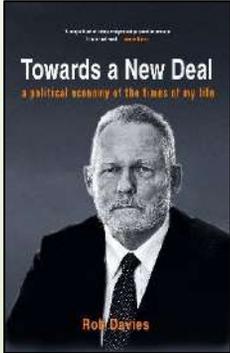


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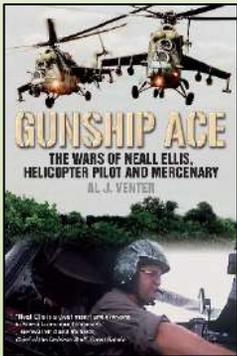
April 2021 Highlights Jonathan Ball Publishers



Towards a New Deal by Rob Davies

9781776190935 | Jonathan Ball Publishers | TPB | R300

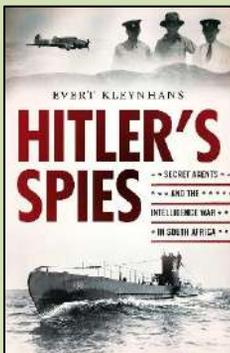
Towards a New Deal offers an insider account on the evolution of trade and economic policy in South Africa over the last 25 years from one of government's most articulate and former senior members. Beginning in the early 1970s leading up to the current Ramaphosa era, Rob Davies gives in-depth insight into the politics, policies, and inner workings of the South African government. He concludes with a chapter on the 'new dawn' focusing primarily on the impacts of COVID-19 and the extremely challenging period that lies ahead. Told with intriguing anecdotes and, in parts, with the author's own very personal and humanising history of activism and time spent in exile, this memoir presents a strong case for economic change.



Gunship Ace by AL J. Venter

9781612009438 | Jonathan Ball Publishers | TPB | R290

A former South African Air Force pilot who received a Honoris Crux during the Border War and later became a private military contractor, Neall Ellis is one of South Africa's best-known combat aviators. He participated in several major Border War operations, including Operation Protea, Super and Meebos. Apart from flying Alouette helicopter gunships in Angola, he has fought in the Balkan War (for Islamic forces) and tried to resuscitate Mobutu Sese Seko's ailing air force during his final days ruling the Congo. In war-torn Sierra Leone Ellis played a major role in the late 1990s and early 2000s in the fight against the rebel forces of Foday Sankoh. Twice he single-handedly turned the enemy back from the gates of Freetown, effectively preventing the rebels from overrunning the capital.



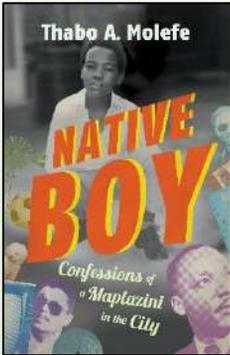
Hitler's Spies by Evert Kleynhans

9781776190201 | Jonathan Ball Publishers | TPB | R275

The story of the intelligence war in South Africa during the Second World War is one of suspense, drama and dogged persistence. In 1939, when the Union of South Africa entered the war on Britain's side, the German government secretly reached out to the political opposition, and to the leadership of the anti-war movement, the Ossewabrandwag. The Nazis' aim was to spread sedition in South Africa and to undermine the Allied war effort. Soon U-boat packs were sent to operate in South African waters, to deadly effect. With the help of the Ossewabrandwag, a network of German spies was established to gather important political and military intelligence and relay it back to the Reich.

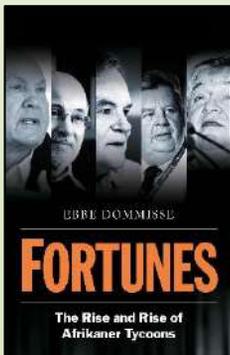
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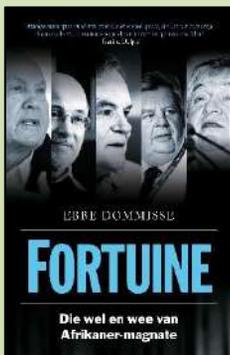
Native Boy: Confessions Of A Maplazini In The City by Thabo A. Molefe
9781776190249 | Jonathan Ball Publishers | BPB | R250

As a child, Thabo Abram Molefe, along with his family, is impelled into the apartheid-era tradition of rural-to-urban transition. Moving from a farm to a multi-ethnic and vibrant township in the heart of Heidelberg, the birthplace of Eugene Terre'Blanche's AWB, proves to be both a challenge and an adventure as he works to evade the nickname that has followed him as a result – 'maplazini', Sotho for dumb country bumpkin. This book explores a young man's complex relationship with identity and race, seen through the lens of township life. Moreover, it is about his journey to escape the socio-economic trap of the apartheid regime to forever limit the black man to a life of hardship.



Fortunes: The Rise And Rise Of Afrikaner Tycoons by Ebbe Dommissé
9781868427543 | Jonathan Ball Publishers | TPB | R310

The past three decades have seen a remarkable rise of Afrikaners in business. In light of the government's comprehensive black economic empowerment programme this has been one of the unexpected features of the South African economy. Today many of these Afrikaner tycoons are competing internationally. With Koos Bekker at its helm, media group Naspers began dominating the JSE and was turned into a global consumer internet group. Johann Rupert strongly extended Richemont's share internationally in the upper-end market of luxury goods, while Christo Wiese and Whitey Basson at Pepkor and Shoprite became Africa's largest clothing and food retailers. Fortunes describes how these and other business leaders, such as Jannie Mouton, Michiel le Roux, Douw Steyn, Roelof Botha, Hendrik du Toit and a number of commercial farmers, built their empires.



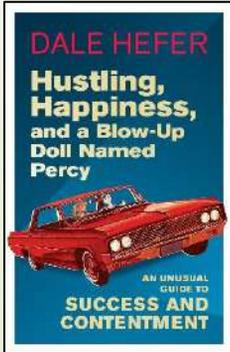
Fortune: Die wel en wee van Afrikaner-magnate by Ebbe Dommissé
9781868427567 | Jonathan Ball Publishers | TPB | R310

'n Ongekende opkoms van Afrikaner-magnate het die Suid-Afrikaanse ekonomie die afgelope drie dekades gekenmerk. Dit is veral merkwaardig in die lig van die regering se omvattende program van swart ekonomiese bemagtiging. Vandag ding talle van hulle internasionaal mee. Onder leiding van Koos Bekker het Naspers die Johannesburgse aandelebeurs begin domineer en is die mediagroep omvorm tot 'n internasionale beleggingshouergroep. Johann Rupert het Richemont in die naasgrootste groep in die mark vir luukse goedere gevestig, terwyl Christo Wiese en Whitey Basson onderskeidelik Pepkor en Shoprite tot Afrika se grootste kleinhandelgroepe in klerasie en voedsel uitgebou het. Fortune verduidelik hoe hierdie en ander sakeleiers, waaronder Jannie Mouton, Michiel le Roux, GT Ferreira, Laurie Dippenaar, Roelof Botha, Hendrik du Toit en 'n aantal megaboere, hul sakeryke tot stand gebring het.

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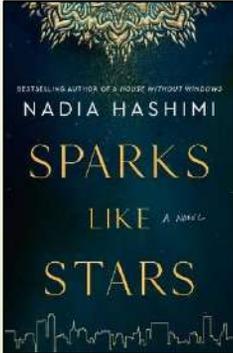
Hustling, Happiness And A Blow-Up Doll Named Percy by Dale Hefer

9781776190249 | Jonathan Ball Publishers | BPB | R250

What do the knees of a deputy president, a blow-up doll and a model with big nipples have in common? They all taught the author valuable life lessons. This book tells moving personal stories from Dale Hefer's life: from an award-winning marketing career culminating in becoming businesswoman of the year to her ongoing battle with alcohol and provides key lessons and essential life and business tips. For example, why everyone needs a 'Percy' (a creative idea or simply the drive to do what one must to get things done). In addition to her own conclusions, Dale draws on the wisdom of her favourite philosophers – the Stoics, business partners, friends and, of course, her mum! Using real-life experiences and humorous stories, Dale shows how to make some sense of this strange world.

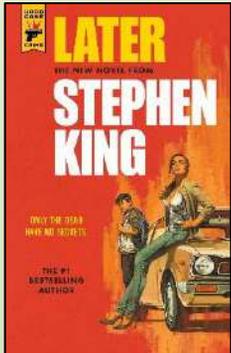
Jonathan Ball Publishers

Fiction



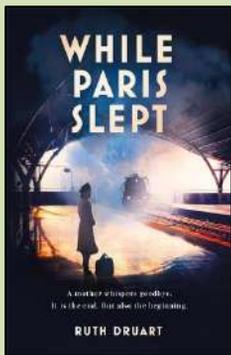
Sparks Like Stars by Nadia Hashimi
9780063057166 | HarperCollins | TPB | R305

Aryana Shepherd is a survivor. Born Sitara Zalmani, she was daughter of a prominent and cosmopolitan family in Kabul, her beloved father the right hand of President Daoud, Afghanistan's progressive leader. But in 1978, when Sitara is only ten years old, the President and dozens of others were assassinated when armed men invaded the lavish Arg Palace. Sitara's family was there. Only Sitara survived. Smuggled out of the palace by Shair, a soldier who may have murdered her family, Sitara finds her way to the home of a female American diplomat, and from there to the US. Adopted and raised as the diplomat's daughter, Sitara changes her name and eventually becomes Dr. Aryana Shepherd, an overachieving surgeon who has never fully reckoned with the trauma of her past.



Later by Stephen King
9781789096491 | Bloomsbury | TPB | R230

The son of a struggling single mother, Jamie Conklin just wants an ordinary childhood. But Jamie is no ordinary child. Born with an unnatural ability his mom urges him to keep secret, Jamie can see what no one else can see and learn what no one else can learn. But the cost of using this ability is higher than Jamie can imagine as he discovers when an NYPD detective draws him into the pursuit of a killer who has threatened to strike from beyond the grave.

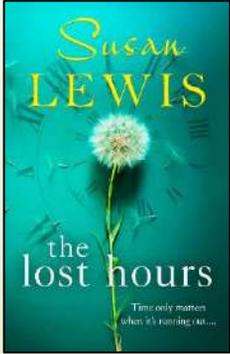


While Paris Slept by Ruth Duart
9781472267986 | Headline | TPB | R355

1953. Jean-Luc is a man on the run from his past. The scar on his face a small price to pay for surviving the horrors of Nazi occupation. Now, he has a new life in California, a family. He never expected the past to come knocking on his door. Paris 1944. A young Jewish woman's past is torn away in a heartbeat. Herded on to a train bound for Auschwitz, in an act of desperation she entrusts her most precious possession to a stranger. All she has left now is hope. On a darkened platform two destinies become entangled. Their choice will change the future in ways neither could have imagined.

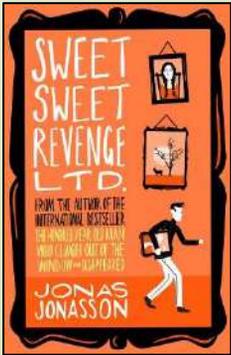
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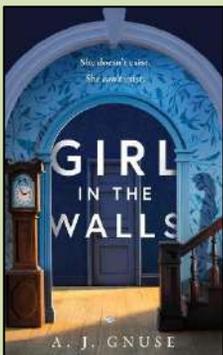
The Lost Hours by Susan Lewis
9780008286941 | HarperCollins | TPB | R330

Golden couple Annie and David Crayce have it all. A loving marriage, three beautiful children and a thriving family business. Life couldn't be better. Until the unthinkable happens. A piece of damning DNA evidence has arisen, placing David as the prime suspect of a murder committed twenty-years ago. Annie is sure her David is innocent. But if he isn't guilty, then either his father or brother must be. As the police investigate the cold case, so does Annie. Trawling through her old diaries, she begins desperately looking for answers. But it all comes down to a few lost hours she can't solve. And Annie begins to doubt the one person she thought she knew best... Her husband.



Sweet Sweet Revenge by Jonas Jonasson
9780008407551 | HarperCollins | TPB | R290

Victor Alderheim has a lot to answer for. Not only has he heartlessly tricked his young ex-wife, Jenny, out of her art gallery inheritance, but he has also abandoned his son, Kevin, to die in the middle of the Kenyan savanna. It doesn't occur to Victor that Kevin might be rescued and adopted by a Maasai medicine man, or that he might be expected to undergo the rituals expected of all new Maasai warriors which have him running back to Stockholm as fast as you can say circumcision without anaesthetic. Back in Stockholm, Kevin's path crosses with Jenny's and they have an awful lot to talk about, not least a shared desire to get even with Victor.

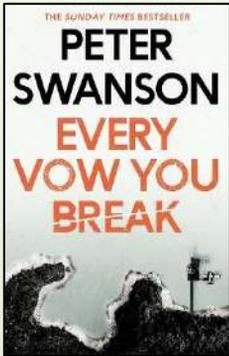


Girl in the Walls by A.J. Gnuse
9780008381035 | HarperCollins | TPB | R330

Elise knows every inch of the house. She knows which boards will creak. She knows where the gaps are in the walls. She knows which parts can take her in, hide her away. It is home, after all. The home her parents made for her. And home is where you stay, no matter what. Eddie calls the same house his home. Eddie is almost a teenager now. He must no longer believe in the girl he sometimes sees from the corner of his eye. He needs her to disappear. But when his older brother senses her, too, they are faced with a question: how do they get rid of someone they aren't sure even exists? And, if they cast her out, what other threats might they invite in?

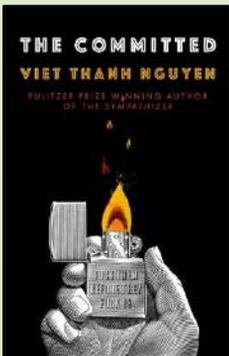
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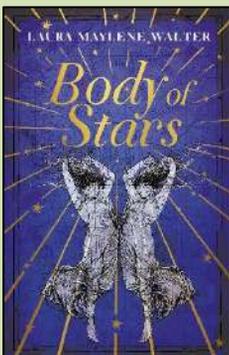
Every Vow You Break by Peter Swanson
9780571358502 | Faber & Faber | TPB | R320

After a whirlwind, fairytale romance, Abigail Baskin marries freshly minted Silicon Valley millionaire Bruce Lamb. For their honeymoon, he whisks her away to an exclusive retreat at a friend's resort off the Maine coast on Heart Pond Island. But once there, Abigail's perfect new life threatens to crash down around her as she recognises one of their fellow guests as the good looking, charismatic stranger who weeks earlier had seduced her at her own Bachelorette party. Abigail's future life and happiness are turned upside down. He insists that their passionate night was the beginning of something much, much more. Something special. Something real and he's tracked her down to prove it. Does she tell Bruce and ruin their idyllic honeymoon and possibly their marriage?



The Committed by Viet Thanh Nguyen
9781472152510 | Little Brown | TPB | R355

The long-awaited new novel from one of America's most highly regarded contemporary writers, *The Committed* follows the *Sympathizer* as he arrives in Paris as a refugee. There he and his blood brother Bon try to escape their pasts and prepare for their futures by turning their hands to capitalism in one of its purest forms: drug dealing. No longer in physical danger, but still inwardly tortured by his re-education at the hands of his former best friend, and struggling to assimilate into a dominant culture, the *Sympathizer* is both charmed and disturbed by Paris. As he falls in with a group of left-wing intellectuals and politicians, but the new life he is making has dangers he has not foreseen.



Body of Stars by Laura Maylene Walter
9781529349207 | Hodder & Stoughton | TPB | R355

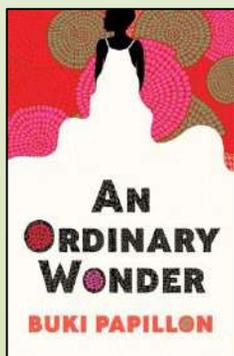
Like every woman, Celeste Morton holds a map of the future in her skin, every mole and freckle a clue to unlocking what will come to pass. With puberty comes the changeling period when her final marks will appear, and her future is decided. The possibilities are tantalising enough for Celeste's excitement to outweigh her fear. Changelings are sought after commodities and abduction is rife as men seek to possess these futures for themselves. Celeste's marks have always been closely entwined with her brother, Miles. Her skin holds a future only he, as a gifted interpreter, can read and he has always considered his sister his practice ground. But when Celeste's marks change, she learns a devastating secret about her brother's future that she must keep to herself.

Fiction



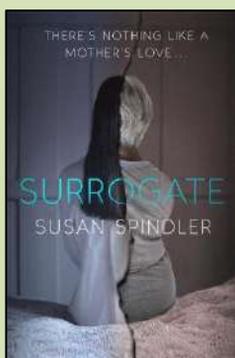
Bright Burning Things by Lisa Harding
9781526624475 | Bloomsbury | TPB | R295

Being Tommy's mother is too much for Sonya. Too much love, too much fear, too much longing for the cool wine she gulps from the bottle each night. Because Sonya is burning the fish fingers, and driving too fast, and swimming too far from the shore, and Tommy's life is in her hands. Once there was the thrill of a London stage, a glowing acting career, fast cars, handsome men. But now there are blackouts and bare cupboards, and her estranged father showing up uninvited. There is Mrs O'Malley spying from across the road. There is the risk of losing Tommy, forever.



An Ordinary Wonder by Buki Papillon
9780349701257 | Little Brown | TPB | R355

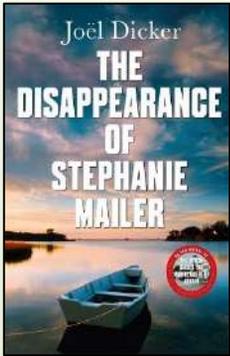
Oto leaves for boarding school with one plan, excel and escape his cruel home. Falling in love with his roommate was certainly not on the agenda, but fear and shame force him to hide his love and true self. Back home, weighed down by the expectations of their wealthy and powerful family, the love of Oto's twin sister wavers and, as their world begins to crumble around them, Oto must make drastic choices that will alter the family's lives for ever. Richly imagined with art, proverbs and folk tales, this moving and modern novel follows Oto through life at home and at boarding school in Nigeria, through the heartbreak of living as a boy despite their profound belief they are a girl...



Surrogate by Susan Spindler
9780349013763 | Little Brown | TPB | R335

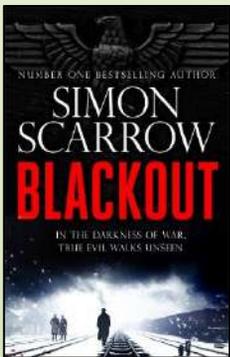
Ruth Furnival has built the life she always dreamed of a stellar career in television, a lovely home, a lawyer husband and two grown-up daughters. But at 54, with an empty nest and the menopause behind her, she feels restless and dissatisfied. After multiple rounds of failed IVF, her elder daughter Lauren is told that the only way she and her husband can have a child of their own is through surrogacy. So, when Ruth discovers that with the right dose of hormones, she could carry their baby, they agree out of desperation. At first Ruth is buoyed by a new sense of purpose, but as her pregnancy progresses, long-buried events from the past resurface. Meanwhile Lauren cannot contain her corrosive envy. Isolated and alone, Ruth starts to unravel...

Fiction



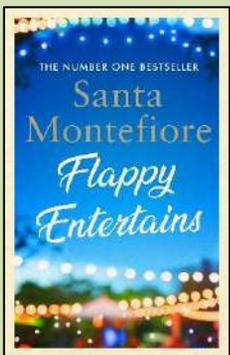
The Disappearance of Stephanie Mailer by Joël Dicker
9780857059253 | Quercus | TPB | R355

In the summer of 1994, the quiet seaside town of Orpheia reels from the discovery of three murders. Confounding their superiors, two young police officers, Jesse Rosenberg and Derek Scott crack the case and identify the killer, earning themselves handsome promotions and the lasting respect of their colleagues. But twenty years later, just as he is on the point of taking early retirement, Rosenberg is approached by Stephanie Mailer, a journalist who believes he made a mistake back in 1994 and that the real murderer is still at liberty, perhaps ready to strike again. Before she can give any more details however, Stephanie Mailer mysteriously disappears without trace, and Rosenberg and Scott are forced to confront the awful possibility that her suspicions might have been accurate.



Blackout by Simon Scarrow
9781472258557 | Headline | TPB | R355

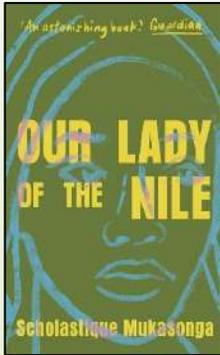
As Germany goes to war, the Nazis tighten their terrifying grip. Paranoia in the capital is intensified by a rigidly enforced blackout that plunges the city into oppressive darkness every night, as the bleak winter sun sets. When a young woman is found brutally murdered, Criminal Inspector Horst Schenke is under immense pressure to solve the case, swiftly. Treated with suspicion by his superiors for his failure to join the Nazi Party, Schenke walks a perilous line for disloyalty is a death sentence. The discovery of a second victim confirms Schenke's worst fears. He must uncover the truth before evil strikes again. As the investigation takes him closer to the sinister heart of the regime, Schenke realises there is danger everywhere.



Flappy Entertains by Santa Montefiore
9781398500341 | Simon & Schuster | TPB | R330

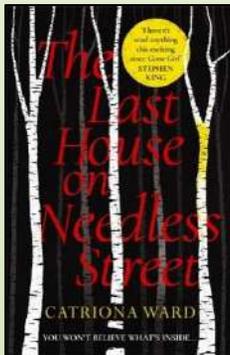
Flappy Scott-Booth is the self-appointed queen bee of Badley Compton, a picturesque Devon village. While her husband Kenneth spends his days on the golf course, she is busy overseeing her beautiful house and gardens, and organising unforgettable events, surrounded by friends who hang on to her every word. Her life is a reflection of herself impossibly perfect. Until the day that Hedda Harvey-Smith and her husband Charles move into the village. Into an even grander home than hers. Taking the front seat on the social scene, quite literally. That simply will not do. Flappy is determined to show Hedda how things are done here in Badley Compton. But then she looks into Charles's beautiful green eyes. And suddenly, her focus is elsewhere. She is only human, after all...

Fiction



Our Lady of the Nile by Scholastique Mukasonga
9781911547884 | Faber Factory Plus | PB | R245

Parents send their daughters to *Our Lady of the Nile* to be moulded into respectable citizens, and to escape the dangers of the outside world. In the elite school run by white nuns, the young ladies learn, eat, sleep and gossip together. Fifteen years prior to the 1994 Rwandan genocide, the girls try on their parents' preconceptions and attitudes, transforming the lycée into a microcosm of the country's mounting racial tensions and violence. In the midst of the interminable rainy season, everything unfolds behind the closed doors of the school: friendship, curiosity, fear, deceit, and persecution.



The Last House on Needless Street by Catriona Ward
9781788166171 | Profile | TPB | R295

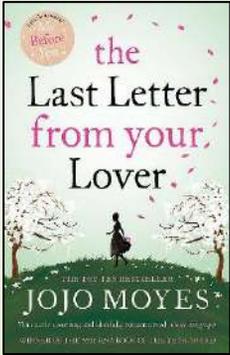
In a boarded-up house on a dead-end street at the edge of the wild Washington woods lives a family of three. A teenage girl who isn't allowed outside, not after last time. A man who drinks alone in front of his TV, trying to ignore the gaps in his memory. And a house cat who loves napping and reading the Bible. An unspeakable secret binds them together, but when a new neighbour moves in next door, what is buried out among the birch trees may come back to haunt them all. This is the story of a murderer. A stolen child. Revenge. This is the story of Ted, who lives with his daughter Lauren and his cat Olivia in an ordinary house at the end of an ordinary street.



Future Perfect by Felicia Yap
9781472242297 | Headline | TPB | R355

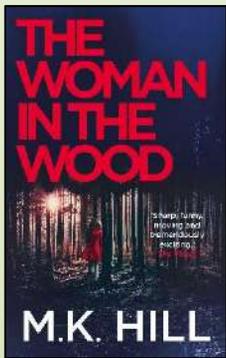
A bomb has exploded during a fashion show, killing a beautiful model on the catwalk. The murderer is still at large... and he may strike again. Yet this is the least of Police Commissioner Christian Verger's worries. His fiancée Viola has left him. He has to keep his tumultuous past a secret. To make things worse, his voice assistant Alexa is 99.74% sure he will die tomorrow. Moving from snowy 1980s Montana to chic 1990s Manhattan to a drone-filled 2030s Britain, a love story, a riveting portrait of a couple torn apart by secrets, grief and guilt. A twisted tale of how the past can haunt a person's future and be used to predict if he will die... or kill.

Fiction



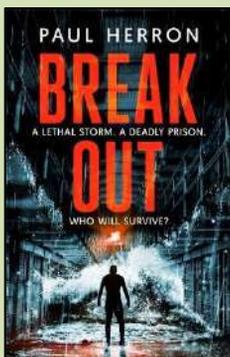
The Last Letter from your Lover by Jojo Moyes
9781529364743 | Hodder & Stoughton | BPB | R215

When journalist Ellie looks through her newspaper's archives for a story, she does not think she'll find anything of interest. Instead, she discovers a letter from 1960, written by a man asking his lover to leave her husband and Ellie is caught up in the intrigue of a past love affair. Despite, or perhaps because of her own romantic entanglements with a married man. In 1960, Jennifer wakes up in hospital after a car accident. She cannot remember anything her husband, her friends, who she used to be. And then, when she returns home, she uncovers a hidden letter, and begins to remember the lover she was willing to risk everything for.



The Woman in the Wood by M.K. Hill
9781788548311 | Head of Zeus | TPB | R325

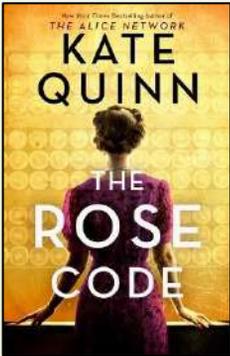
Three years ago, Danny 'Abs' Cruikshank, star of reality show *Laid in Essex!*, was living the dream. But on the night of the party, everything changed. It was supposed to be an intimate weekend gathering, just a few close friends in a remote cottage in Wales. But after a night of heavy drinking in the village pub, a local girl was reported missing and never seen again. Abs and his friends had been the last to see her alive. No-one was ever charged, but the controversy destroyed Abs's career. And now one of his mates has been murdered. DI Sasha Dawson and her team must race against the clock to find the killer before they strike again.



Breakout by Paul Herron
9781472274830 | Headline | TPB | R355

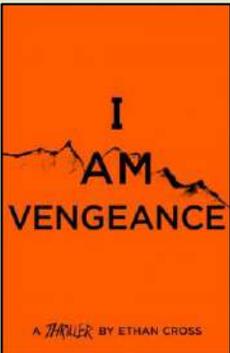
Jack Constantine a former cop who killed one of his wife's murderers in an act of vengeance is serving his time in Ravenhill penitentiary, a notorious 'supermax' home to the most dangerous convicts in the country. When an apocalyptic superstorm wreaks havoc across the USA, the correctional officers flee the prison but not before opening every cell door. The inmates must fend for themselves as lethal floodwaters rise and violent anarchy is unleashed. Teaming up with Kiera Sawyer, a Correctional Officer left behind on her first day of work, Constantine has one chance of survival, he must break out of a maximum-security prison. But with the building on the verge of collapse, and deadly chaos around him, time is running out...

Fiction



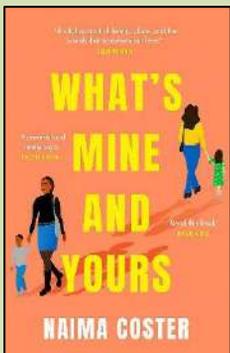
The Rose Code by Kate Quinn
9780008455859 | HarperCollins | TPB | R330

1940. Three very different women answer the call to mysterious country estate Bletchley Park, where the best minds in Britain train to break German military codes. Vivacious debutante Osla is the girl who has everything, but she burns to prove herself and puts her fluent German to use as a translator of decoded enemy secrets. Imperious self-made Mab, product of east-end London poverty, works the legendary codebreaking machines as she conceals old wounds and looks for a socially advantageous husband. Awkward local girl Beth, whose shyness conceals a brilliant facility with puzzles beneath her shy exterior. 1947. As the royal wedding of Princess Elizabeth and Prince Philip whips post-war Britain into a fever, three friends-turned-enemies are reunited by a mysterious encrypted letter.



I Am Vengeance (The Ackerman Thrillers): 6 by Ethan Cross
9781838931049 | Head of Zeus | PBO | R80

Infamous serial killer Francis Ackerman Jr turns his unique and brutal talents to solving a cold case. Working alongside federal agent Marcus Williams, he discovers that the twenty-year-old murder is linked to a string of abductions in the Navajo Nation. The investigation leads Ackerman and Williams deep into the largest American Indian reservation in the US, where a ruthless drug gang has established its own kingdom. But Ackerman's resolve to use his bad side to do good is shattered when one of his team goes missing. Unless the team member is found soon, the gang will discover that the most terrifying predator in the wilderness is a vengeful Ackerman.



What's Mine and Yours by Naima Coster
9781398703339 | Orion | TPB | R355

When a county initiative in the Piedmont of North Carolina forces the students at a mostly black public school on the east side to move across town to a nearly all-white high school on the west, the community rises in outrage. For two students, quiet and aloof Gee and headstrong Noelle, these divisions will extend far beyond their schooling. As their paths collide and overlap over the course of thirty years, their two seemingly disconnected families begin to form deeply knotted, messy ties that shape the trajectory of their lives. On one side of the school integration debate is Jade, Gee's steely, single, black mother, grieving for her murdered partner. On the other, is Noelle's enterprising mother, Lacey May, who refuses to see her half-Latina daughters as anything but white.

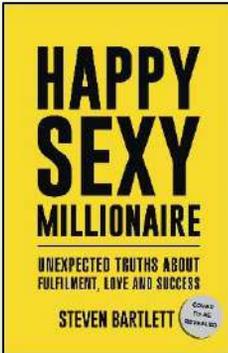
Fiction



Who is Maud Dixon? by Alexandra Andrews
9781472274687 | Headline | TPB | R355

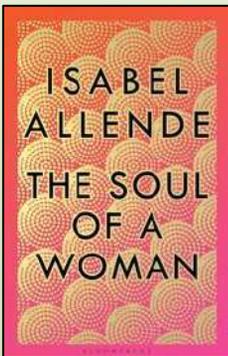
Florence Darrow wants to be a writer. Correction: Florence Darrow IS going to be a writer. Fired from her first job in publishing, she jumps at the chance to be assistant to the celebrated Maud Dixon, the anonymous bestselling novelist. The arrangement comes with conditions, high secrecy, living in an isolated house in the countryside. Before long, the two of them are on a research trip to Morocco, to inspire the much promised second novel. Beach walks, red sunsets and long, whisky-filled evening discussions...win-win, surely? Until Florence wakes up in a hospital, having narrowly survived a car crash. How did it happen and where is Maud Dixon, who was in the car with her?

Non- Fiction



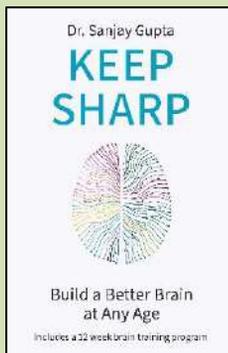
Happy Sexy Millionaire by Steven Bartlett
9781529393255 | Hodder & Stoughton | TPB | R355

As an 18-year-old, black, broke, lonely, insecure, university drop-out, from a bankrupt family, I wrote in my diary that I wanted to be a 'Happy Sexy Millionaire' by the age of 25. By 25 I was a multi-millionaire having created a business worth over \$300m dollars. Ironically, in achieving everything I set out to, I learnt that I was wrong about almost everything. The world had lied to me. It lied to me about how you attain fulfilment, love and success, why those things matter, and what those words actually mean. We are losing ourselves. We're chasing the wrong things, asking the wrong questions, and polluting our minds. It is time to stop, it's time to resist and it's time to rethink the fundamental social blueprint that our lives are built upon.



The Soul of a Woman by Isabel Allende
9781526630810 | Bloomsbury | HB | R330

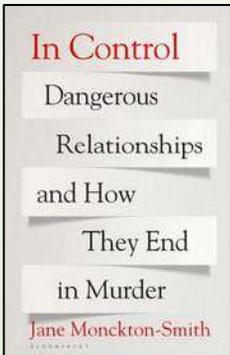
As a child, Isabel Allende watched her mother, abandoned by her husband, provide for her three small children. As a young woman coming of age in the late 1960s, she rode the first wave of feminism. She has seen what has been accomplished by the movement during her lifetime. And over the course of three marriages, she has learned how to grow as a woman while having a partner, when to step away, and the rewards of embracing one's sexuality. So, what do women want? To be safe, to be valued, to live in peace, to have their own resources, to be connected, to have control over their bodies and lives, and above all, to be loved.



Keep Sharp by Dr Sanjay Gupta
9781472274212 | Headline | TPB | R355

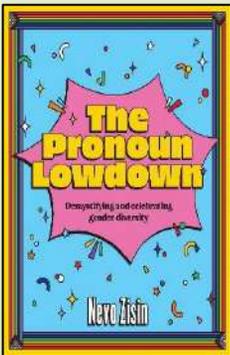
Throughout our lives, we are always looking for ways to keep our mind sharp and effortlessly productive. In this book, globetrotting neurosurgeon Dr Sanjay Gupta offers insights from top scientists all over the world, whose cutting-edge research can help you heighten and protect brain function and maintain cognitive health at any age. Keep Sharp debunks common myths about ageing and cognitive decline, explores whether there's a 'best' diet or exercise regimen for the brain, and explains whether it's healthier to play video games that test memory and processing speed, or to engage in more social interaction. Discover what we can learn from 'super-brained' people who are in their eighties and nineties but showing no signs of slowing down. Dr Gupta also addresses brain disease, particularly Alzheimer's.

Non- Fiction



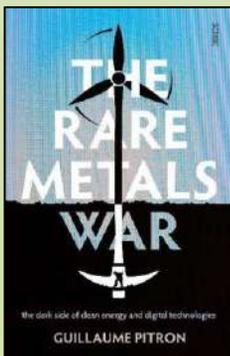
In Control by Jane Monckton-Smith
9781526613202 | Bloomsbury | TPB | R330

There is a domestic violence epidemic happening right now, yet as a society we still turn a blind eye to it. In a culture that has normalised misogyny, we determinedly cling to the belief that domestic violence is a private matter in which both parties bear some responsibility. Even our legal system legitimises the idea that people who hurt or kill their partners have snapped and lost control, committed a 'crime of passion'. But domestic violence has a clear pattern. Jealousy. Controlling behaviour. Stalking. Verbal abuse. A history of violence. Specialising in homicide, stalking and coercive control, internationally renowned forensic criminologist and former police officer Jane Monckton-Smith has spent decades researching domestic violence cases that have ended in homicide.



The Pronoun Lowdown by Nevo Zisin
9781925811803 | Smith Street Books | HB | R295

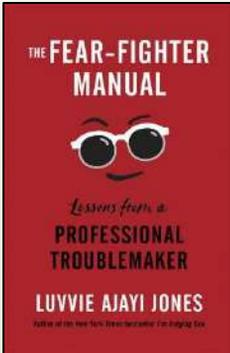
We find ourselves at an exciting moment in history. For the first time, trans and gender diverse people are being seen and heard. Thanks to tireless activism, and an increased visibility worldwide, these lived experiences (the joyful, and the painful) are no longer able to be ignored. And so, *The Pronoun Lowdown* is here to demystify and celebrate trans and gender diverse excellence. Woven together with author Nevo Zisin's own pronoun journey, this colourful hardback shed light on the complicated history of gender around the world, in language and across time. Nevo shares their ideas for how young trans and gender diverse folk might begin to navigate their identities, as well as simple suggestions for friends and family on how to provide the best support possible.



The Rare Metals War by Guillaume Pitron
9781912854264 | Faber Factory Plus | TPB | R420

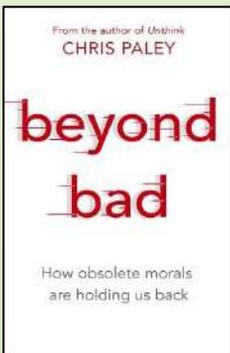
The green-tech revolution will reduce our dependency on nuclear power, coal, and oil, heralding a new era free of pollution, fossil-fuel shortages, and cross border tensions. But there is a hidden dark side to this seemingly utopian vision. In this international bestseller, award-winning journalist and documentary-maker Guillaume Pitron reveals that, by breaking free of fossil fuels, we are in fact setting ourselves up for a new dependence on rare metals such as cobalt, gold, and palladium. These are essential to electric vehicles, wind turbines, and solar panels, as well as our smartphones, computers, tablets, and other technologies. But we know very little about rare metals meanwhile, China has captured the lion's share of the market and is using it to consolidate its position as a leading global power.

Non- Fiction



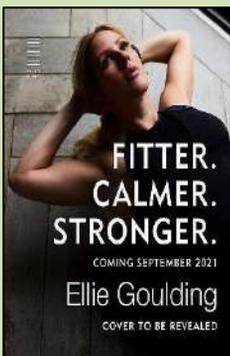
The Fear-Fighter Manual by Luvvie Ajayi Jones
9781529409024 | Quercus | TPB | R310

Luvvie Ajayi Jones is known for her trademark wit, warm voice, and exceptional integrity. But even she's been challenged by the enemy of progress known as fear. She was once afraid to call herself a writer because she was afraid of the title. She nearly skipped out on doing a TED talk that changed her life because of imposter syndrome. We're all afraid. We're afraid of asking for what we want because we're afraid of hearing "no." We're afraid of being different, of being too much or not enough. We're afraid of leaving behind the known for the unknown. But in order to do the things that will truly, meaningfully change our lives, we have to become professional troublemakers.



Beyond Bad by Chris Paley
9781529327090 | Hodder & Stoughton | HB | R355

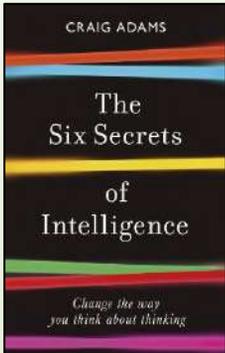
This is the of thinking about ethics: it's a call for abolishing the whole caboodle. He uses evolutionary psychology to show how and why morality emerged: they enabled our forebears to survive and prosper in tribal groups. Today, our morals constrain us, bias us, and push us in the wrong direction. The biggest challenges our species faces, whether global warming, nuclear proliferation or the rise of the robots, are pan-human. These challenges are beyond what our moral minds were designed to cope with. You can't build smartphones with stone-age axes, and you can't solve modern humanity's problems with tools that are designed to create primitive, competitive groups.



Fitter. Calmer. Stronger. by Ellie Goulding
9781841885063 | Orion | TPB | R450

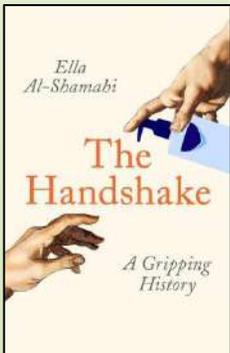
Forget prescriptive 28-day plans and fad diets that are sooner or later abandoned. The truth is they don't work - and they don't make you happy. Pop powerhouse Ellie Goulding's much sought-after fitness and health philosophy is based around becoming the brightest, strongest version of yourself. This means prioritising self-care and flexibility and approaching wellness from a perspective that is sustainable; one that doesn't leave you feeling like you've failed and, most importantly, allows room for fun and creativity. Combining a mindful approach to exercise with delicious, nutritious recipes, this book will help you kickstart healthy habits, develop a positive mindset and establish clear and achievable goals. Going far beyond diet and exercise, Ellie shares a holistic approach to feeling and being your best.

Non- Fiction



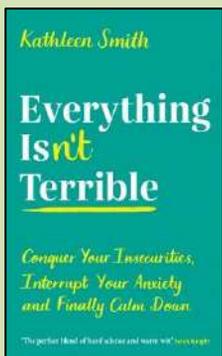
The Six Secrets of Intelligence by Craig Adams
9781785786525 | Icon | TPB | R245

So many books, apps, courses, and schools compete for our attention that the problem isn't a lack of opportunity to sharpen our minds, it's having to choose between so many options. And yet, more than two thousand years ago, the greatest thinker of Ancient Greece, Aristotle, had already discovered the blueprint of the human mind. Despite the fact that the latest cognitive science shows his blueprint to be exactly what sharpens our reasoning, subtlety of thought, and ability to think in different ways and for ourselves, we have meanwhile replaced it with a simplistic and seductive view of intelligence, education and the mind.



The Handshake by Ella Al-Shamahi
9781788167802 | Profile | HB | R275

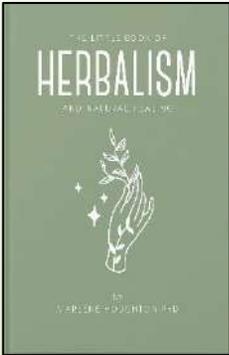
Friends do it, strangers do it and so do chimpanzees and it's not just deeply embedded in our history and culture, it may even be written in our DNA. The humble handshake, it turns out, has a rich and surprising history. So, let's join paleoanthropologist Ella Al-Shamahi as she embarks on a funny and fascinating voyage of discovery from the handshake's origins (at least seven million years ago) all the way to its sudden disappearance in March 2020. Drawing on new research, anthropological insights, and first-hand experience, she'll reveal how this most friendly of gestures has played a role in everything from meetings with uncontacted tribes to political assassinations and what it tells us about the enduring power of human contact. Because the story of the handshake ... is far from over.



Everything Isn't Terrible by Kathleen Smith
9781788164795 | Profile | HB | R275

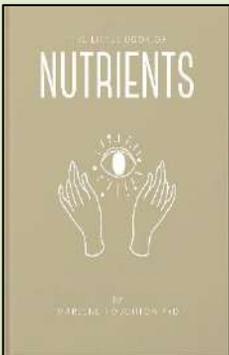
Licensed therapist and respected mental health writer Dr. Kathleen Smith offers a smart, practical antidote to our anxiety-ridden times. This is an informative, and fun guide, featuring a healthy dose of humour for people who want to become beacons of calmness in our anxious world. This book will inspire readers to confront their anxious selves, take charge of their anxiety, and increase their own capacity to choose how they respond to it. Comprised of short chapters containing anecdotal examples from Smith's personal experience and will give anyone suffering from anxiety all the tools they need to finally be calm. Ultimately, living a calmer, less anxious life is possible, and with this book Smith will show you how to do it.

Non- Fiction



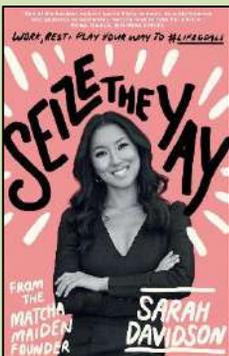
The Little Book of Herbalism and Natural Healing by Marlene Houghton
9781911610892 | Welbeck Publishing | HB | R135

This tiny guide will teach you everything you need to know about herbalism, the therapeutic use of plants as medicine for holistic healing, also known as Phytotherapy. This book demonstrates how herbs can be used to strengthen the body's functions and enable it to heal itself, often without resorting to antibiotics. Whether you want to learn how to use herbs for common everyday ailments or how to grow your own herbs and use them in cooking, this trusty tome is the perfect companion. Herbal Immunity, In Nature's Pharmacy are herbs that act as protectors and immune boosters. Elderberry, a rich, dark purple berry has been used for hundreds of years in Europe. It has proven health-supporting properties.



The Little Book of Nutrients by Marlene Houghton
9781911610939 | Welbeck Publishing | HB | R135

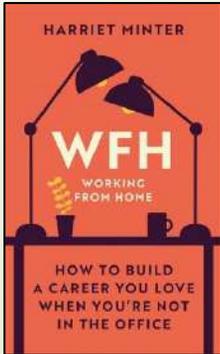
This tiny title breaks down vitamins, minerals, trace elements and other food constituents to highlight their importance, and the way that they work to keep us healthy. It shows us the items that are essential for health and how to ensure that we are eating enough of them. And although much of the book is about plant-based foods, this isn't a book for vegans, it includes meat, poultry, fish, eggs and dairy foods, and even recommends a little red wine for a healthy diet. Minerals, Magnesium, Anti-stress minerals that reduce muscle spasms and eases premenstrual syndrome.



Seize The Yay by Sarah Davidson
9781911632924 | Murdoch Books | PB | R300

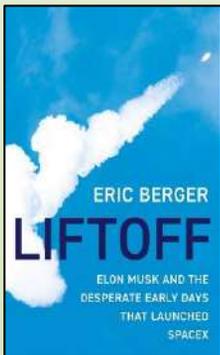
There are so many wellness and business titles on the market, but not many which share the journey to happiness and fulfilment through running your own business or following your dreams. At least, not without collapsing in an overstressed heap. A well-known entrepreneur and Founder of Matcha Maiden green tea, Sarah started her first business after suffering from a case of complete adrenal exhaustion. As a young lawyer looking for a caffeine-free fix to supplement her serious coffee habit, she ordered ten kilos of tea from Japan by accident. Starting up a side hustle to shift the nine kilos she did not need, Matcha Maiden was born. It is now a multi-million-dollar company with success in various markets.

Non- Fiction



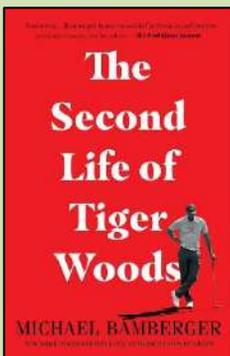
WFH (Working From Home) by Harriet Minter
9781529414417 | Quercus | TPB | R355

Virtually every industry is making lasting changes that will open doors to a more flexible working week. So how do we adjust, thrive and excel in an environment where glitchy daily video conferences are the norm? By turns fierce, funny and highly practical, Harriet Minter will show you the skills to be effective and creative during the day-to-day. Harriet breaks down how to be an inspiring and energising manager (either remotely or to a flexibly working team), how to create and thrive in a high-trust culture (on a small and large scale) and most importantly how to achieve your ambition and propel your career forwards. Packed full of hard-won tricks, tips and tools, Harriet Minter draws on her own experience as a careers coach and adviser to companies.



Liftoff by Eric Berger
9780008445638 | HarperCollins | TPB | R380

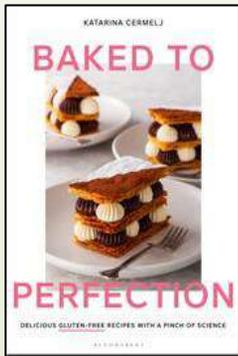
SpaceX has enjoyed a miraculous decade. Less than 20 years after its founding, it boasts the largest constellation of commercial satellites in orbit, has pioneered reusable rockets, and in 2020 became the first private company to launch human beings into orbit. Half a century after the space race SpaceX is pushing forward into the cosmos, laying the foundation for our exploration of other worlds. But before it became one of the most powerful players in the aerospace industry, SpaceX was a fledgling start up, scrambling to develop a single workable rocket before the money ran dry. The engineering challenge was immense; numerous other private companies had failed similar attempts. And even if SpaceX succeeded, they would then have to compete for government contracts with titans.



The Second Life of Tiger Woods by Sarah Davidson
9781982122843 | Simon & Schuster | TPB | R370

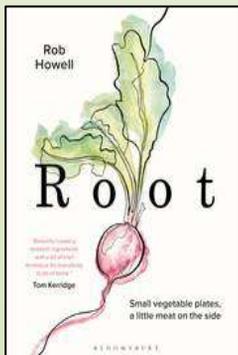
Tiger Woods's long descent into a personal and professional hell reached bottom in the early hours of Memorial Day in 2017. Woods's DUI arrest that night came on the heels of a desperate spinal surgery, just weeks after he told close friends he might never play tournament golf again. His mug shot and alarming arrest video were painful to look at and, for Woods, a deep humiliation. The former paragon of discipline now found himself hopelessly lost and out of control, exposed for all the world to see. That episode could have marked the beginning of Tiger's end. It proved to be the opposite. Instead of sinking beneath the public disgrace of drug abuse and the private despair of a battered and ailing body, Woods embarked on the long road to redeeming himself.

Cookery



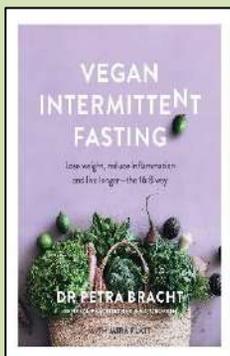
Baked to Perfection by Katarina Cermelj
9781526613486 | Bloomsbury | HB | R655

Baked to Perfection begins with a thorough look at the gluten-free baking basics: how different gluten-free flours behave, which store-bought blends work best, and how to mix your own to suit your needs. Covering cakes, brownies, cookies, pastry and bread in turn, Katarina shares the best techniques for the recipes in that chapter, and each recipe is accompanied by expert tips, useful scientific explanations and occasional step-by-step photography to help you achieve gluten-free perfection. From proper crusty bread, pillowy soft cinnamon rolls and glorious layered cakes to fudgy brownies, incredibly flaky rough puff pastry and delicate patisserie - everything that once seemed impossible to make gluten-free can now be baked by you.



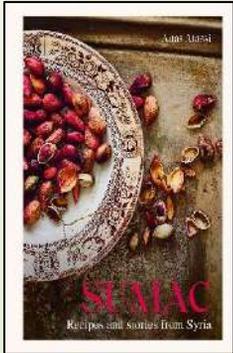
Root: Small vegetable plates, a little meat on the side by Rob Howell
9781472976468 | Bloomsbury | HB | R770

This mouth-watering debut book from Rob Howell, with a focus on sustainability and using the very best of ingredients. Rob showcases over 100 recipes from the award-winning Bristol waterfront restaurant for you to mix and match at home, creating greedy feasts for family and friends or even just for yourself! Although not central to the book, meat and fish recipes abound to satisfy even the hungriest of carnivores, and the desserts are not to be missed. There is something for everyone within these pages. Recipes include, Welsh rarebit toasts, Buttermilk fried celeriac, Cauliflower bhajis with cashew butter and pickled orange... With stunning photography to accompany every dish, this is a cookbook to be devoured at once, and then read and cooked from time and time again.



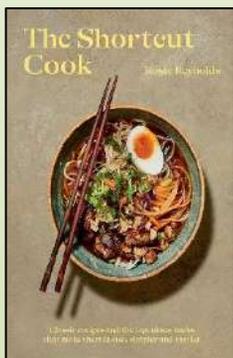
Vegan Intermittent Fasting by Dr Petra Bracht & Mira Flatt
9781911668213 | Murdoch Books | PB | R390

The definitive and first vegan guide to intermittent fasting for improved health with over 80 plant-powered recipes to keep you fuller for longer and build your immune system in the process. Intermittent fasting has emerged as an evidence-based revolution in health and wellness. In the popular 16:8 method, you eat 2 to 3 times over 8 hours, then fast for 16 hours (which, of course, includes time spent asleep). The results can be astounding weight loss, a stronger immune system, increased longevity and so much more. Let Petra Bracht, General Practitioner and Naturopath, and recipe developer Mira Flatt guide you through the transition to a fasting lifestyle, with medically supported advice, a 14-day meal plan with accompanying exercises, and over 80 satisfying vegan recipes including ideas for breakfast, lunch, dinner, and dessert.



Sumac: Recipes and stories from Syria by Anas Atassi
9781911668107 | Murdoch Books | HB | R560

Modern-day Syrian dishes vary immensely, from those that seem Mediterranean, that have Turkish or Armenian flavours, or that are kept simple and subtle. But one shared ingredient through all these cultures and influences is *Sumac*. This deep-red spice is the 'red thread' that connects every dish and is the red thread that will guide you through this book. A tribute to his homeland, this exquisitely photographed cookbook full of recipes that have been passed down through time. Featuring everything from the wonderful Friday breakfasts Anas often ate in his grandmother's garden and his mother's Sfeeha (small savoury pies) to za'atar flatbread, batata harra (spicy potatoes), Sayadiyah (spicy fish pilaf with caramelised onions) and Zahra (spicy roasted cauliflower) which he enjoys making for his friends.

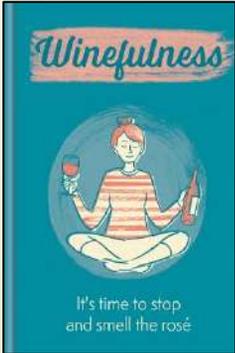


The Shortcut Cook by Rosie Reynolds
9781784883515 | Hardie Grant | HB | R310

It's a myth that to make the very best versions of classic dishes, they have to be prepared from scratch. It's actually a well-known fact in the food industry that chefs have always used shortcuts. But home cooks have not always had the same privilege. From her extensive experience, Rosie has distilled over 60 classic recipes, such as eggs Benedict, spaghetti and meatballs and lemon meringue pie, and applied every time-saving tip, flavour boost and genius twist that she has to produce failsafe recipes. This book is here to make your life in the kitchen bolder, brighter and a whole lot easier. These are world-over favourites that people love to eat and aspire to cook, ready in a flash.

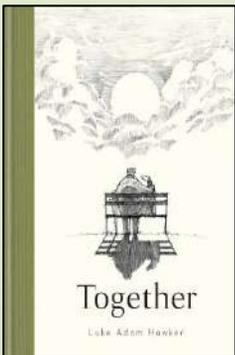
Illustrated

Review copies are subject to availability



Winefulness by Amelia Loveday
9781784727093 | Octopus | HB | R195

Cancel the hot yoga and pick up a cool Pinot Grigio, sometimes all you need is a nice glass of wine. Through the good times and the bad, it is always there to pick you up and it's always got your back. So, enjoy this collection of wine wisdom for the soul, and learn to view the world through rosé-tinted glasses. As the old saying goes, where there's a wine there's a way. Includes inspiration such as: It isn't wise to keep things bottled up. No Champagne, no gain. Life is a Cabernet, after all. Every cloud has a Syrah lining. Do things for the right Rieslings.



Together by Luke Adam Hawker
9780857839442 | Octopus | HB | R405

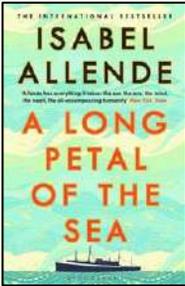
Used to drawing out on location, the lockdown of 2020 suddenly limited artist Luke Hawker's day to day work. Like many of us he spent months at home, and, unable to go out and about found himself inspired to depict the day-to-day effects of the extraordinary challenges unfolding across the world. *Together* takes a gentle and philosophical look at the events of 2020. Using the metaphor of a monumental storm, we follow a man and his dog through the uncertainty and change that it brings to their lives. Through their eyes we see the difficulties of being apart, the rollercoaster of emotions that we have all shared, and the realisation that by pulling together we can move forward with new perspective, hope, and an appreciation of what matters most in life.



Harry: The Unauthorized Biography by Danny White
9781789292756 | Michael O'Mara | HB | R225

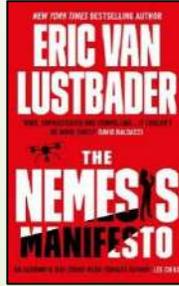
From the start of his career, we follow the roller coaster of emotions as One Direction broke up, and we learn how Harry reinvented himself. Free from the shackles of being in a boyband he was able to be the rock star he had always dreamed of being. Not content with being one of the world's biggest popstars, Harry has also cultivated a career as a film and television star, featuring in box-office hits like Dunkirk as well as presenting Saturday Night Live. He is also making a name for himself as fashion royalty, presenting the fashion event of the year and regularly modelling for iconic brand Gucci. He has even partnered with the meditation app Calm to record a story designed to help listeners drift off.

Paperback Fiction



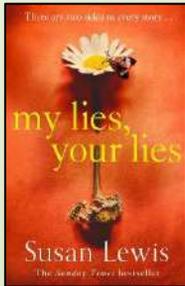
A Long Petal of the Sea by Isabel Allende
9781526615947 | R230

'Allende's finest book yet', now a Sunday Times bestseller.



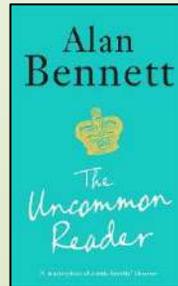
The Nemesis Manifesto by Eric Van Lustbader
9781838937690 | R225

Russian meddling, American fragmentation, and global politics collide in this action-packed, international thriller.



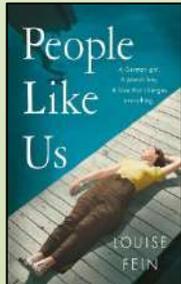
My Lies, Your Lies by Susan Lewis
9780008286873 | R210

The gripping new book from the Sunday Times bestseller.



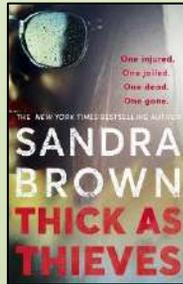
The Uncommon Reader by Alan Bennett
9781788168069 | R220

The bestselling classic reissued for the Queen's 95th birthday.



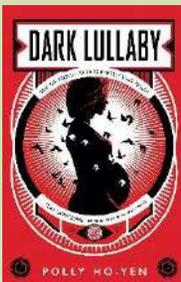
People Like Us by Louise Fein
9781789545029 | R225

Perfect for fans of *The Tattooist of Auschwitz* and *The Book Thief*.



Thick as Thieves by Sandra Brown
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A gripping novel of danger, vengeance, desire and greed.



Dark Lullaby by Polly Ho-Yen
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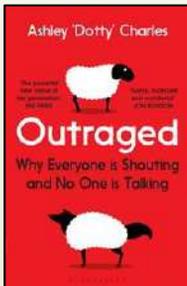
Powerful dystopian science fiction.



The Hidden Girl by Ken Liu
9781472232519 | R215

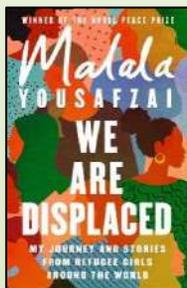
The New York Times bestseller.

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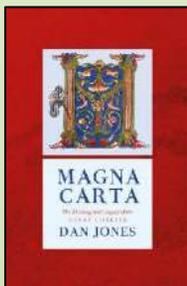
Outraged by Ashley 'Dotty' Charles
9781526605078 | R230

This is the essential guide to living through the age of outrage.



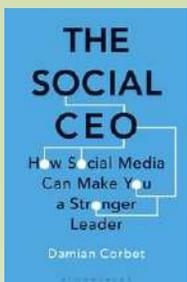
We Are Displaced by Malala Yousafzai
9781474610056 | R240

True stories of the refugee experience interwoven with Malala's own story of her displacement.



Magna Carta by Dan Jones
9781838933340 | R320

An account of the signing, impact and legacy of Magna Carta, a document that became one the most influential statements in the history of democracy.



The Social CEO by Damian Corbet
9781472984043 | R330

Insights from experts on how and why CEOs need to get social for business success and become effective social leaders.



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*NB! Deadline for requests: Monday
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