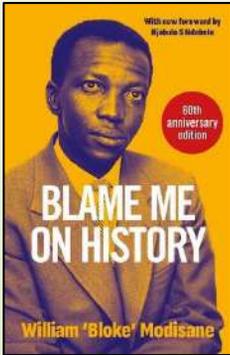


Jonathan Ball Publishers

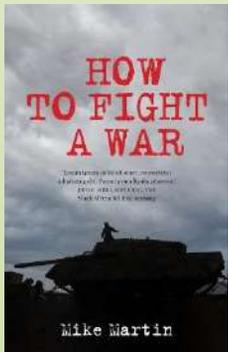
January & February 2024 Highlights

Jonathan Ball Publishers



Blame Me On History (Revised edition) by William 'Bloke' Modisane
9780868522524 | Jonathan Ball | PB | R280

Feeling an exile in the country of his birth, the talented journalist and leading black intellectual Bloke Modisane left South Africa in 1959. It was shortly after the apartheid government had bulldozed Sophiatown, the township of his childhood. His biting indictment of apartheid, *Blame Me on History*, was published in 1963 and banned shortly afterwards. Modisane offers a harrowing account of the degradation and oppression faced daily by black South Africans. His penetrating observations and insightful commentary paint a vivid picture of what it meant to be black in apartheid South Africa. At the same time, his evocative writing transports the reader back to a time when Sophiatown still teemed with life. This 60th-anniversary edition of Modisane's autobiography serves as an example of passionate resistance to the scourge of racial discrimination in our country and is a reminder not to forget our recent past.



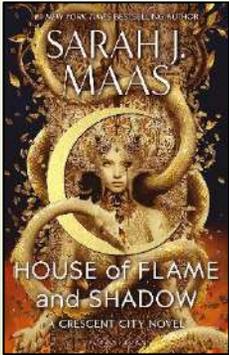
How To Fight A War by Mike Martin
9781928248279 | Jonathan Ball | PB | R285

Has any war in history gone according to plan? Monarchs, dictators and elected leaders alike have a dismal record on military decision-making, from over-ambitious goals to disregarding intelligence, terrain, or enemy capabilities. This not only wastes the lives of civilians, the enemy and one's own soldiers, but also fails to achieve geopolitical objectives, and usually lays the seeds for more wars down the line. Conflict scholar and former soldier Mike Martin takes the reader through the hard, elegant logic to fighting a conclusive interstate war that solves geopolitical problems and reduces future conflict. In cool and precise prose, he outlines how to orchestrate military forces, from infantry to information, and from strategy to tactics. *How to Fight a War* explains the unavoidable, yet seemingly elusive, art of using violence to force your enemies to do what you want.

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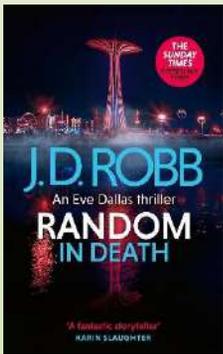
Fiction



House of Flame and Shadow by Sarah J. Maas
9781526628237 | Bloomsbury | TPB | R490

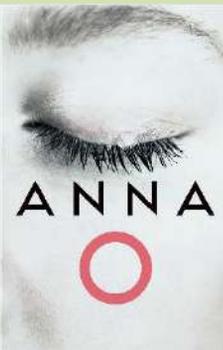
Bryce Quinlan never expected to see a world other than Midgard, but now that she has, all she wants is to get back. Everything she loves is in Midgard: her family, her friends, her mate. Stranded in a strange new world, she's going to need all her wits about her to get home again. And that's no easy feat when she has no idea who to trust.

Hunt Athalar has found himself in some deep holes in his life, but this one might be the deepest of all. After a few brief months with everything he ever wanted, he's in the Asteri's dungeons again, stripped of his freedom and without a clue as to Bryce's fate. He's desperate to help her, but until he can escape the Asteri's leash, his hands are quite literally tied.



Random in Death: An Eve Dallas thriller by J. D. Robb
9780349437408 | Little Brown | TPB | R360

Sixteen-year-old Jenna Harbough's parents had finally given in, and there she was, at a New York club with her best friends, watching the legendary band Avenue A, carrying her demo in hopes of slipping it to the guitarist, Jake Kincade. Then, from the stage, Jake catches her eye, and smiles. It's the best night of her life. It's the last night of her life. Minutes later, Jake's in the alley getting some fresh air, and the girl from the dance floor comes stumbling out, sick and confused and deathly pale. He tries to help, but it's no use. It's time to call Lieutenant Eve Dallas. Who could want this level-headed teen, passionate about her music, dead? Was she targeted or could she have been the victim of a random attack? And if she was, who's next...?

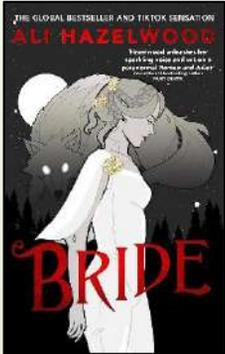


Anna O by Matthew Blake
9780008607807 | HarperCollins | TPB | R380

Anna Ogilvy hasn't opened her eyes for four years. Not since that night at The Farm when she was found asleep with a kitchen knife in her hand, her clothes bloodstained, the bodies of her two best friends lying close. She'd committed the crime of the century but nothing and no-one could wake her from the nightmare.

Believers in her innocence call her Anna O. Believers in her guilt call her Sleeping Beauty. But no-one can take their eyes off the story . .

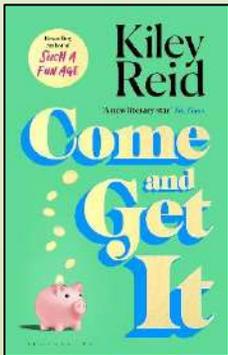
Fiction



Bride by Ali Hazelwood
9781408728864 | Little Brown | BPB | R280

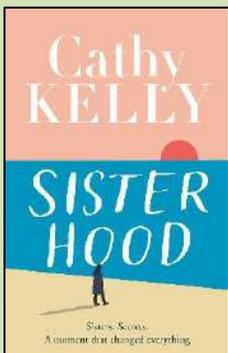
Misery Lark, the only daughter of the most powerful Vampyre councilman of the Southwest, is an outcast-again. Her days of living in anonymity among the Humans are over: she has been called upon to uphold an historic peacekeeping alliance between the Vampyres and their mortal enemies, the Weres, and sees little choice but to surrender herself in the exchange. Again . . .

Weres are ruthless and unpredictable, and their Alpha, Lowe Moreland, is no exception. It's clear from the way he tracks Misery's every movement that he doesn't trust her. If only he knew how right he was because Misery has her own reasons to agree to this marriage of convenience, reasons that have nothing to do with politics or alliances, and everything to do with the only thing she's ever cared about.



Come and Get It by Kiley Reid
9781526632555 | Bloomsbury | TPB | R385

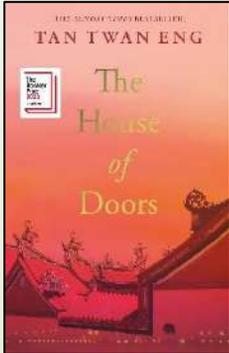
Millie wants to graduate, get a job and buy a house. She's slowly saving up from her job on campus, but when a visiting professor offers her an unusual opportunity to make some extra money, she jumps at the chance. Agatha is a writer, recovering from a break-up while researching attitudes towards weddings and money for her new book. She strikes gold when interviewing the girls in Millie's dorm, but her plans take a turn when she realises that the best material is unfolding behind closed doors. As the two women form an unlikely relationship, they soon become embroiled in a world of roommate theatrics, vengeful pranks and illicit intrigue - and are forced to question just how much of themselves they are willing to trade to get what they want.



Sisterhood by Cathy Kelly
9780008544966 | HarperCollins | TPB | R380

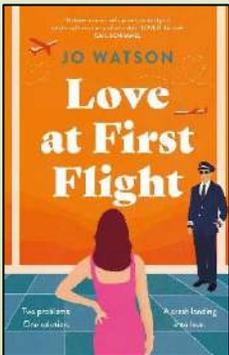
As the waves crash on to a wild Atlantic beach, Lou is at a crossroads. For the first time ever, just giving up seems like an option. In just one night, at her own 50th birthday, her world has imploded. Her mother has kept a secret hidden all her life. And it changes everything. Before Lou can take another step, she needs to get to the bottom of the shocking truth that alters who she really is. Along with her sister, Toni, who is facing her own life crisis, the two women sets out on a life-changing journey, one that will take them through Ireland's wildest coastline and to Sicily's sun-baked rocky shores.

Fiction



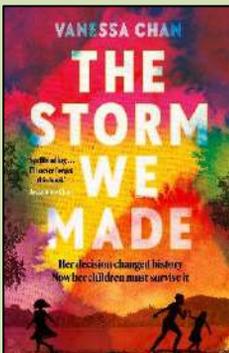
The House of Doors by Tan Twan Eng
9781838858339 | Canongate | BPB | R295

It is 1921 and at Cassowary House in the Straits Settlements of Penang, Robert Hamlyn is a well-to-do lawyer and his steely wife Lesley a society hostess. Their lives are invigorated when Willie, an old friend of Robert's, comes to stay. Willie Somerset Maugham is one of the greatest writers of his day. But he is beleaguered by an unhappy marriage, ill-health and business interests that have gone badly awry. He is also struggling to write. As Willie prepares to leave and face his demons, Lesley confides secrets of her own, including how she came to know the charismatic Dr Sun Yat Sen, a revolutionary fighting to overthrow the imperial dynasty of China. And more scandalous still, she reveals her connection to the case of an Englishwoman charged with murder in the Kuala Lumpur courts, a tragedy drawn from fact, and worthy of fiction.



Love at First Flight by Jo Watson
9781035400539 | Headline | TPB | R390

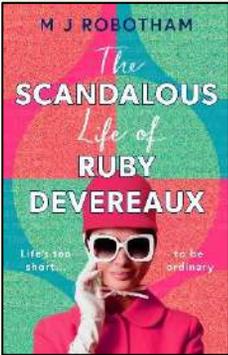
After four months of only speaking over intercom, when air-traffic controller Pippa Edwards finally meets pilot Andrew Boyce-Jones face-to-face, they discover they've got much more in common than simply working at the same airport. In fact...they both need a date. Tired of every relationship ending before it's even begun, Pippa wants to evade the inevitable questions at her dreaded ten-year school reunion in Cape Town. And Andrew needs to get his well-meaning family off his back about settling down. The solution seems simple. A pact, a fake dating pact for as long as it's mutually beneficial. It's perfect. Or at least it would be if their very real attraction wasn't about to make Pippa question everything she thought she wanted...



The Storm We Made by Vanessa Chan
9781399712583 | Hodder & Stoughton | TPB | R390

British Malaya, 1930s: Discontented housewife Cecily is seduced by Japanese general Fujiwara and the glorious future he is promising for 'independent' Malaya, free from British colonialism. As she becomes further embedded as his own personal spy, she unwittingly alters the fate of her country by welcoming in a punishing form of dictatorship under the Japanese in WWII. Japanese-occupied Malaya, 1945: Cecily and her family are barely surviving. Her children, Jujube, Abel and Jasmin, are surrounded by threat, and look to their mother to keep them safe. But she can't tell them about the part she played in the war and she doesn't know how to protect them. Can Cecily face up to her past to save her children? Or is it already too late...?

Fiction



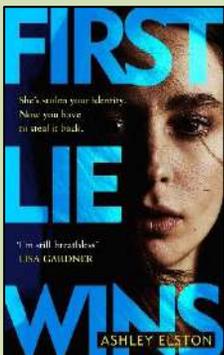
The Scandalous Life of Ruby Devereaux by M J Robotham
9781035901111 | Head of Zeus | TPB | R385

From a teenager in wartime England to a veteran of modern-day London, via 1950's New York, the Swinging Sixties, Cold War Berlin, Venice and Vietnam - Ruby Devereaux has lived one hell of a life: parties, scandals and conflict zones, meeting men and adventure along the way. In a writing career spanning seven decades and more than twenty books, she's distilled everything into her work. Or has she? Now beyond her 90th year, Ruby's energy is ebbing and her beloved typewriter put away. Until a call from her publisher presents Ruby with an ultimatum, and the impetus to embark on one last book - "warts and all", as she says. Even in her dotage, Ruby M Devereux has the power to surprise, because whatever this author does, she does on her own terms. Always.



The Excitements by CJ Wray
9781398711846 | Orion | TPB | R415

Meet the Williamson sisters, Britain's most treasured World War II veterans. Now in their nineties, Josephine and Penny are in demand, popping up at commemorative events all over the country. Despite their age, they're in great form-sprightly and spunky, and always in search of their next "excitement." This time it's a trip to Paris to receive the Légion d'honneur, accompanied by their devoted great-nephew, Archie. This trip to Paris is not what it seems either. Scandal and crime have quietly trailed the sisters since the war. Now armed with new information about an old adversary, these much decorated (but admittedly ancient) veterans intend to settle scores, avenge lost friends, and pull off one last heist before the curtain comes down on their illustrious careers.



First Lie Wins by Ashley Elston
9781472295330 | Headline | TPB | R390

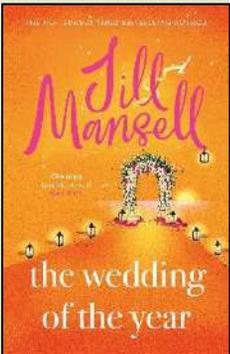
Evie Porter has everything a girl could want: a doting boyfriend, a house with a picket fence, a fun group of friends. The only catch: Evie Porter doesn't exist. First comes the identity. Once she's given a name and location by her employer, she learns everything there is to know about the town and the people in it. Then the mark: Ryan Sumner. The last piece of the puzzle is the job. For Evie, this job feels different. Ryan has gotten under her skin and she's started to picture another kind of life for herself, one where her boss doesn't pull the strings. But Evie can't make any mistakes. A woman, who looks just like her, has stolen her name and she wants more.

Fiction



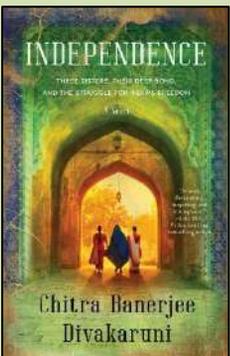
The London Bookshop Affair by Louise Fein
9780063304840 | HarperCollins | TPB | R360

London, 1962: The world is teetering on the brink of nuclear war but life must go on. Celia Duchesne longs for a career, but with no means or qualifications, passes her time working at a dusty bookshop. The day a handsome American enters the shop, the excitement of a budding relationship engulfs her, but a devastating secret draws her into the murky world of espionage. France, 1942: Nineteen-year-old Anya Moreau was dropped behind enemy lines to aid the resistance, sending messages back home to London via wireless transmitter. When she was cruelly betrayed, evidence of her legacy and the truth of her actions were buried by wartime injustices. As Celia learns more about Anya and her unexpected connection to the undercover agent, she becomes increasingly aware of furious efforts, both past and present, to protect state secrets.



The Wedding of the Year by Jill Mansell
9781472287977 | Headline | TPB | R390

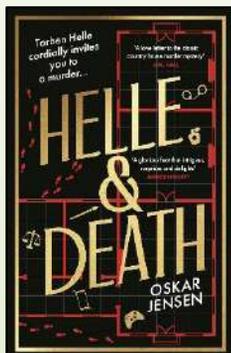
It's set to be a perfect day, until the chauffeur is asked to keep driving the bride around the church. Lottie is a guest at the wedding when she sees Max. No kiss has ever matched the last one they shared fifteen years ago. They were on the brink of a beautiful love story, until a shocking event tore them apart. Now here he is, still ridiculously good-looking, teasing Lottie in the old way and that overwhelming electric attraction is back. But Max is way out of bounds. Freya owes Cameron everything. But she doesn't love him. Which is a shame, because they're about to be married. Ruby has been the perfect wife. When she discovers the truth about her husband, her response is reckless and delicious. But after that, nothing will ever be the same again.



Independence by Chitra Banerjee Divakaruni
9780063142398 | HarperCollins | TPB | R360

India, 1947. In a rural village in Bengal live three sisters, daughters of a well-respected doctor. Priya, intelligent and idealistic, resolved to follow in her father's footsteps and become a doctor. Deepa, the beauty, determined to make a marriage that will bring her family joy and status. Jamini, devout, sharp-eyed, and a talented quiltmaker, with deeper passions than she reveals. Theirs is a home of love and safety, a refuge from the violent events taking shape in the nation. Then their father is killed during a riot. and even their neighbors turn against them, bringing the events of their country closer to home. As Priya determinedly pursues her career goal, Deepa falls deeply in love with a Muslim, causing her to break with her family and Jamini attempts to hold her family together.

Fiction



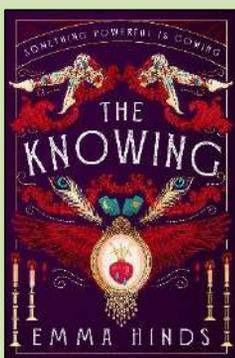
Helle and Death by Oskar Jensen
9781800811737 | Profile | TPB | R475

Torben Helle, art historian, Danish expat and owner of several excellent Scandinavian jumpers, has been dragged to a remote snowbound Northumbrian mansion for a ten-year reunion with old university friends. Things start to go sideways when their host, a reclusive and irritating tech entrepreneur, makes some shocking revelations at the dinner table. And when these are followed by an apparent suicide, the group faces a test of their wits and their trust. Snowed in and cut off, surrounded by enigmatic housekeepers and off-duty police inspectors, not to mention a peculiar last will and testament, suspicion and sarcasm quickly turn to panic. As the temperature drops and the tension mounts, Torben decides to draw upon all the tricks of Golden Age detectives past in order to solve the mystery.



The Magic All Around by Jennifer Moorman
9781400240487 | HarperCollins | TPB | R380

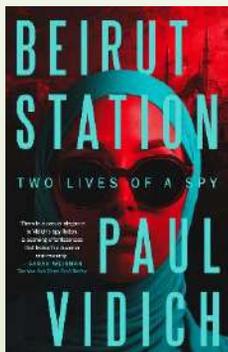
The Russell family members all seem to have . . . gifts. Eldest sister Penelope naturally infuses strength or joy or love into the fabric of the dresses she designs as a seamstress. Her younger sister, Lilith, is never without, whatever she needs despite the free-spirited and nomadic life she lives with her daughter. And Lilith's adult daughter, Mattie, always seems to trigger the perfect song to mysteriously start playing. And at the heart of the family is their old Victorian home that sometimes seems to have a personality in and of itself. Mattie Russell finds herself back in the family home after her mother's unexpected death. During the reading of the will, the family is shocked to learn Lilith included a testamentary trust that requires Mattie to stay in Ivy Ridge long enough to complete a series of seemingly absurd tasks in order to claim her inheritance.



The Knowing by Emma Hinds
9781915798657 | Bedford Square | TPB | R380

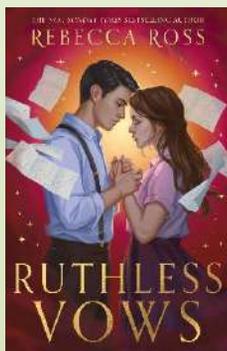
Whilst working as a living canvas for an abusive tattoo artist, Flora meets Minnie, an enigmatic circus performer who offers her love and refuge in an opulent townhouse, home to the menacing Mr Chester Merton. Flora earns her keep reading tarot cards for his guests whilst struggling to harness her gift, the Knowing, an ability to summon the dead. Caught in a dark love triangle between Minnie and Chester, Flora begins to unravel the secrets inside their house. Then at her first public séance, Flora hears the spirit of a murdered boy prostitute and exposes his killer, setting off a train of events which put her life at risk.

Fiction



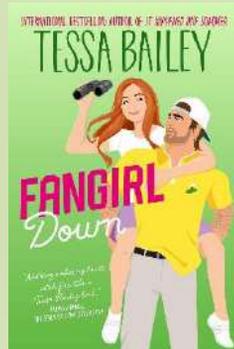
Beirut Station by Paul Vidich
9781915798602 | Bedford Square | TPB | R390

Lebanon, 2006. The Israel–Hezbollah war is tearing Beirut apart and the country is on the brink of chaos. In the midst of this turmoil, the CIA and Mossad are targeting a reclusive Hezbollah terrorist, Najib Qassem. Najib is believed to be planning the assassination of Secretary of State, who is coming to Beirut in ten days to broker a ceasefire. They turn to young Lebanese-American CIA agent, Analise, who has the perfect plan: she has befriended Qassem's grandson in order to locate the terrorist and kill him. However, Analise begins to suspect that Mossad has a motive of its own. She alerts the agency but their response is for her to drop it. Analise is now the target and there is no one she can trust: not the CIA, not Mossad, and not the Lebanese government.



Ruthless Vows by Rebecca Ross
9780008588236 | HarperCollins | TPB | R390

Two weeks have passed since Iris returned home bruised and heartbroken from the front, but the war is far from over. Roman is missing, lost behind enemy lines, with no memory of his past, or Iris. Hoping his memories return, he begins to write again but this time for the enemy. When a strange letter arrives through his wardrobe door, he strikes up a correspondence with a pen pal who seems at once mysterious... and strangely familiar. As their connection deepens, the two of them will risk their very hearts and futures to change the tides of the war.



Fangirl Down by Tessa Bailey
9780063374201 | HarperCollins | PBO | R295

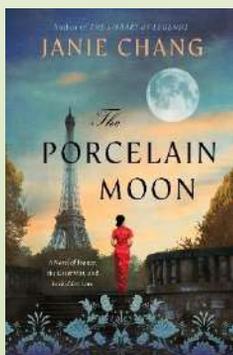
Wells Whitaker was once golf's hottest rising star, but lately, all he has to show for his "promising" career is a killer hangover, a collection of broken clubs, and one remaining supporter. No matter how bad he plays, the beautiful, sunny redhead is always on the sidelines. He curses, she cheers. He scowls, she smiles. But when Wells quits in a blaze of glory and his fangirl finally goes home, he knows he made the greatest mistake of his life. Josephine Doyle believed in the gorgeous, grumpy golfer, even when he didn't believe in himself. Yet after he throws in the towel, she begins to wonder if her faith was misplaced. Then Wells shows up at her door with a wild proposal, be his new caddy, help him turn his game around, and split the prize money. And considering Josephine's professional and personal life is in shambles, she could really use the cash.

Fiction



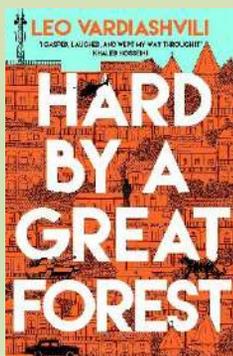
The House of Broken Bricks by Fiona Williams
9780571379569 | Faber & Faber | TPB | R370

As Tess traces the sunrise over the floodplains, light that paints the house a startling crimson, she yearns for the comforting chaos of life as it once was. Instead of Max and Sonny tracking dirt through the kitchen - Tess and Richard's 'rainbow twins' - Tess absorbs the quiet. The nights draw in, the soil cools and Richard fights to get his winter crops planted rather than deal with the discussion he cannot bear to have. Secrets and vines clamber over the broken red bricks and although its inhabitants seem to be withering, in the damp, crumbling soil Sonny knows that something is stirring. As the seasons change, and the cracks let in more light, the family might just be able to start to heal.



The Porcelain Moon by Janie Chang
9780063290969 | HarperCollins | TPB | R360

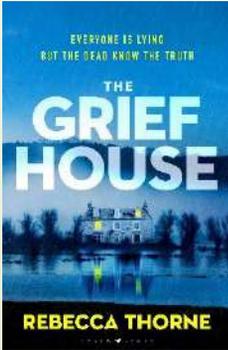
France, 1918. In the final days of the First World War, a young Chinese woman, Pauline Deng, runs away from her uncle's home in Paris to evade a marriage being arranged for her in Shanghai. To prevent the union, she needs the help of her cousin Theo, who is working as a translator for the Chinese Labour Corps in the French countryside. In the town of Noyelles-sur-Mer, Camille Roussel is planning her escape from an abusive marriage, and to end a love affair that can no longer continue. When Camille offers Pauline a room for her stay, the two women become friends. But it's not long before Pauline uncovers a perilous secret that Camille has been hiding from her.



Hard by a Great Forest by Leo Vardiashvili
9781526659811 | Bloomsbury | TPB | R385

It's been two decades since Irakli fled his war-torn homeland with two young sons, now grown men. Two decades since he saw their mother, who stayed so they could escape. At long last, Tbilisi has lured him home. But when Irakli's phone calls stop, a mystery begins... Arriving in the city as escaped zoo animals prowl the streets, Saba picks up the trail of clues: strange graffiti, bewildering messages transmitted through the radio, pages from his father's unpublished manuscript scattered like breadcrumbs. As the voices of those left behind pull at the edges of his world, Saba will discover that all roads lead back to the past, and to secrets swallowed up by the great forests of Georgia.

Fiction



The Grief House by Rebecca Thorne
9781526656285 | Bloomsbury | TPB | R385

A week-long grief retreat on a beautiful country estate with no phones and no wifi isn't ex-tarot reader Blue's usual getaway. But ever since her mother's death she's been carrying a secret. Could this finally help her let it go? When she arrives, it's raining, and there's something strange about the house. Only a few guests have made it through the weather. As the owners, Molly and Joshua Park, try desperately to cling to normality, the storm worsens until they're stranded in the house, cut off from the outside world. And after one of the guests disappears in the night, Blue wonders who around her, the Parks and the guests, is telling the truth about why they're there and whose grief might be hiding a deeper secret.

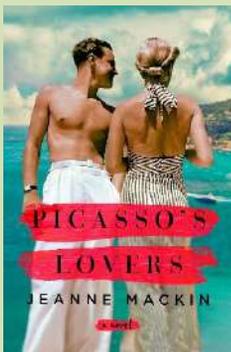


The Color Purple by Alice Walker
9781399620857 | Orion | BPB | R280

In rural Georgia, sisters Celie and Nettie share the pain and struggle of growing up as African American women.

Forced into an abusive marriage, at least Celie can offer Nettie refuge from their violent father in her new home, until Nettie catches the attention of Celie's husband and is forced to leave and forge her own journey.

Through a series of letters spanning twenty years, the sisters sustain their hope in each other across time, distance and silence, in a triumph of resilience, bravery and ultimately, love.



Picasso's Lovers by Jeanne Mackin
9781035413881 | Headline | TPB | R415

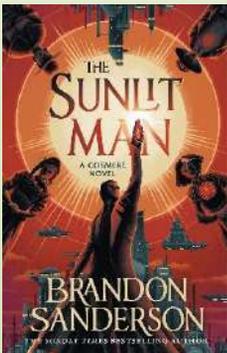
Paris, 1923. The city is a Bohemian paradise for beautiful and wealthy foreigners seduced by the promise of a different life. Pablo Picasso is already famous, and anything seems possible in the name of art. New York, 1953. For aspiring journalist Alana Olson, there's always been something about Picasso. Her fascination leads to a series of intimate interviews with Sara Murphy and Irene Legut, two women from Picasso's once-vibrant French social circle. But as Alana is pulled deeper into the glamorous and tragic stories of the past, she begins to uncover what really lies beneath the canvas and a disturbing convergence with her own life that bring her closer to Picasso, and those who loved and loathed him, than she ever could have imagined.

Fiction



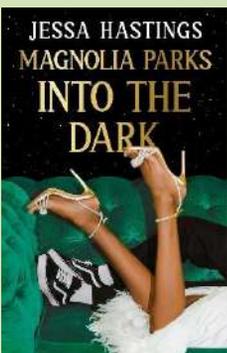
The Best Revenge by Gerald Seymour
9781399722001 | Hodder & Stoughton | TPB | R415

On the Mongolian steppes a general in the People's Liberation Army stakes his career, and his life, on a GPS-free missile guidance system that will change the balance of power on the battlefield. In Bath a young Chinese woman has secured the affections of a young brainiac working on that very problem. In Leamington Spa a deep cover operative has given himself away. And in London Jonas Merrick watches all, assessing, planning. A moment, perhaps, for him to strike a blow to China's espionage network in the UK. One thing he does not see, however, is in Moscow. An order given: 'bring me his head'.



The Sunlit Man by Brandon Sanderson
9781399613477 | Orion | TPB | R470

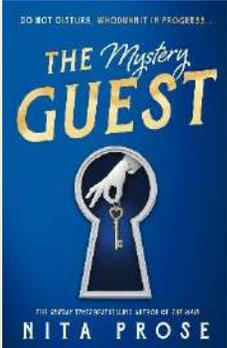
Years ago, he had comrades in arms and a cause to believe in, but now the man who calls himself Nomad knows only a life on the run. Forced to hop from world to world in the Cosmere whenever the relentless Night Brigade gets too close, Nomad lands on a new planet and is instantly caught up in the struggle between a tyrant and the rebels who want only to escape being turned into mindless slaves—all under the constant threat of a sunrise whose heat will melt the very stones. Unable to understand the language, can he navigate the conflict and gain enough power to leap off world before his mind or body pay the ultimate price?



Magnolia Parks: Into the Dark by Jessa Hastings
9781398721746 | Orion | TPB | R360

How many loves do you actually get in a lifetime? Everyone knows by now that Magnolia Parks and BJ Ballentine are in the stars, but is that enough? Magnolia and BJ are reeling from a devastating loss as they try to plan what's been dubbed 'the wedding of the century'. As family tensions mount and their respective pasts begin catching up to them, they finally have to look the truth in the eye: Can they learn to trust and be with one another again, or will they die trying?

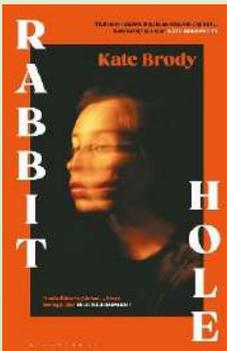
Fiction



The Mystery Guest by Nita Prose
9780008435783 | HarperCollins | TPB | R380

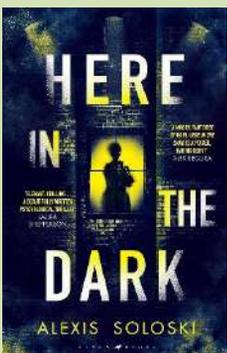
Molly Gray wears her Head Maid badge proudly for every shift at the Regency Grand Hotel, plumping pillows, sweeping up the guests' secrets, silently restoring rooms to a state of perfection. But when a renowned guest, a famous mystery writer drops very dead in the grand tearoom, Molly has an unusual clean-up on her hands.

As rumours and suspicion swirl in the hotel corridors, it's clear there's grime lurking beneath the gilt. And Molly knows that she alone holds the key to the mystery. But unlocking it means thinking about the past, about Gran, and everything else she's kept tidied away in her memory for so long. Because Molly knew the dead guest once upon a time and he knew her.



Rabbit Hole by Kate Brody
9781526646729 | Bloomsbury | TPB | R385

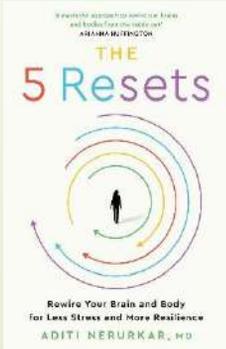
Teddy Angstrom is no stranger to morbid public interest in her family's tragedies. And when her father dies suddenly, ten years to the day after her sister Angie's disappearance, she intends to maintain as much privacy as she always has. Clearing out her father's office, however, Teddy discovers her father's double life: a decade-long investigation into wild conspiracies from a Reddit community of true crime fans fixated on Angie. Repelled and compelled in equal measure by this new online dimension, Teddy finds herself falling down that same rabbit hole. So, when nineteen-year-old Mickey, a charming amateur internet sleuth, materializes in real life, Teddy determines that the two of them are going to team up to find out what really happened to Angie and whether she might still be alive.



Here in the Dark by Alexis Soloski
9781526661227 | Bloomsbury | TPB | R385

By night, Vivian Parry performs the role of Manhattan's sharpest theatre critic, immersing herself fully in every show she sees. By day, she uses work, sex, and psychotropic drugs to keep her comfortably numb. Desperate for a promotion and at the urging of her editor, she agrees to an interview with David Adler, an enigmatic graduate student. When he later disappears, Vivian soon learns from his devastated fiancée that she was the last person to have seen him alive. The police refuse to investigate his disappearance and Vivian finds herself obsessed with what happened, assuming the role of amateur investigator. But as she gets closer to the truth about David Adler, she finds that the boundaries between theatre and reality are more tenuous than even she could have believed.

Non- Fiction



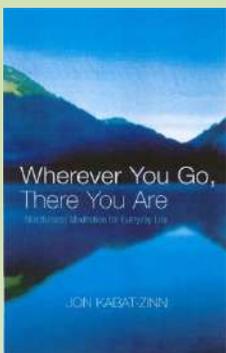
The 5 Resets by Dr Aditi Nerurkar
9780008669492 | HarperCollins | TPB | R390

Stress has a bad reputation but is a healthy biological phenomenon that helps us tackle life's many demands. It simply becomes problematic when it's out of tune with the frequency of our lives, resulting in burnout, fatigue, sleep disturbances, and many other physical symptoms. To bring stress back to healthy levels, Dr. Nerurkar offers her five science-backed mindset shifts for when life gets hard. The First Reset: Get Clear on What Matters Most. The Second Reset: Find Quiet in a Noisy World. The Third Reset: Sync Your Brain and Your Body. The Fourth Reset: Come Up for Air. The Fifth Reset: Bring Your Best Self Forward. The five mindset shifts, along with fifteen proven techniques, offer you a road map to change your relationship with stress, bring your biology back into balance, and feel calmer right now.



Fluke by Brian Klaas
9781399804523 | John Murray | TPB | R470

Brian Klaas deep-dives into the phenomenon of randomness, unpicking our neat and tidy storybook version of events to reveal a reality far wilder and more fascinating than we have dared to consider. The bewildering truth is that but for a few incidental changes, our lives and our societies would be radically different. *Fluke* explores how our world really works, driven by strange interactions and random events. The mind-bending lessons of this phenomenon challenge our beliefs about the very workings of the world. From the evolution of human biology and natural disasters to the impact of global events on supply chain disruptions, every detail matters because of the web of connectivity that envelops us. So, what if, by exploding our illusion of control, we can make better decisions and live happy, fulfilling lives?

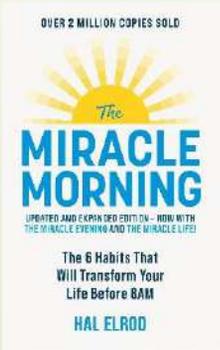


Wherever You Go, There You Are by Jon Kabat-Zinn
9780749925482 | Little Brown | TPB | R415

Mindfulness is considered the heart of Buddhist meditation. But its essence is universal and of deep practical benefit to everyone. In *Wherever You Go, There You Are*, Jon Kabat-Zinn maps out a simple path for cultivating mindfulness in our lives and awakening us to the unique beauty and possibilities of each present moment.

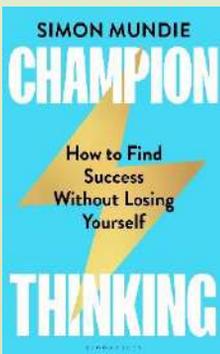
Since its first publication in 1994 (as *Mindfulness Meditation for Beginners*), this book has changed lived across the globe. This tenth anniversary edition of the original classic text, featuring a new afterword by the author, brings this wonderful book with an even larger audience.

Non- Fiction



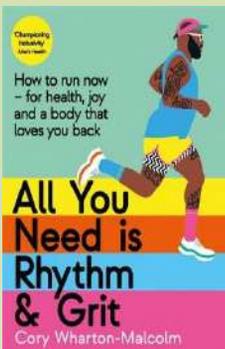
The Miracle Morning by Hal Elrod
9781399816052 | John Murray | TPB | R385

Getting everything you want out of life isn't about doing more. It's about becoming more. Hal Elrod and *The Miracle Morning* have helped millions of people become the person they need to be to create the life they've always wanted. Now, it's your turn. Hal's revolutionary S.A.V.E.R.S. method is a simple, effective step-by-step process to transform your life in as little as six minutes per day: Silence: Reduce stress and improve mental clarity. Affirmations: Reprogram your mind. Visualization: Experience the power of mentally rehearsing yourself showing up at your best each day. Exercise: Boost your mental and physical energy. Reading: Acquire knowledge and expand your abilities by learning from experts. Scribing: Keep a journal.



Champion Thinking by Simon Mundie
9781526626455 | Bloomsbury | TPB | R420

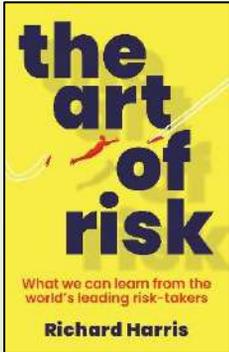
Drawing on interviews with sporting legends from Jonny Wilkinson to Kate Richardson-Walsh, Caitlyn Jenner to Goldie Sayers, along with psychologists, philosophers and world-renowned thinkers, Simon shares some of the tools and techniques that sportspeople have embraced to grow and evolve as athletes and people. From developing emotional intelligence to the power of true acceptance and the joy of getting in flow, he explores eight universal themes that are highlighted in sport, but that are all too easily overlooked in the favour of simpler, shallower narratives about winning, trophies and 'success'. *Champion Thinking* illustrates that whether in sport, at work or in our relationships, worshipping at the altar of success isn't going to bring us happiness. The contentment we are all looking for isn't somewhere 'out there', it's actually so close that we tend to overlook it.



All You Need is Rhythm and Grit by Cory Wharton-Malcolm
9781800810884 | Profile | TPB | R600

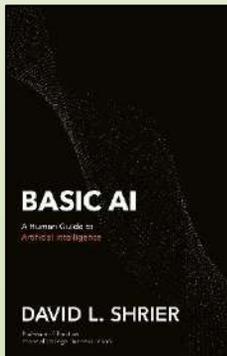
Think running isn't for you? Cory Wharton-Malcolm challenges this idea head-on with this joyful love letter to running and a motivational guide for everyone. Advocating running as an inclusive and community-focused activity, Cory shows us how to celebrate the incredible mind-body connection by getting your sneakers on and starting your running journey from the couch to the end of the road and beyond. Sharing stories of his own mental and physical health challenges and the way running, both alone and with track buddies--lifted him up, *All You Need is Rhythm and Grit* includes advice on gear, running routes, pacing, good beats, and the will to start...and keep going.

Non- Fiction



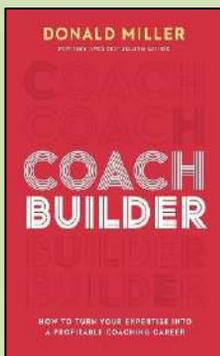
The Art of Risk by Richard Harris
9781761424052 | Simon & Schuster | PBO | R300

Come on the ultimate armchair adventure with Harris while he talks with other 'risk-takers' about why they do what they do, how they prepare, and how they've handled things going wrong. Harry talks with people like climber Alex Honnold (of 'Free Solo'), sailor Jessica Watson, mountaineer James Scott, and film director, and deep-sea diver James Cameron, amongst many less familiar world-beaters, each of whom has a fascinating story. We meet base jumpers, drag-racers, snipers, surfers, and people adventuring from the highest of skies to the deepest of oceans. Harry's conversations give us insights into what motivates these people and why a life without risk is no life at all. He believes that by doing 'the hard things' in life you can push yourself a little further and become stronger, more courageous, and more resilient.



Basic AI by David Shrier
9781472148759 | Little Brown | TPB | R415

Artificial intelligence is driving workforce disruption on a scale not seen since the Industrial Revolution. In schools and universities, AI technology has forced a re-evaluation of the way students are taught and assessed. Meanwhile ChatGPT has become a cultural phenomenon, reaching 100 million users and attracting a \$10 billion dollar investment in its parent company OpenAI. The race to dominate the generative AI market is accelerating at breakneck speed, inspiring breathless headlines and immense public interest. *Basic AI* provides a rare window into a frontier area of computer science that will change everything about how you live and work. Read this book and better understand how to succeed in the AI-enabled future.



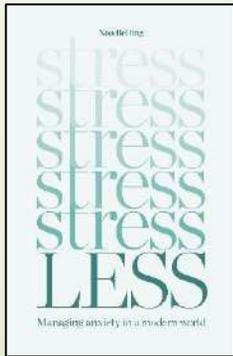
Coach Builder by Donald Miller
9781400248995 | HarperCollins Leadership | TPB | R415

Have you experienced a moment when you realized your career wasn't as secure or fulfilling as you thought it was going to be? Maybe you've thought about using your skills to start your own consulting business but you haven't had the confidence to go for it.

Donald Miller has been consulting and coaching for over two decades. He's consulted some of the world's top brands including TOMS Shoes, TREK Bicycles and Tempur Sealy.

In 2020, he founded his own coaching program, where he's helped hundreds of coaches start and grow their business. As a coach of coaches, he knows exactly what it takes to build a successful consulting career and now he's sharing eight secrets of success with you.

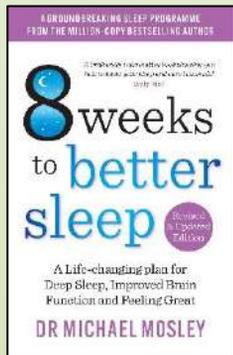
Non- Fiction



Stress Less by Noa Belling

9781922785633 | Simon & Schuster | TPB | R470

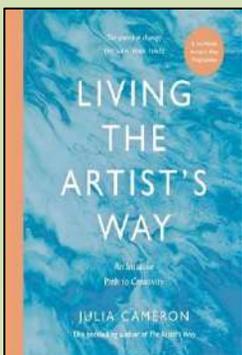
What if you could feel in control of your stress levels? How would it be to access qualities like self-worth, grounded confidence, inspiration and inner peace when faced with stress? Stress, anxiety and depression have become a sign of our times. We have lived through a global pandemic with fears that more may follow. We continue to face global crises like climate change and war or threats of war in parts of the world that affect us all through our shared humanity and the global economy. Then there is the continuation of a modern, fast-paced, highly competitive lifestyle to contend with, that can affect young and old alike. How have your stress levels been lately? Maybe stress has left you feeling depleted and tired. Or maybe it has wired you up to feel moody and irritable.



8 Weeks to Better Sleep by Dr Michael Mosley

9781780726205 | Octopus | TPB | R415

A good night's sleep is essential for a healthy brain and body. So why do so many of us struggle to sleep well? Dr Michael Mosley explains what happens when we sleep, what triggers common sleep problems and why standard advice rarely works. Prone to insomnia, he has taken part in numerous sleep experiments and tested every remedy going. The result is a radical four-week plan, based on the latest science, designed to help you re-establish a healthy sleep pattern in record time. With plenty of surprising recommendations, including tips for teenagers, people working night shifts and those prone to jet lag, plus recipes which will boost your deep sleep by improving your gut microbiome, this book provides the tools you need to sleep better, reduce stress and feel happier.

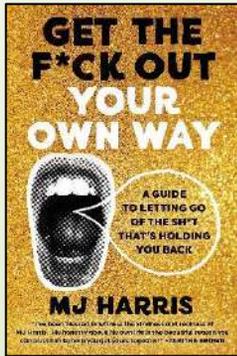


Living the Artist's Way by Julia Cameron

9781800817982 | Profile | TPB | R600

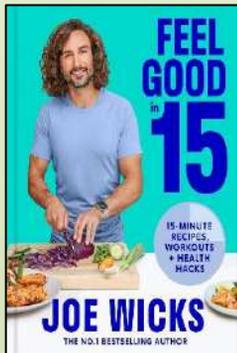
Living The Artist's Way is a Six-Week Artist's Way Program that explores the fourth essential Artist's Way tool of guidance. Through the practice of morning rituals and the faith of listening, Julia takes us further and shows how we can set the stage to receive guidance in both our lives and creative art. Writing about how she uses these tools to handle doubts in her life, *Living the Artist's Way* reveals a personal side and shares Julia's pathway toward a happier, lighter life. Grounding and reassuring, guidance can quell our doubts and fears, and lead us to our inner wisdom and authentic selves. *Living the Artist's Way* is an invitation to seek the answers to navigate all areas of our lives, by tapping into our own wisdom and ultimately, guiding ourselves back to creativity.

Non- Fiction



Get The F*ck Out Your Own Way by MJ Harris
9780306829222 | Hachette | HB | R675

MJ Harris has got a lot of "best friends"-over five million to be exact. His hilarious, straightforward, raw advice has made him the go-to person across social media for everything you need to know about getting your shit together. MJ knows you need help-whether financial, spiritual, or in a relationship-but because you never learned how to properly handle the hurt and anger you've experienced in the past, it has become the emotional trash in the way of living your best life. Don't nobody want that! Whether it's fixing your family issues, relationships, situationships, money, or frenemies, MJ offers sage advice about how to stop blocking yourself from bigger and better. If any of this sounds like you, it's best you start reading this book now.

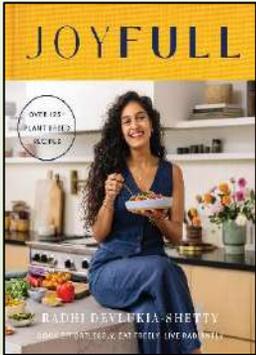


Body Coach: Feel Good in 15 by Joe Wicks
9780008430399 | HarperCollins | HB | R530

We all live busy lives, so let me show you how just 15 minutes a day can make all the difference. I've taken 10 years of experience helping people to get fit, strong, healthy and happy and shared it all here. Simple, nutritious 15-minute recipes
Awesome, mood-boosting 15-minute home workouts
Quick health hacks and 15-minute small daily wins
This is the feel-good way to bring some joy, energy and happiness into your life by doing the simple things well, all you need is 15 minutes.
This book is packed full of useful advice you'll wish you'd read sooner.

Cookery

Review copies are subject to availability



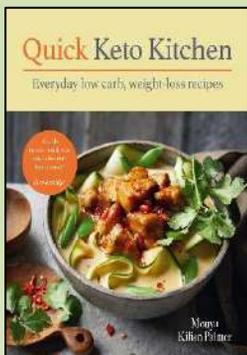
JoyFull by Radhi Devlukia-Shetty
9780008618735 | HarperCollins | HB | R540

A passionate cook and nutritionist, Radhi Devlukia-Shetty's JoyFull is abundant and inviting. With over 125 plant-based recipes, it is designed to balance health and satisfaction; her wide-ranging dishes bring vibrant flavours to every meal of the day and rely on accessible ingredients. And because food alone cannot sustain us completely, Radhi shares her daily wellness practices: her revitalizing morning skincare routine, ancient rituals to nourish and strengthen your hair, meditations and prayers for staying present, and breathwork that will carry you through each phase the day. Radhi shares its transformative principles in a way that's easy for anyone to incorporate into their life. She offers mindful practices around cooking and explains how, as we connect to our food and understand our body and improve our health.



Deliciously Ella Healthy Made Simple by Ella Mills
9781399717908 | Hodder & Stoughton | HB | R605

Ella Mills, founder of Deliciously Ella, is back with over 75 brand new recipes devoted to making healthy eating easier. What can you do today that makes life simpler tomorrow? How can you create a healthy, genuinely delicious meal in minutes? She shares vibrant, colourful, speedy, plant-based recipes for breakfast, lunch and dinner. There's no denying the challenge or the pressure to continuously look after your wellbeing, carve out time to exercise, manage your stress, cook healthy meals, get enough sleep and make time for your friends, all while juggling life's other many demands! Ella wants to make eating well every day a joy, and in Healthy Made Simple she gives you the tools you need to unlock a healthier life.

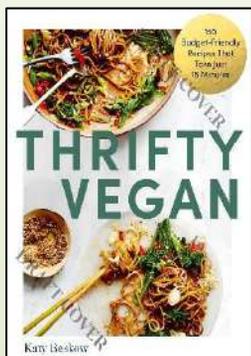


Quick Keto Kitchen by Monya Kilian Palmer
9781914239922 | Octopus | BPB | R470

You might think that cooking keto is complicated, but it doesn't have to be. Here, bestselling Keto cookbook author Monya Kilian Palmer shares a stunning collection of recipes that are low in carbs, full of flavour but also quick and easy to make. As well as fresh, light delights such as Chicken & Halloumi Salad with Spicy Coriander Dressing, there's a whole chapter of glorious keto comfort food, including Pork Belly Laksa and even a low-carb 'Carbonara', while those with a sweet tooth will be thrilled with Monya's Banano Bread Muffins and Instant Choco-Mint Cheesecakes. With clear instructions and fantastic flavour combinations, Monya has devised every single recipe to make it as fuss-free and delicious as possible.

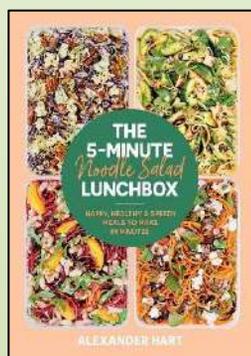
Cookery

Review copies are subject to availability



Thrifty Vegan by Katy Beskow
9781837830374 | Hardie Grant | PB | R435

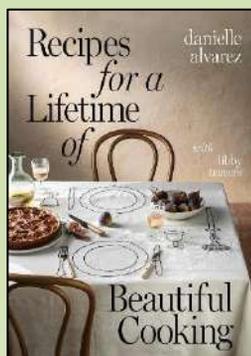
In as little as 15 minutes you can have a delicious meal on the table using readily available, budget-friendly ingredients and fuss-free cooking techniques. *Thrifty Vegan* starts with Katy's introduction to plant-based cooking, with advice on the equipment you need to make your cooking go faster, plus essential store cupboard ingredients and money saving tips. With 150 recipes to satisfy at any time of day, this book is not only the go-to cookbook for new and established vegans, but also for home cooks looking for effortless and wallet-friendly ways to bring plant-based meals into their kitchen. This is feel-good, effortless food by an expert in vegan cooking, nothing could be simpler and faster than the *Thrifty Vegan*.



The 5-Minute Noodle Salad Lunchbox by Alexander Hart
9781923049000 | Thames & Hudson | HB | R515

Sometimes it seems like too much of a chore to get our lunch prepped for the day ahead. We can often run out of inspiration too, meaning we end up with the same dull lunch every day, a drudgery which makes healthy eating much harder than it should be.

The 5-Minute Noodle Salad Lunchbox aims to make prepping your lunch each day a breeze, ensuring your days are deliciously healthy. The 52 recipes cover a range of diverse salads, utilizing the power of noodles, from vermicelli to udon to rice noodles, as well as low-carb zoodle options. There's also advice throughout on how to make bulk lunches for your week, if that's your style, and how you might be able to overhaul last night's leftovers into a great midday meal.

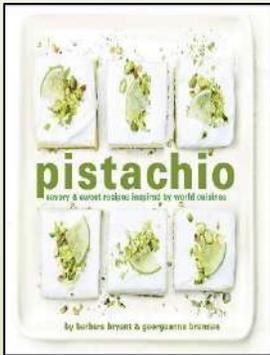


Recipes for a Lifetime of Beautiful Cooking by Danielle Alvarez
9781922616531 | Murdoch | HB | R800

Danielle Alvarez is an acclaimed restaurant chef and her recipes are eclectic because of her interests in flavours are diverse. We are so lucky to live in a world where one night we might be cooking something Indian, then next something Italian and then something Australian. Danielle celebrates this luxury, then applies the essential principles of respecting where food comes from and preparing it with care and attention. Wherever you live, if you have a basic grocery store, you can adopt and enjoy the 100-plus recipes in this book. Every idea is designed to help you find happiness in your kitchen with the best that is available to you, and according to the ebbs and flows of your mood, budget, and tastes. A lifetime of beautiful home cooking starts here.

Cookery

*Review copies are subject to
availability*

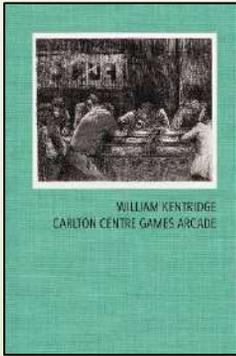


Pistachio by Georgeanne Brennan & Barbara Bryant
9781949480313 | Abrams | HB | R755

Pistachio: Savory & Sweet Recipes Inspired by World Cuisines celebrates the striking flavor of this jewellike, delectable nut. With over 60 recipes, authors Barbara Bryant and Georgeanne Brennan draw inspiration from the culinary traditions of Turkey, Iran, Afghanistan, North Africa, Italy, Greece, Spain, France, and the Middle East, giving the dishes a contemporary spin. Serving up a feast of snacks, breakfasts, sides, mains, and desserts, this stunning collection of recipes highlights the taste and flexibility of the pistachio. In addition to exploring their culinary history and nutritional value, the authors also provide tips on how to toast and store the nut, as well as how to make your own staples, such as pistachio flour, butter, milk, and paste.

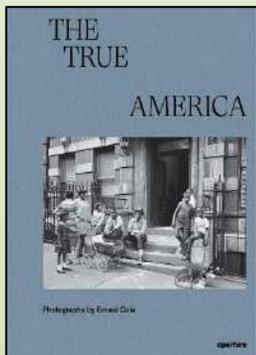
Illustrated

*Review copies are subject to
availability*



William Kentridge: Carlton Centre Games Arcade by Warren Siebrits
9783969992449 | Thames & Hudson | HB | R1030

The completion of William Kentridge's *Domestic Scenes* (2021) and *Catalogue Raisonné Volume 1. Prints and Posters 1974–1990* (2022), both published by Steidl, was an opportunity to pause and take another more intimate look at a series of prints, singular and influential in Kentridge's oeuvre, titled "Carlton Centre Games Arcade" (1977). The Carlton Centre in Johannesburg, owned by the mining company Anglo American, was the most expensive and prestigious hotel and shopping complex on the African continent at the time, and was just a short walk from Kentridge's father's legal practice. It is then no surprise that this complex was where he decided to begin the process of observational drawing which would lead to Kentridge's first prolonged engagement with intaglio printing.



The True America: Ernest Cole's Photographs of America by Ernest Cole
9781597115346 | PGW | HB | R2795

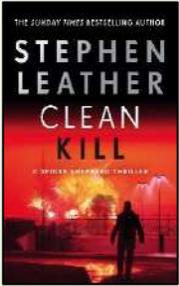
After fleeing South Africa to publish his landmark book *House of Bondage* (1967) on the horrors of apartheid, Cole resettled in New York. He photographed extensively on the streets of New York City and documented Black communities in cities and rural areas of the United States, traveling across the country in the months leading up to and just after the assassination of Martin Luther King Jr. The pictures reflect both a newfound freedom Cole experienced in America and an incisive eye for the inequalities of systemic racism. He released very few images from this body of work while he was alive, and the pictures were thought to be lost entirely until the negatives resurfaced in Sweden in 2017. This treasure trove provides an important window into American society and establishes Cole's place in the history of American photography.



Inspired Letters to My Love by Lea Redmond
9781797227726 | Chronicle | HB | R365

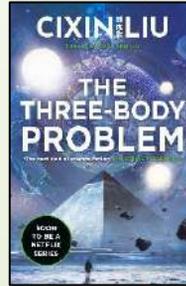
Nothing is more romantic than a handwritten love letter. Now you can declare your affection in style with this romantically illustrated and gorgeously designed package that serves as an enduring expression of love for many years to come. With this keepsake collection of 12 letters, you can fill each with offerings of love and your most cherished memories that capture the smallest and sweetest details of your romance. Then postdate, seal with the included stickers, and save the letters to gift to your loved one at a later date. Included are 12 letters that have the same classic and well-tested prompts from the original *Letters to My Love*.

Paperback Fiction



Clean Kill by Stephen Leather
9781529367454 | R250

The brand new, action-packed thriller from Stephen Leather.



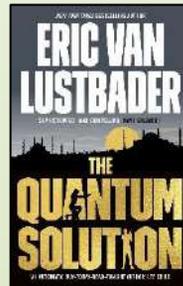
The Three-Body Problem by Cixin Liu
9781035902460 | R295

China's best-selling apocalyptic space opera trilogy.



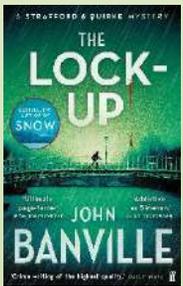
One Day by David Nicholls
9781399728621 | R280

Soon to be a major Netflix series.



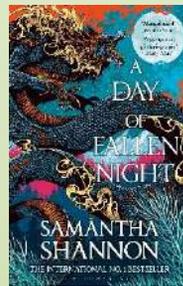
The Quantum Solution by Eric Van Lustbader
9781803282152 | R295

The new Evan Ryder thriller from award-winning author.



The Lock-Up by John Banville
9780571370993 | R285

The Times Crime Book of the Month.



A Day of Fallen Night by Samantha Shannon
9781526619815 | R295

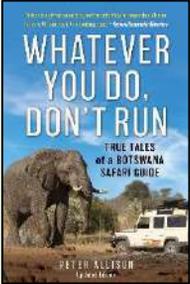
Intricate and epic.



Big Swiss by Jen Beagin
9780571378579 | R285

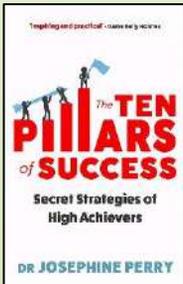
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